

**Progress Notes (continued)**

**Jackio, Latesa (L.V.N.) at 1/30/2012 3:02 PM (continued)**

Author Type: LICENSED VOCATIONAL NURSE Status: Signed

Voice mail full I have attempted to contact this patient by phone with the following results: no answer.

**Moore-Leatherwood, Tumani S (M.D.) at 1/27/2012 7:59 PM**

Author Type: Physician Status: Signed

Nurse, please inform bacteria grew in urine. Not sure if infection or just from the skin, but since having pain would recommend treatment. Bactrim x 5 days prescribed. Encourage fluid. Repeat ua 1 wk after complete abiotic.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**Lab - All Orders and Results**

**URINALYSIS, AUTOMATED WO MICRO [319428023]**

Electronically signed by: **Moore-Leatherwood, Tumani S (M.D.) on 01/27/12 1958** Status: **Discontinued**  
Ordering user: Moore-Leatherwood, Tumani S (M.D.) 01/27/12 1958 Authorized by: Moore-Leatherwood, Tumani S (M.D.)  
Ordering mode: Standard  
Frequency: Routine 01/27/12 - Discontinued by: Interface, Scal\_ Lab 07/31/12 0615 [Other (Pt. did not present for lab)]

Specimen Information

Type	Source	Collected By
—	URINE	—

**CULTURE, URINE [319428024]**

Electronically signed by: **Moore-Leatherwood, Tumani S (M.D.) on 01/27/12 1958** Status: **Discontinued**  
Ordering user: Moore-Leatherwood, Tumani S (M.D.) 01/27/12 1958 Authorized by: Moore-Leatherwood, Tumani S (M.D.)  
Ordering mode: Standard  
Frequency: Routine 01/27/12 - Discontinued by: Interface, Scal\_ Lab 07/31/12 0615 [Other (Pt. did not present for lab)]

Specimen Information

Type	Source	Collected By
—	URINE, CLEAN CATCH	—

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 1/27/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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Audit Trail for Eye Care Forms

**Medications the Patient Reported Taking**

---

Sulfamethoxazole-Trimethoprim (BACTRIM/SEPTRA DS) 800-160 mg Oral Tab (Taking/Expired)

**Prescriptions Ordered This Encounter**

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	Disp	Refills	Start	End
<b>Sulfamethoxazole-Trimethoprim (BACTRIM/SEPTRA DS) 800-160 mg Oral Tab</b>	10	0/0	1/27/2012	1/26/2014

Sig: 1 TAB PO BID FOR 5 DAYS  
Class: Fill Later  
Route: Oral  
Patient Label Sig: TAKE 1 TABLET ORALLY 2 TIMES A DAY FOR 5 DAYS

**Social Documentation as of 1/27/2012**

---

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 1/27/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 1/27/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 2/29/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

**Telephone**  
2/29/2012

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
2/29/2012 5:16 PM	Ford, Valorie (L.V.N.)	FAMILY PRACTICE ORANGE	833-574-2273	210808955

**Reason for Call/Visit**

MSG

**Call Documentation**

**Ford, Valorie (L.V.N.) at 2/29/2012 5:24 PM**

Status: Signed

Left message for patient to call the dept back.  
Regarding message from 1/27 from pcp.

**Progress Notes**

**Ford, Valorie (L.V.N.) at 2/29/2012 5:24 PM**

Author Type: LICENSED VOCATIONAL NURSE Status: Signed

Left message for patient to call the dept back.  
Regarding message from 1/27 from pcp.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 2/29/2012**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

Kaiser Permanente

**All Flowsheet Data (all recorded) (continued)**

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 2/29/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 2/29/2012  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/17/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Call Center Telephone Encounter**  
1/17/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
1/17/2013 12:29 PM	Schneider, Lawrence (M.D.), M.D.	INTERNAL MEDICINE	833-574-2273	259522637

**Reason for Call/Visit**

REFERRAL REQUEST

**Call Documentation**

**Sager, Maria Teresa Tuzon (R.N.) at 1/17/2013 2:14 PM**

Status: Signed

Spoke w/ patient & requesting appointment w/ PCP on Monday. Informed PCP is not available for appointment; the patient will keep appointment w/ primary doctor on 1/25 as scheduled.

**Larios, Elizabeth at 1/17/2013 12:26 PM**

Status: Signed

**Referral Request**

Reason for request: Bariatric Clinic . Pt asked to book appt with pcp and send msg. Pk dni til 1/21/13 ok to wait. Pt has appt on 1/25/13.

Patient's age: 53 years.

Caller's relationship to patient? self

Caller's first and last name (if not patient):

Referral requested of which specialty: Bariatric Clinic

Prior visit to specialty: no

Best time available for callback: anytime

Callback number:

Mobile 323-229-8544

Do you authorize a Kaiser employee to leave a message? yes.

If active on KP.ORG, do you authorize a response to this message via secured email? no.

Message sent to office of: LAWRENCE SCHNEIDER MD

**Progress Notes**

**Sager, Maria Teresa Tuzon (R.N.) at 1/17/2013 2:14 PM**

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/17/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Progress Notes (continued)**

**Sager, Maria Teresa Tuzon (R.N.) at 1/17/2013 2:14 PM (continued)**

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Author Type: REGISTERED NURSE Status: Signed

Spoke w/ patient & requesting appointment w/ PCP on Monday. Informed PCP is not available for appointment; the patient will keep appointment w/ primary doctor on 1/25 as scheduled.

**Larios, Elizabeth at 1/17/2013 12:26 PM**

---

Author Type: — Status: Signed

**Referral Request**

Reason for request: Bariatric Clinic . Pt asked to book appt with pcp and send msg. Pk dni til 1/21/13 ok to wait. Pt has appt on 1/25/13.  
Patient's age: 53 years.

Caller's relationship to patient? self  
Caller's first and last name (if not patient):

Referral requested of which specialty: Bariatric Clinic  
Prior visit to specialty: no

Best time available for callback: anytime  
Callback number:  
Mobile 323-229-8544

Do you authorize a Kaiser employee to leave a message? yes.  
If active on KP.ORG, do you authorize a response to this message via secured email? no.

Message sent to office of: LAWRENCE SCHNEIDER MD

**Encounter Messages**

---

No messages in this encounter

**Diagnoses**

---

None.

**All Orders and Results**

---

No orders and results found

**Final Spectacle Rx**

---

Click to see and print Final Spectacle Rx

**Final CL Rx**

---

Click to see and print Final Contact Lens Rx

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/17/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

Audit Trail for Eye Care Forms

**Social Documentation as of 1/17/2013**

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No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/17/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/17/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Office Visit**  
1/28/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
1/28/2013 10:00 AM	Schneider, Lawrence (M.D.), M.D.	INTERNAL MEDICINE	833-574-2273	260870434

**Reason for Call/Visit**

**REFERRAL REQUEST** weight loss

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 1/28/2013 10:12 AM

BP	Pulse	Temp	Ht	Wt
120/76	101	97.7 °F (36.5 °C) (Oral)	5' 5.4" (1.661 m)	239 lb (108.4 kg)

**Nursing Notes**

Status: Signed

>> ARSHINDER SINGH LVN Mon Jan 28, 2013 10:15 AM

Filed Vitals:

```

|-----|
|         | 01/28/13 |
|         | 1011      |
|-----|
| BP:     | 120/76   |
| Pulse:  | 101      |
| Temp:   | 97.7 °F (36.5 °C) |
| TempSrc:| Oral     |
| Height: | 5' 5.4" (1.661 m) |
| Weight: | 239 lb (108.41 kg) |
|-----|

```

The patient exercises 0 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

GYN Cancer Brochure given if PAP performed? No

If performing glucose monitoring at home, was meter brought in today? No  
Pt reminded to bring meter to all doctor visits.

Interpreter questionnaire completed? No

Intimate Partner Violence Screening: no

If BP out of range was an appointment booked (Thrive/PCP/Nurse)? No

I made a personal connection / reassured patient if needed. Yes

**Nursing Notes (continued)**

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: Patient instructed to walk in for mammogram today  
Patient reports Pap Test already scheduled  
Colorectal screening due, iFOBT order staged and kit provided, Patient Instructions for AVS staged  
Flu immunization declined  
Pneumovax immunization declined

**Progress Notes**

**Schneider, Lawrence (M.D.) at 2/10/2013 9:27 AM**

---

Author Type: Physician Status: Signed  
Quick Note:  
  
Vit d letter

**Schneider, Lawrence (M.D.) at 1/28/2013 10:19 AM**

---

Author Type: Physician Status: Signed

History:

Annette L Garner is a 53 year old female  
Patient presents with:  
REFERRAL REQUEST - weight loss

Estimated Body mass index is 39.29 kg/(m^2) as calculated from the following:

Height as of this encounter: 5' 5.4"(1.661 m).  
Weight as of this encounter: 239 lb(108.41 kg).

Past Surgical History:

PAST SURGICAL HISTORY, OTHER 1984  
Comment:gastric bypass; occasional discomfort  
PAST SURGICAL HISTORY, OTHER 191  
Comment:bunions

She has gained 45 lbs in the past 2 years

She wants another bariatric surgery to lose weight

However at BMI 39 and no complains of-morbid conditions she does not qualify

BP 120/76 | Pulse 101 | Temp(Src) 97.7 °F (36.5 °C) (Oral) | Ht 1.661 m (5' 5.4") | Wt 108.41 kg (239 lb) | BMI 39.29 kg/m2

278.00 OBESITY (BMI 30-39.9) (primary encounter diagnosis)

V82.9 SCREENING

Orders Placed This Encounter

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)**

**Schneider, Lawrence (M.D.) at 1/28/2013 10:19 AM (continued)**

---

AST, SERUM  
CALCIUM  
CBC NO DIFF  
IRON AND TIBC  
CREATININE, SERUM  
ELECTROLYTE PANEL (NA, K, CL, CO2)  
GLUCOSE, RANDOM  
HEMOGLOBIN A1C  
CHOLESTEROL, SERUM  
HIGH DENSITY LIPOPROTEIN  
LDL DIRECT  
URIC ACID, SERUM  
TOTAL PROTEIN, SERUM  
TSH  
VITAMIN D, 25-HYDROXY  
REFERRAL HEALTH EDUCATION--adult weight loss counseling  
REFERRAL GI--routine colonoscopy

LAWRENCE SCHNEIDER MD

History Reviewed:

I have reviewed the Medical/Surgical history as displayed in HealthConnect on the date of the encounter or the portion(s) as noted in the progress note.

**Nursing Notes**

Status: Signed

>> ARSHINDER SINGH LVN Mon Jan 28, 2013 10:15 AM

Filed Vitals:

Kaiser Permanente



**Nursing Notes (continued)**

-----	
	01/28/13
	1011
-----	
BP:	120/76
Pulse:	101
Temp:	97.7 °F (36.5 °C)
TempSrc:	Oral
Height:	5' 5.4" (1.661 m)
Weight:	239 lb (108.41 kg)
-----	

The patient exercises 0 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

GYN Cancer Brochure given if PAP performed? No

If performing glucose monitoring at home, was meter brought in today? No  
Pt reminded to bring meter to all doctor visits.

Interpreter questionnaire completed? No

Intimate Partner Violence Screening: no

If BP out of range was an appointment booked (Thrive/PCP/Nurse)? No

I made a personal connection / reassured patient if needed. Yes

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Patient instructed to walk in for mammogram today  
Patient reports Pap Test already scheduled  
Colorectal screening due, iFOBT order staged and kit provided, Patient Instructions for AVS staged  
Flu immunization declined  
Pneumovax immunization declined

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
<b>OBESITY (BMI 30-39.9) - Primary</b>	278.00	
<b>SCREENING</b>	V82.9	

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results**

**AST, SERUM [400464410]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

AST, SERUM [400464410] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
AST	14	<31 units/L	—

**CALCIUM [400464411]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

CALCIUM [400464411] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
CALCIUM	9.1	8.5 - 10.7 mg/dL	—

**CBC NO DIFF [400464412]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

CBC NO DIFF [400464412] (Abnormal) Resulted: 01/28/13 1138, Result status: Final result

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/28/2013  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CBC NO DIFF [400464412] (continued)**

Order status: Completed

Resulting lab: PANORAMA CITY MEDICAL CENTER LABORATORY

## Specimen Information

ID	Type	Source	Collected On
510366465	—	BLOOD	01/28/13 1055

## Components

Component	Value	Reference Range	Flag
WBC'S AUTO	3.9	4.0 - 11.0 THOU/CUMM	L
RBC, AUTO	4.61	4.2 - 5.4 MIL/CUMM	—
HGB	12.6	12.0 - 16.0 G/DL	—
HCT, AUTO	37.9	37 - 47 %	—
MCV	82.3	81 - 99 FL	—
MCH	27.4	27 - 35 PG/CELL	—
MCHC	33.3	32 - 37 G/DL	—
RDW, BLOOD	15.9	11.5 - 14.5 %	H
PLATELETS, AUTOMATED COUNT	222	130 - 400 X1000/CUMM	—
MPV	8.4	7.4 - 10.4 FL	—

**IRON AND TIBC [400464413]**Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

## Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

**IRON AND TIBC [400464413] (Abnormal)**

Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

## Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

## Components

Component	Value	Reference Range	Flag
IRON	32	37 - 145 mcg/dL	L
TOTAL IRON BINDING CAPACITY	292	250 - 450 mcg/dL	—
IRON SAT	11	20 - 50 %	L

**CREATININE, SERUM [400464414]**Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

## Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

**CREATININE, SERUM [400464414]**

Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**CREATININE, SERUM [400464414] (continued)**

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
CREATININE	0.7	<1.2 mg/dL	—
GLOMERULAR FILTRATION RATE	>89-B	mL/min	—

Comment:

Comments: Estimated GFR is derived and reported per 1.73 m2 body surface area. Race used from Foundations System: "NB" non-black, "B" black. GFR estimate has been multiplied by 1.21 if "B" is indicated in the system. \* GFR Ranges \* GFR >89 Normal (or CKD1\*) 60-89 Mildly reduced (CKD2\*) 30-59 Moderately reduced (CKD3 if >3mos) 15-29 Severely reduced (CKD4 if >3mos) GFR <15 Kidney failure (CKD5 if >3mos) \* GFR >60 is not diagnostic of CKD 1 or 2 unless another marker of kidney damage is present (e.g. microalbumin or urine protein >300 mg/day on two occasions, or renal biopsy or imaging abnormality).

**ELECTROLYTE PANEL (NA, K, CL, CO2) [400464415]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

ELECTROLYTE PANEL (NA, K, CL, CO2) [400464415] Resulted: 01/28/13 1833, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
SODIUM	143	135 - 145 mEq/L	—
POTASSIUM	4.0	3.5 - 5.0 mEq/L	—
CHLORIDE	106	101 - 111 mEq/L	—
CO2	30	21 - 31 mEq/L	—

**GLUCOSE, RANDOM [400464416]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

GLUCOSE, RANDOM [400464416] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

**Lab - All Orders and Results (continued)**

**GLUCOSE, RANDOM [400464416] (continued)**

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055
Components			
Component	Value	Reference Range	Flag
GLUCOSE, RANDOM	84	70 - 140 mg/dL	—

**HEMOGLOBIN A1C [400464417]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

HEMOGLOBIN A1C [400464417] Resulted: 01/28/13 2056, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
HGBA1C%	6.1	<7.0 %	—
ESTIMATED AVERAGE GLUCOSE	130	mg/dL	—

Comment:

Actual blood glucose measurements may differ from the estimated average glucose due to differences in test timing, stability of glycemic control, and RBC lifespan.

**CHOLESTEROL, SERUM [400464418]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

CHOLESTEROL, SERUM [400464418] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
CHOLESTEROL	191	mg/dL	—

Comment:

\* REFERENCE RANGE \* <200 mg/dL DESIRABLE 200 - 239 mg/dL BORDERLINE HIGH > OR = 240 mg/dL HIGH -----

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**CHOLESTEROL, SERUM [400464418] (continued)**

**HIGH DENSITY LIPOPROTEIN [400464419]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

HIGH DENSITY LIPOPROTEIN [400464419] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
HDL	52	>/=40 mg/dL	—

Comment:

\* REFERENCE RANGE \* >/= 40 mg/dL DESIRABLE HDL > OR = 60 IS CONSIDERED A NEGATIVE RISK FACTOR FOR CORONARY ARTERY DISEASE. -----

**LDL DIRECT [400464420]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

LDL DIRECT [400464420] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
LDL	118	<100 mg/dL	—

Comment:

DIRECT LDL: For patients having elevated triglyceride levels, i.e. >400 mg/dL, the direct LDL-C result may not represent the patient's LDL-C status upon restoration of triglycerides to lower levels. These patients should not be assumed to have representative LDL-C levels until triglyceride levels are reduced.

**URIC ACID, SERUM [400464421]**

**Lab - All Orders and Results (continued)**

**URIC ACID, SERUM [400464421] (continued)**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

URIC ACID, SERUM [400464421] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
URIC ACID	4.8	2.7 - 6.6 mg/dL	—

**TOTAL PROTEIN, SERUM [400464422]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

TOTAL PROTEIN, SERUM [400464422] Resulted: 01/28/13 2213, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Specimen Information

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

Components

Component	Value	Reference Range	Flag
TOTAL PROTEIN	6.6	6.1 - 8.0 gm/dL	—

**TSH [400464423]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

Specimen Information

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/28/2013  
 PANORAMA CITY CA 91402-3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**TSH [400464423] (continued)**

TSH [400464423] Resulted: 01/28/13 2026, Result status: Final result  
 Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

**Specimen Information**

ID	Type	Source	Collected On
510366466	—	BLOOD	01/28/13 1055

**Components**

Component	Value	Reference Range	Flag
TSH	1.88	0.35 - 4.00 uIU/mL	—

**Comment:**

----- TO ALL PROVIDERS A REFLEX THYROID TESTING PROGRAM IS NOW IN PLACE. ALL SINGLE TSH SPECIMENS FOUND TO BE ABNORMAL WILL AUTOMATICALLY HAVE FT4 DETERMINED ON THE SAME SERUM SAMPLE. THIS WILL SIMPLIFY SCREENING FOR THYROID DYSFUNCTION BY ORDERING A SINGLE TSH MEASUREMENT. (APPROVED: REGIONAL ENDOCRINOLOGY SUBCOMMITTEE, 1995.)

**VITAMIN D, 25-HYDROXY [400464424]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 01/28/13 1032** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 01/28/13 1032

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 01/28/13 -

Diagnoses

OBESITY (BMI 30-39.9).

SCREENING

**Specimen Information**

Type	Source	Collected By
—	BLOOD	DCG 01/28/13 1055

VITAMIN D, 25-HYDROXY [400464424] (Abnormal) Resulted: 01/31/13 0241, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

**Specimen Information**

ID	Type	Source	Collected On
510366468	—	BLOOD	01/28/13 1055

**Components**

Component	Value	Reference Range	Flag
25-HYDROXYVITAMIN D	16	30 - 100 ng/mL	⚡
VITAMIN D, 25-HYDROXY, D3	16	NOT ESTABLISHED	—
VITAMIN D, 25-HYDROXY, D2	<4	NOT ESTABLISHED	—

**Comment:**

THERE IS GENERAL CONSENSUS (ENDOCRINE SOCIETY,NATL OSTEOPOROSIS FDN, K\_DOQI) THAT 25-OH VITAMIN D LEVELS >30 ng/mL ARE DESIRABLE. HOWEVER, MOST AMERICANS ARE DEFICIENT BY THIS STANDARD (NHANES III). LEVELS <10 ng/mL ARE CONSISTENT WITH A DIAGNOSIS OF RICKETS/OSTEOMALACIA. INFANTS NORMALLY PRODUCE VITAMIN D METABOLITES THAT MAY FALSELY ELEVATE 25-OH VITAMIN D MEASUREMENTS. PLEASE ORDER VITAMIN D,25-HYDROXY, NEONATAL 82306D FOR THESE PATIENTS. This test was developed and its performance characteristics determined by the SCPMG Regional Reference Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. This test is used for clinical purposes. It should not be regarded as investigational or for research. The SCPMG Regional Reference Laboratories are certified under CLIA '88 as qualified to perform high complexity clinical laboratory testing.

**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
<b>240 - 956</b>	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325
<b>627 - Unknown</b>	PANORAMA CITY MEDICAL CENTER	Andrea Chang M.D.	13652 Cantara Street Panorama City CA 91402	04/04/08 1545 - Present



**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/28/2013  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****Testing Performed By (continued)**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
	LABORATORY			

**Final Spectacle Rx**

[Click to see and print Final Spectacle Rx](#)

**Final CL Rx**

[Click to see and print Final Contact Lens Rx](#)

Audit Trail for Eye Care Forms

**Social Documentation as of 1/28/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)****Encounter Vitals**

Row Name 01/28/13 1011

## Enc Vitals

BP 120/76 -AS  
 Pulse 101 -AS  
 Temp 97.7 °F (36.5 °C) -AS  
 Temp src Oral -AS  
 Wt (gms) 239 lb (108.4 kg) -AS  
 Height 5' 5.4" (1.661 m) -AS

**Exercise Vitals**

Row Name 01/28/13 1011

## Exercise Level of Effort

Days per week of moderate to strenuous exercise (like a brisk walk) 0 -AS  
 On average, minutes per day of exercise at this level 0 -AS

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

Initials	Name	Effective Dates	Provider Type	Discipline
AS	Singh, Arshinder (L.V.N.)	01/10/13 - 02/13/13	LICENSED VOCATIONAL NURSE	—

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

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There are no encounter-level documents.

**Order-Level Documents:**

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There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
1/28/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
1/28/2013 6:32 PM	Schneider, Lawrence (M.D.), M.D.	RADIOLOGY/BASEMENT X-RAY 2		261323189

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Bencomo, Christina at 1/28/2013 6:31 PM**

Status: Signed

**LM ON VM TO BOOK MAMMOGRAM APPOINTMENT. SENT LETTER.**

**Progress Notes**

**Bencomo, Christina at 1/28/2013 6:31 PM**

Author Type: — Status: Signed

**LM ON VM TO BOOK MAMMOGRAM APPOINTMENT. SENT LETTER.**

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 1/28/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 1/28/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 4/23/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Telephone**  
4/23/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
4/23/2013 4:42 PM	Schneider, Lawrence (M.D.), M.D.	RADIOLOGY XRAY N3 BSEMNT	833-574-2273	274577978

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Kim, Christine S at 4/23/2013 4:41 PM**

Status: Signed

Left message on voicemail for patient to call back to schedule Mammograms and sent outreach letter.

**Progress Notes**

**Kim, Christine S at 4/23/2013 4:41 PM**

Author Type: — Status: Signed

Left message on voicemail for patient to call back to schedule Mammograms and sent outreach letter.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 4/23/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**Encounter-Level Documents - 04/23/2013:**

**AFTER VISIT SUMMARY**

**Annette L. Garner** MRN: 000007246313



**Today's Visit**

You saw LAWRENCE SCHNEIDER MD on Tuesday April 23, 2013.

**What's Next**

You currently have no upcoming appointments scheduled.

**Medications**

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed  
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

**Allergies as of 4/23/2013**

Reviewed by Schneider, Lawrence (M.D.) on 1/28/2013

No Known Allergies

**General Information**

**SKIP THE TRIP. Have our pharmacy come to you!**

**New and refill prescriptions mailed to your home.**

**When using the mail order option for obtaining prescriptions:**

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

**4 ways to receive prescriptions by mail:**

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.



**Encounter-Level Documents - 04/23/2013: (continued)**

- **Go to [kp.org/Rxrefill](http://kp.org/Rxrefill).** After signing into [kp.org](http://kp.org), you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.  
Not registered yet? Go to [KP.ORG/REGISTERNOW](http://KP.ORG/REGISTERNOW) to get started.**

**For questions, call member services at**

[800-464-4000](tel:8004644000) or TTY [711](tel:711)  
[800-788-0616](tel:8007880616) (Spanish)  
[800-757-7585](tel:8007577585) (Chinese dialects)

**Hours**

Open 7 days a week  
24 hours a day  
Closed holidays

**Medicare members**

[800-443-0815](tel:8004430815) or TTY [711](tel:711)

**Hours**

Open 7 days a week  
from 8 a.m. to 8 p.m.

**Protect yourself from the flu. Get vaccinated.**

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit [kp.org/flu](http://kp.org/flu) or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

# KAISER PERMANENTE

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 4/23/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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## Encounter-Level Documents - 04/23/2013: (continued)

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Register at [www.kp.org](http://www.kp.org) to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at [www.kp.org/refill](http://www.kp.org/refill)

Annette L. Garner (MRN: 000007246313) • Printed at 7/25/19 10:57 AM

Page 3 of 3 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

### Order-Level Documents:

---

There are no order-level documents.

```
{*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }
```

### Encounter-Level E-Signatures:

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No documentation.

Kaiser Permanente

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 4/23/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Encounter-Level E-Signatures: (continued)**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 4/23/2013  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 5/21/2013  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

**Office Visit**  
5/21/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
5/21/2013 10:10 AM	Ashoorzadeh, Kambiz (D.O.), D.O.	FAMILY PRACTICE ORANGE	833-574-2273	278646508

**Reason for Call/Visit**

MISSED APPOINTMENT

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

**Ashoorzadeh, Kambiz (D.O.) at 5/21/2013 11:17 AM**

Author Type: PHYSICIAN (D.O.) Status: Signed

History:

No show

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
NO SHOW - Primary	V68.9	

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 5/21/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 5/21/2013  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

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There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 5/21/2013  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U  
5855 COPLEY DR  
STE 250  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

Garner, Annette L  
MRN: 000007246313, DOB: 11/15/1959, Sex: F  
Visit date: 5/21/2013

**KP On Call Telephone**  
5/21/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
5/21/2013 6:33 AM	Kp On Call, Nurse (R.N.), R.N.	KP ON CALL SD DEFAULT	888-576-6225	278642032

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

No notes of this type exist for this encounter.

**Transcription**

Type	ID	Date and Time	Dictating Provider
KP On Call	2013052106251912233430	5/21/2013 6:25 AM	Kp On Call, Nurse (R.N.)

Encounter#: 12233430                      Time: 5/21/2013 6:25:19 AM Pacific Time Zone  
 Patient: ANNETTE GARNER              SSN:  
 MRN: 7246313  
 DOB: 15 Nov 1959                      Age: 53.6 years  
 Phone: 3232298544  
 Caller: ANNETTE GARNER  
 PCP: NO MATCH                      FAX:  
 Type: Triage

Complaint: UPPER BACK PAIN  
 Pregnant:                      LMP:  
 Allergies: NKA  
 Meds: NONE  
 Med Hx: NONE  
 Surg Hx: GASTRIC BYPASS

HOPI:  
 ##### skaggsh: 21 May 2013 06:32:51

C/O UPPER BACK PAIN AFTER AN ALTERCATION AWHILE AGO.

REVIEW OF SYSTEMS:

DENIES: new onset confusion; severe shortness of breath; new onset of inability to stand and walk; chest pain; severe weakness; new onset weakness of an extremity; pleuritic pain and PE risk factors; new onset unilateral leg swelling or pain and plane/car/bus/train ride greater than 4 hrs within last 4 weeks; fever OR severe uncontrollable shaking chills

ADMITS: moderate pain/spasm (4-6/10) AND home treatment not working

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U  
5855 COPLEY DR  
STE 250  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

Garner, Annette L  
MRN: 000007246313, DOB: 11/15/1959, Sex: F  
Visit date: 5/21/2013

---

INSTRUCTIONS: Member can be reached at (323-229-8544) between 06:30 and 07:30 tomorrow morning.

URGENT UPPER BACK PAIN - NON TRAUMATIC INSTRUCTIONS GIVEN

-----

PROTOCOL USED: UPPER BACK PAIN (NON-TRAUMATIC)  
ACUITY: URGENT: (UC/office 2-10 hrs)  
RECOMMENDED DISPOSITION: Transfer (8895) - Refer (800-954-8000) caller to the Appt Center  
ACTUAL DISPOSITION: Fax for next day appointment to WEST LA APPT CENTER  
REASON CHANGED: TMS DISCRETION

TMS: HEIDI SKAGGS, TMS  
Please email comments to kponcall@kp.org OR call 858-974-1046 (tie line 8-285-1046)  
Reference Encounter# 12233430

---

**Encounter Messages**

No messages in this encounter

---

**Diagnoses**

None.

---

**All Orders and Results**

No orders and results found

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**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

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**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

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**Social Documentation as of 5/21/2013**

No social documentation on file.

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**Patient Instructions**

No instructions given.

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U Garner, Annette L  
5855 COPLEY DR MRN: 000007246313, DOB: 11/15/1959, Sex: F  
STE 250 Visit date: 5/21/2013  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{^EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U Garner, Annette L  
5855 COPLEY DR MRN: 000007246313, DOB: 11/15/1959, Sex: F  
STE 250 Visit date: 5/21/2013  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U  
5855 COPLEY DR  
STE 250  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

Garner, Annette L  
MRN: 000007246313, DOB: 11/15/1959, Sex: F  
Visit date: 5/26/2013

**KP On Call Telephone**  
5/26/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
5/26/2013 9:37 PM	Kp On Call, Nurse (R.N.), R.N.	KP ON CALL SD DEFAULT	888-576-6225	279547295

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

No notes of this type exist for this encounter.

**Transcription**

Type	ID	Date and Time	Dictating Provider
KP On Call	2013052619193512250127	5/26/2013 7:19 PM	Kp On Call, Nurse (R.N.)

Encounter#: 12250127                      Time: 5/26/2013 7:19:35 PM Pacific Time Zone  
 Patient: ANNETTE GARNER              SSN:  
 MRN: 7246313  
 DOB: 15 Nov 1959                      Age: 53.5 years  
 Phone: 3232298544  
 Caller: ANNETTE GARNER  
 PCP: NO MATCH                      FAX:  
 Type: Triage

Complaint: LOWER BACK PN, NOT ABLE TO SLEEP, LIGHTHEADED  
 Pregnant:                      LMP:  
 Allergies: NKDA  
 Meds: Ibuprofen  
 Med Hx:  
 Surg Hx:

HOPI:  
 ##### dumauaa: 26 May 2013 21:36:54

LOWER LEFT AND CENTER OF BACK- WORSE ON LEFT 7-5/10. WEEK AGO FIST PUNCHED PT BACK.

UNABLE TO WALK STRAIGHT DUE TO PAIN, UNABLE TO REACH BATHROOM DUE TO PAIN AND UNABLE TO CONTROL BLADDER ONSET 3 DAYS AGO. TRIED IBUPROFEN.

REVIEW OF SYSTEMS:  
 DENIES: new onset confusion; severe shortness of breath; new onset of inability to stand and walk; new onset loss of bowel or bladder control; severe weakness; back surgery within past 4 weeks; Arixtra, Coumadin, Heparin, Lovenox, or Pradaxa use; age greater

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U Garner, Annette L  
5855 COPLEY DR MRN: 000007246313, DOB: 11/15/1959, Sex: F  
STE 250 Visit date: 5/26/2013  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

than 50 and sudden onset of back pain greater than 7/10 WITHOUT trauma; new back pain and history of cancer OR immunocompromised

ADMITS: incapacitating back pain

INSTRUCTIONS: EMERGENT LOWER BACK PAIN NON TRAUMATIC ADULT INSTRUCTIONS GIVEN.

AMA STATEMENT GIVEN

CALLED BACK PT REVIEWED IBUPROFEN MED AND READ PACKAGE DIRECTION/ LABEL USE.

-----

PROTOCOL USED: LOWER BACK PAIN (NON-TRAUMATIC)  
ACUITY: EMERGENT: (ICS/ED 30 min - 2 hrs)  
RECOMMENDED DISPOSITION: West LA Medical Center Emergency Dept (1st Choice)  
ACTUAL DISPOSITION: ADULT AFTER HOURS Urgent Care  
REASON CHANGED: AMA

TMS: AILEEN DUMAUA, RN  
Please email comments to kponcall@kp.org OR call 858-974-1046 (tie line 8-285-1046)  
Reference Encounter# 12250127

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 5/26/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U Garner, Annette L  
5855 COPLEY DR MRN: 000007246313, DOB: 11/15/1959, Sex: F  
STE 250 Visit date: 5/26/2013  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{^EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

COPLEY KP-ONCALL SD U Garner, Annette L  
5855 COPLEY DR MRN: 000007246313, DOB: 11/15/1959, Sex: F  
STE 250 Visit date: 5/26/2013  
SAN DIEGO CA 92111-7906  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

WEST LA MEDICAL CENTER Garner, Annette L  
 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 6041 CADILLAC AVE Visit date: 5/27/2013  
 LOS ANGELES CA 90034-  
 1702  
 SCAL HIM ROI AMB LMR

**Office Visit**  
 5/27/2013

**Annette L Garner**  
 MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
5/27/2013 10:30 AM	Scott, Ronald Daniel (M.D.), M.D.	URGENT CARE CLINIC	833-574-2273	279571236

**Reason for Call/Visit**

**NECK PAIN**

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 5/27/2013 10:05 AM

BP	Pulse	Temp
121/71	80	98 °F (36.7 °C) (Oral)

**Nursing Notes**

Status: Signed

>> CAPRESHA L CLAYTER MA Mon May 27, 2013 10:07 AM  
 EXAM ROOM 2

>> CAPRESHA L CLAYTER MA Mon May 27, 2013 10:06 AM  
 Patient states is not taking any prescribe medication.  
 Annette L Garner exercises 0 minutes 0 days per week at a moderate or strenuous level.  
 Proactive Office Encounter Actions: Patient reports mammogram already scheduled, patient declined

**Progress Notes****Scott, Ronald Daniel (M.D.) at 5/27/2013 10:10 AM**

Author Type: Physician Status: Signed

**History:**

Patient presents with:

--- NECK PAIN. Pain in back and neck. Hard to drive school bus. Hard to sleep at night. Is under stress. The last 2-3 weeks has been in back and shoulder.

Taking motrin over the counter, helps somewhat. Taking about 6-8 tabs / day. Little tingle in left forearm.

--- Low back pain as well. Reports trouble walking with it. Started about 1 week ago. Does not recall significant pain in the past.

Smoking Status: Never Smoker Smokeless Status: Not on file

The patient exercises 0 minutes per week at a moderate to strenuous level.

**OBJECTIVE:**

BP 121/71 | Pulse 80 | Temp(Src) 98 °F (36.7 °C) (Oral) Estimated Body mass index is 39.29

**KAISER PERMANENTE**

WEST LA MEDICAL CENTER Garner, Annette L  
U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
6041 CADILLAC AVE Visit date: 5/27/2013  
LOS ANGELES CA 90034-  
1702  
SCAL HIM ROI AMB LMR

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**Progress Notes (continued)**

**Scott, Ronald Daniel (M.D.) at 5/27/2013 10:10 AM (continued)**

---

kg/(m<sup>2</sup>) as calculated from the following:

Height as of 1/28/13: 5' 5.4"(1.661 m).

Weight as of 1/28/13: 239 lb(108.41 kg).

Wt Readings from Last 3 Encounters:

01/28/13 : 108.41 kg (239 lb)

01/23/12 : 103.919 kg (229 lb 1.6 oz)

08/12/10 : 87.771 kg (193 lb 8 oz)

Neck: mild tenderness.

Lower spine with some mild tenderness. Left SI joint more tenderness. Sciatic notch nontender.

Neuro intact.

**ASSESSMENT/PLAN:**

723.1 CERVICALGIA

724.2 LOW BACK PAIN

Naproxen (NAPROSYN) 500 mg Oral Tab

predniSONE (DELTASONE) 20 mg Oral Tab

Methocarbamol (ROBAXIN) 750 mg Oral Tab

Follow up if symptoms worsen or fail to improve.

History Reviewed:

I have reviewed the Medical/Surgical and Social history as displayed in HealthConnect on the date of the encounter or the portion(s) as noted in the progress note.

**Nursing Notes**

Status: Signed

>> CAPRESHA L CLAYTER MA Mon May 27, 2013 10:07 AM  
EXAM ROOM 2

>> CAPRESHA L CLAYTER MA Mon May 27, 2013 10:06 AM  
Patient states is not taking any prescribe medication.  
Annette L Garner exercises 0 minutes 0 days per week at a moderate or  
Kaiser Permanente

**Nursing Notes (continued)**

strenuous level.  
Proactive Office Encounter Actions: Patient reports mammogram already scheduled, patient declined

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
<b>CERVICALGIA</b>	723.1	
<b>LOW BACK PAIN</b>	724.2	

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Medications the Patient Reported Taking**

- Naproxen (NAPROSYN) 500 mg Oral Tab (Taking/Discontinued)**
- predniSONE (DELTASONE) 20 mg Oral Tab (Taking/Discontinued)**
- Methocarbamol (ROBAXIN) 750 mg Oral Tab (Taking/Discontinued)**

**Prescriptions Ordered This Encounter**

	Disp	Refills	Start	End
<b>Naproxen (NAPROSYN) 500 mg Oral Tab (Discontinued)</b> Sig: 1 TAB PO BID WITH FOOD Class: Fill Now Route: Oral Patient Label Sig: TAKE 1 TABLET ORALLY 2 TIMES A DAY WITH FOOD Reason for Discontinue: <b>Med List Cleanup (MD Only)</b>	100	3/3	5/27/2013	11/28/2014
<b>predniSONE (DELTASONE) 20 mg Oral Tab (Discontinued)</b> Sig: TAKE 2 TABLETS ORALLY DAILY FOR 5 DAYS Class: Fill Now Route: Oral Patient Label Sig: TAKE 2 TABLETS ORALLY DAILY FOR 5 DAYS Reason for Discontinue: <b>Med List Cleanup (MD Only)</b>	10	0/0	5/27/2013	11/28/2014
<b>Methocarbamol (ROBAXIN) 750 mg Oral Tab (Discontinued)</b> Sig: 1 TAB PO Q6-8H PRN MUSCLE SPASMS Class: Fill Now Route: Oral Patient Label Sig: TAKE 1 TABLET ORALLY EVERY 6 TO 8 HOURS AS NEEDED FOR MUSCLE SPASMS Reason for Discontinue: <b>Med List Cleanup (MD Only)</b>	50	0/0	5/27/2013	11/28/2014

**Social Documentation as of 5/27/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

Kaiser Permanente

**KAISER PERMANENTE**

WEST LA MEDICAL CENTER Garner, Annette L  
 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 6041 CADILLAC AVE Visit date: 5/27/2013  
 LOS ANGELES CA 90034-  
 1702  
 SCAL HIM ROI AMB LMR

**Encounter Vitals**

Row Name 05/27/13 1000

## Enc Vitals

BP 121/71 -CC  
 Pulse 80 -CC  
 Temp 98 °F (36.7 °C) -CC  
 Temp src Oral -CC  
 Pain Score 7 (0-10) -CC  
 Pain Loc NECK -CC

**Exercise Vitals**

Row Name 05/27/13 1001

## Exercise Level of Effort

Days per 0 -CC  
 week of  
 moderate to  
 strenuous  
 exercise  
 (like a brisk  
 walk)  
 On average, 0 -CC  
 minutes per  
 day of  
 exercise at  
 this level

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

**User Key**

Initials	Name	Effective Dates	Provider Type	Discipline
CC	Clayter, Capresha L (M.A.)	04/09/13 - 11/02/13	MEDICAL ASSISTANT	—

**KAISER PERMANENTE**

WEST LA MEDICAL CENTER Garner, Annette L  
U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
6041 CADILLAC AVE Visit date: 5/27/2013  
LOS ANGELES CA 90034-  
1702  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{^EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

WEST LA MEDICAL CENTER Garner, Annette L  
U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
6041 CADILLAC AVE Visit date: 5/27/2013  
LOS ANGELES CA 90034-  
1702  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
6/23/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
6/23/2013 1:30 PM	Schneider, Lawrence (M.D.), M.D.	HOV RADIOLOGY	833-574-2273	283796470

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Hernandez, Nathan C at 6/23/2013 1:29 PM**

Status: Signed

Left message for patient to call back & sent letter to schedule appointment.

**Progress Notes**

**Hernandez, Nathan C at 6/23/2013 1:29 PM**

Author Type: — Status: Signed

Left message for patient to call back & sent letter to schedule appointment.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 6/23/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.



**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 9/3/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
9/3/2013

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
9/3/2013 2:29 PM	Schneider, Lawrence (M.D.), M.D.	HOV PCM INTRVENTIONAL RAD	833-574-2273	294465337

**Reason for Call/Visit**

**MAMMOGRAM** BOOKED FOR 9/25/13 IN LOS ANGELES.

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

No notes of this type exist for this encounter.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 9/3/2013**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**Encounter-Level Documents - 09/03/2013:**

**AFTER VISIT SUMMARY**

Annette L. Garner MRN: 000007246313



**Today's Visit**

You saw LAWRENCE SCHNEIDER MD on Tuesday September 3, 2013.

**What's Next**

You currently have no upcoming appointments scheduled.

**Medications**

Common Medication Direction Abbreviations  
PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed  
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

**Allergies as of 9/3/2013**

Reviewed by Schneider, Lawrence (M.D.) on 1/28/2013

No Known Allergies

**General Information**

**SKIP THE TRIP. Have our pharmacy come to you!**

New and refill prescriptions mailed to your home.

**When using the mail order option for obtaining prescriptions:**

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

**4 ways to receive prescriptions by mail:**

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.

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**Encounter-Level Documents - 09/03/2013: (continued)**

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- **Go to [kp.org/Rxrefill](http://kp.org/Rxrefill).** After signing into [kp.org](http://kp.org), you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.  
Not registered yet? Go to [KP.ORG/REGISTERNOW](http://KP.ORG/REGISTERNOW) to get started.**

**For questions, call member services at**

[800-464-4000](tel:8004644000) or TTY [711](tel:711)  
[800-788-0616](tel:8007880616) (Spanish)  
[800-757-7585](tel:8007577585) (Chinese dialects)

**Hours**

Open 7 days a week  
24 hours a day  
Closed holidays

**Medicare members**

[800-443-0815](tel:8004430815) or TTY [711](tel:711)

**Hours**

Open 7 days a week  
from 8 a.m. to 8 p.m.

**Protect yourself from the flu. Get vaccinated.**

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit [kp.org/flu](http://kp.org/flu) or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

# KAISER PERMANENTE

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 9/3/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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## Encounter-Level Documents - 09/03/2013: (continued)

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Register at [www.kp.org](http://www.kp.org) to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at [www.kp.org/refill](http://www.kp.org/refill)

Annette L. Garner (MRN: 000007246313) • Printed at 7/25/19 1:53 PM

Page 3 of 3 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

### Order-Level Documents:

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There are no order-level documents.

```
{*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }
```

### Encounter-Level E-Signatures:

---

No documentation.

Kaiser Permanente

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**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 9/3/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

**Encounter-Level E-Signatures: (continued)**

---

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 9/3/2013  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 3/19/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
3/19/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
3/19/2014	Schneider, Lawrence (M.D.), M.D.	HOV RADIOLOGY	818-375-1755	351101801

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**San Diego, Wendel May at 3/19/2014 5:10 PM**

Status: Signed

Left message to schedule appointment for mammogram screening. Sent letter [outreach]

**Progress Notes**

**San Diego, Wendel May at 3/19/2014 5:10 PM**

Author Type: — Status: Signed

Left message to schedule appointment for mammogram screening. Sent letter [outreach]

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 3/19/2014**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.



**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 3/19/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 3/19/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
6/23/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
6/23/2014	Schneider, Lawrence (M.D.), M.D.	HOV RADIOLOGY	818-375-1755	351101802

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Salazar, Jeanette at 6/23/2014 7:39 PM**

Status: Signed

Left message. Sent letter for mammogram.

**Progress Notes**

**Salazar, Jeanette at 6/23/2014 7:39 PM**

Author Type: — Status: Signed

Left message. Sent letter for mammogram.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 6/23/2014**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 6/23/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 10/21/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
10/21/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
10/21/2014	Schneider, Lawrence (M.D.), M.D.	HOV RADIOLOGY	818-375-1755	368972824

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Salazar, Jeanette at 10/21/2014 4:28 PM**

Status: Signed

Left message. Sent letter for mammogram appointment.

**Progress Notes**

**Salazar, Jeanette at 10/21/2014 4:28 PM**

Author Type: — Status: Signed

Left message. Sent letter for mammogram appointment.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 10/21/2014**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 10/21/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 10/21/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/12/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Call Center Telephone Encounter**  
11/12/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
11/12/2014	Schneider, Lawrence (M.D.), M.D.	FLU CLINIC/INTERNAL MEDICINE	833-574-2273	368972826

**Reason for Call/Visit**

**DIAGNOSTIC TESTS REQUESTED**

**Call Documentation**

**Ponce, Renee M (L.V.N.) at 11/12/2014 2:43 PM**

Status: Signed

Spoke with Pt ID verified using 2 Identifiers. Pt not requesting lab test prior to appointment want PCP to order day of Her physical appointment

**Campos, Milagro at 11/12/2014 2:29 PM**

Status: Signed

**Diagnostic Request**

Reason for request: pt req a full panel of blood work prior her phys appt, scheduled 11-28- pls cb to confirm. Thank you

Type of request: Laboratory

Patient's age: 54 years.

Caller's relationship to patient? self

Caller's first and last name (if not patient):

Best time available for callback: anytime

Callback number:

Mobile 323-229-8544

Do you authorize a Kaiser employee to leave a message? yes.

If active on KP.ORG, do you authorize a response to this message via secured email? no.

Message sent to office of: LAWRENCE SCHNEIDER MD

**Progress Notes**

**Ponce, Renee M (L.V.N.) at 11/12/2014 2:43 PM**

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/12/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Progress Notes (continued)**

**Ponce, Renee M (L.V.N.) at 11/12/2014 2:43 PM (continued)**

Author Type: LICENSED VOCATIONAL NURSE Status: Signed

Spoke with Pt ID verified using 2 Identifiers. Pt not requesting lab test prior to appointment want PCP to order day of Her physical appointment

**Campos, Milagro at 11/12/2014 2:29 PM**

Author Type: — Status: Signed

**Diagnostic Request**

Reason for request: pt req a full panel of blood work prior her phys appt, scheduled 11-28- pls cb to confirm. Thank you  
Type of request: Laboratory

Patient's age: 54 years.

Caller's relationship to patient? self  
Caller's first and last name (if not patient):

Best time available for callback: anytime  
Callback number:  
Mobile 323-229-8544

Do you authorize a Kaiser employee to leave a message? yes.  
If active on KP.ORG, do you authorize a response to this message via secured email? no.

Message sent to office of: LAWRENCE SCHNEIDER MD

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
SCREENING - Primary	V82.9	

**Lab - All Orders and Results**

**LIPID PANEL [561259364]**

Electronically signed by: <b>Ponce, Renee M (L.V.N.) on 11/12/14 1438</b>	Status: <b>Cancel Pend</b>
Ordering user: Ponce, Renee M (L.V.N.) 11/12/14 1438	Authorized by: Schneider, Lawrence (M.D.)
Frequency: Routine 11/12/14 -	Pended by: Ponce, Renee M (L.V.N.) 11/12/14 1438
Specimen Information	

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/12/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Lab - All Orders and Results (continued)**

**LIPID PANEL [561259364] (continued)**

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Type	Source	Collected By
—	BLOOD	—

**CREATININE, SERUM [561259365]**

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Electronically signed by: **Ponce, Renee M (L.V.N.) on 11/12/14 1438** Status: **Cancel Pend**  
Ordering user: Ponce, Renee M (L.V.N.) 11/12/14 1438 Authorized by: Schneider, Lawrence (M.D.)  
Frequency: Routine 11/12/14 - Pended by: Ponce, Renee M (L.V.N.) 11/12/14 1438  
Specimen Information

---

Type	Source	Collected By
—	BLOOD	—

**Final Spectacle Rx**

---

Click to see and print Final Spectacle Rx

**Final CL Rx**

---

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 11/12/2014**

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No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/12/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{^EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/12/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 11/28/2014  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Office Visit**  
 11/28/2014

**Annette L Garner**  
 MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
11/28/2014 8:40 AM	Schneider, Lawrence (M.D.), M.D.	INTERNAL MEDICINE	833-574-2273	368972825

**Reason for Call/Visit**

**PHYSICAL EXAM, ANNUAL**

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 11/28/2014 8:47 AM

BP	Pulse	Temp	Ht	Wt
128/65	101	97.9 °F (36.6 °C) (Oral)	5' 5" (1.651 m)	232 lb (105.2 kg)

**Nursing Notes**

Status: Signed

>> FELICIA R. BERRY LVN Fri Nov 28, 2014 10:03 AM  
 Cardiology appointment booked.

Gastroenterology telephone number provided.  
 An After Visit Summary was printed, given to and reviewed with the Patient.  
 Patient verbally confirmed understanding of all instructions.

>> LAVADA I DENSON LVN Fri Nov 28, 2014 8:50 AM  
 Unknown

Patient ID verified using 2 identifiers.

GYN Cancer Brochure given if PAP performed? N/A

If performing glucose monitoring at home, was meter brought in today? N/A

Interpreter questionnaire completed? N/A

Intimate Partner Violence Screening: n/a

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Mammogram ordered today (staged)  
 Colorectal screening due, iFOBT order staged and kit provided, Patient  
 Instructions for AVS staged  
 Flu immunization declined  
 Tdap immunization declined  
 Alcohol screening performed. Patient response is "never."  
 Member instructed on KP.ORG registration process

**Progress Notes****Schneider, Lawrence (M.D.) at 11/28/2014 9:10 AM**

Author Type: Physician

Status: Signed

History:

Annette L Garner is a 55 year old female

Patient presents with:

PHYSICAL EXAM, ANNUAL

Estimated body mass index is 38.61 kg/(m<sup>2</sup>) as calculated from the following:

Height as of this encounter: 1.651 m (5' 5").

Weight as of this encounter: 105.235 kg (232 lb).

2010 she had interstitial lung disease ,possibly sarcoidosis but she never had lung biopsy

No SOB , sputum, at this time

She says she had heart murmur --

She wants bariatric surgery but BMI 38 --will send referral

## Past Surgical History:

PAST SURGICAL HISTORY, OTHER 1984

Comment:gastric bypass; occasional discomfort

PAST SURGICAL HISTORY, OTHER 191

Comment:bunions

BP 128/65 | Pulse 101 | Temp(Src) 97.9 °F (36.6 °C) (Oral) | Ht 1.651 m (5' 5") | Wt 105.235 kg (232 lb) | BMI 38.61 kg/m<sup>2</sup>

Neck supple lungs clear heart irregular (but today's ekg nsr moderate rate

breasts no masses

abd soft obese

Ext no edema

V70.0 ROUTINE ADULT HEALTH CHECK UP EXAM (primary encounter diagnosis)

V64.06 DECLINES INFLUENZA VACCINATION

V64.06 DECLINES VACCINATION

V76.12 SCREENING MAMMOGRAM FOR BREAST CANCER

V76.51 SCREENING FOR COLON CANCER

278.00, V85.38 OBESITY, BMI 38-38.9, ADULT

Rule out sarcoidosis

## Orders Placed This Encounter

XR MAMMOGRAM SCREENING BILATERAL, SEQUENTIAL

XR CHEST, 2 VIEWS.

GLOBIN, FECAL(aka IFOBT)

AST, SERUM

CALCIUM

CBC NO DIFF

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)****Schneider, Lawrence (M.D.) at 11/28/2014 9:10 AM (continued)**

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IRON AND TIBC  
CREATININE, SERUM  
GLUCOSE, RANDOM  
TSH  
TOTAL PROTEIN, SERUM  
LDL DIRECT  
CHOLESTEROL, SERUM  
HIGH DENSITY LIPOPROTEIN  
VITAMIN D, 25-HYDROXY  
ANGIOTENSIN CONVERTING ENZYME--for sarcoidosis  
REFERRAL GI--colonoscopy  
REFERRAL HEALTH EDUCATION-bariatric surgery  
REFERRAL CARDIOLOGY--routine treadmill  
ECG, 12 Lead, Back Office Now--sinus rhythm

LAWRENCE SCHNEIDER MD

**Nursing Notes**

Status: Signed

>> FELICIA R. BERRY LVN Fri Nov 28, 2014 10:03 AM  
Cardiology appointment booked.

Gastroenterology telephone number provided.  
An After Visit Summary was printed, given to and reviewed with the Patient.  
Patient verbally confirmed understanding of all instructions.

>> LAVADA I DENSON LVN Fri Nov 28, 2014 8:50 AM  
Unknown

Patient ID verified using 2 identifiers.



**Nursing Notes (continued)**

GYN Cancer Brochure given if PAP performed? N/A

If performing glucose monitoring at home, was meter brought in today? N/A

Interpreter questionnaire completed? N/A

Intimate Partner Violence Screening: n/a

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Mammogram ordered today (staged)  
Colorectal screening due, iFOBT order staged and kit provided, Patient  
Instructions for AVS staged  
Flu immunization declined  
Tdap immunization declined  
Alcohol screening performed. Patient response is "never."  
Member instructed on KP.ORG registration process

**Encounter Messages**

No messages in this encounter

**Questionnaires**

**EBOLA SCREENING ID AMB SCAL**

- 1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
- 2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
- 3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

**INTERPRETATION SERVICES QUESTIONNAIRE**

- 1. Primary Spoken Language? **English [22]**
- 2. Primary Written Language? **English [20]**
- 3. Interpreter Needed? **No [2]**
- 4. Does the patient need/want interpretation services for today's visit? **No**
- 4a. If Yes, what type of interpretation service was/will be provided?
- 4b. If No, interpretation service was refused or not provided, indicate the reason. **PATIENT PREFERRED TO USE OWN ENGLISH SKILLS**

**ALCOHOL SCREENING PROACTIVE CARE PCM AMB SCAL**

If patient is GREATER THAN OR EQUAL TO 65 YEARS OLD: How many times in the past year have you had 4 or more drinks per day?  
 If patient is LESS THAN 65 YEARS OLD AND MALE: How many times in the past year have you had 5 or more drinks per day?  
 If patient is LESS THAN 65 YEARS OLD AND FEMALE: How many times in the past year have you had 4 or more drinks per day? **zero or never**  
 Document patient's reported alcohol use

**Questionnaires (continued)**

**Diagnoses**

	Codes	Comments
ROUTINE ADULT HEALTH CHECK UP EXAM - Primary	V70.0	
DECLINES INFLUENZA VACCINATION	V64.06	
DECLINES VACCINATION	V64.06	
SCREENING MAMMOGRAM FOR BREAST CANCER	V76.12	
SCREENING FOR COLON CANCER	V76.51	
OBESITY, BMI 38-38.9, ADULT	278.00, V85.38	

**EKG - All Orders and Results**

**ELECTROCARDIOGRAM, ROUTINE, W AT LEAST 12 LEADS, INTERP AND RPT [561290527]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Discontinued**  
 Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)  
 Ordering mode: Standard  
 Frequency: Routine 11/28/14 -

**ELECTROCARDIOGRAM, ROUTINE, W AT LEAST 12 LEADS, INTERP AND RPT [561290531]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0918** Status: **Completed**  
 Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0918 Authorized by: Schneider, Lawrence (M.D.)  
 Ordering mode: Standard  
 Frequency: Routine 11/28/14 -

Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 OBESITY, BMI 38-38.9, ADULT  
 Specimen Information

Type	Source	Collected By
—	—	11/28/14 0943

ELECTROCARDIOGRAM, ROUTINE, W AT LEAST 12 LEADS, INTERP AND RPT [561290531] Resulted: 12/06/14 1528, Result status: Final result

Order status: Completed Resulting lab: SCAL EKG INTERFACE

Specimen Information

ID	Type	Source	Collected On
LA4037236	—	—	11/28/14 0943

Components

Component	Value	Reference Range	Flag
VENTRICULAR RATE	83	BPM	—
ATRIAL RATE	83	BPM	—
PR INTERVAL	190	ms	—
QRS INTERVAL	88	ms	—
QT INTERVAL	384	ms	—
QT CORRECTED	451	ms	—
FRONTAL AXIS: P	51	degrees	—
FRONTAL AXIS:T	3	degrees	—
DIAGNOSIS LINES	--	—	—

Result: NORMAL SINUS RHYTHMNORMAL ECG

**Imaging - All Orders and Results**

**XR MAMMOGRAM SCREENING BILATERAL, SEQUENTIAL [561261326]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0908** Status: **Discontinued**  
 Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0908 Authorized by: Schneider, Lawrence (M.D.)  
 Ordering mode: Standard  
 Frequency: Routine 11/28/14 - Released by: Schneider, Lawrence (M.D.) 11/28/14 0908  
 Diagnoses

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Imaging - All Orders and Results (continued)**

**XR MAMMOGRAM SCREENING BILATERAL, SEQUENTIAL [561261326] (continued)**

SCREENING MAMMOGRAM FOR BREAST CANCER  
ROUTINE ADULT HEALTH CHECK UP EXAM  
Order comments: Reason: Screening Radiologist: Follow Sequential Breast Imaging Orders Policy and Procedures.

**XR CHEST, 2 VIEWS. [561265872]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0908** Status: **Discontinued**  
Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0908 Authorized by: Schneider, Lawrence (M.D.)  
Ordering mode: Standard  
Frequency: Routine 11/28/14 -  
Diagnoses  
ROUTINE ADULT HEALTH CHECK UP EXAM  
SCREENING MAMMOGRAM FOR BREAST CANCER  
OBESITY, BMI 38-38.9, ADULT  
Order comments: Reason: past history of interstitial lung disease, sarcoidosis?

**Lab - All Orders and Results**

**GLOBIN, FECAL [561261325]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0908** Status: **Discontinued**  
Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0908 Authorized by: Schneider, Lawrence (M.D.)  
Ordering mode: Standard  
Frequency: Routine 11/28/14 -  
Diagnoses  
SCREENING FOR COLON CANCER  
ROUTINE ADULT HEALTH CHECK UP EXAM  
Specimen Information

Type	Source	Collected By
—	STOOL	—

**AST, SERUM [561290514]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**  
This order may be acted on in another encounter.  
Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)  
Ordering mode: Standard  
Frequency: Routine 11/28/14 -  
Diagnoses  
ROUTINE ADULT HEALTH CHECK UP EXAM  
Specimen Information

Type	Source	Collected By
—	BLOOD	Perez, Andrew A 11/28/14 1055

AST, SERUM [561290514] Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
Narrative:  
RMS ACCN: 550865719

**Specimen Information**

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

**Components**

Component	Value	Reference Range	Flag
AST	16	<=30 U/L	—

**CALCIUM [561290515]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**  
This order may be acted on in another encounter.  
Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 11/28/2014  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CALCIUM [561290515] (continued)**

Ordering mode: Standard  
 Frequency: Routine 11/28/14 -  
 Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

CALCIUM [561290515] Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:  
 RMS ACCN: 550865719

## Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

## Components

Component	Value	Reference Range	Flag
CALCIUM	9.7	8.5 - 10.7 mg/dL	—

**CBC NO DIFF [561290516]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard  
 Frequency: Routine 11/28/14 -  
 Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM  
 DECLINES INFLUENZA VACCINATION  
 DECLINES VACCINATION  
 SCREENING FOR COLON CANCER  
 OBESITY, BMI 38-38.9, ADULT

## Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

CBC NO DIFF [561290516] (Abnormal) Resulted: 11/28/14 1155, Result status: Final result

Order status: Completed Resulting lab: PANORAMA CITY MEDICAL CENTER LABORATORY

Narrative:  
 RMS ACCN: 550865718

## Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

## Components

Component	Value	Reference Range	Flag
WBC'S AUTO	4.4	4.0 - 11.0 x1000/mcL	—
RBC, AUTO	4.60	4.20 - 5.40 Mill/mcL	—
HGB	12.3	12.0 - 16.0 g/dL	—
HCT, AUTO	38.6	37.0 - 47.0 %	—
MCV	84.0	81.0 - 99.0 fL	—
MCH	26.9	27.0 - 35.0 pg/cell	L
MCHC	32.0	32.0 - 37.0 g/dL	—
RDW, BLOOD	15.4	11.5 - 14.5 %	H
PLATELETS, AUTOMATED COUNT	215	130 - 400 x1000/mcL	—

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**IRON AND TIBC [561290517]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

IRON AND TIBC [561290517] (Abnormal) Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
IRON	50	37 - 145 mcg/dL	—
TOTAL IRON BINDING CAPACITY	281	250 - 450 mcg/dL	—
IRON SAT	18	20 - 50 %	⚡

**CREATININE, SERUM [561290518]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

CREATININE, SERUM [561290518] Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
CREATININE	0.80	<=1.10 mg/dL	—
GLOMERULAR FILTRATION RATE	>89	mL/min/BSA	—

Comment:

Estimated GFR (eGFR) is normalized to a standard body surface area (BSA, 1.73m2), by sex, age, and race. The eGFR has been multiplied by 1.21 if "Black" race is reported in Foundations System. -GFR Ranges- GFR >89 Normal (or CKD1\*) 60-89 Mildly reduced (CKD2\*) 30-59 Moderately reduced (CKD3 if >3mos) 15-29 Severely reduced (CKD4 if >3mos) GFR <15 Kidney failure (CKD5 if >3mos) \* GFR >60 is not diagnostic of CKD1 or 2 unless another marker of kidney damage is present (e.g. microalbumin or urine protein >300 mg/day on 2 occasions, or renal biopsy or imaging abnormality).

RACE	Black	—	—
------	-------	---	---

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 11/28/2014  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CREATININE, SERUM [561290518] (continued)****GLUCOSE, RANDOM [561290519]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

GLUCOSE, RANDOM [561290519] (Abnormal) Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
GLUCOSE, RANDOM	62	70 - 140 mg/dL	L

**TSH [561290520]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

OBESITY, BMI 38-38.9, ADULT

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

TSH [561290520] Resulted: 11/28/14 2003, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7478	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
TSH	1.90	0.35 - 4.00 mIU/mL	—

**TOTAL PROTEIN, SERUM [561290521]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

**Lab - All Orders and Results (continued)**

**TOTAL PROTEIN, SERUM [561290521] (continued)**

Diagnoses  
ROUTINE ADULT HEALTH CHECK UP EXAM  
Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

TOTAL PROTEIN, SERUM [561290521] Resulted: 11/28/14 2058, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:  
RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
TOTAL PROTEIN	6.9	6.1 - 8.0 g/dL	—

**LDL DIRECT [561290523]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM  
OBESITY, BMI 38-38.9, ADULT

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

LDL DIRECT [561290523] (Abnormal) Resulted: 11/28/14 2059, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:  
RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
LDL	141	<=99 mg/dL	<b>H</b>

Comment:

DIRECT LDL: For patients having elevated triglyceride levels, i.e. >400 mg/dL, the direct LDL-C result may not represent the patient's LDL-C status upon restoration of triglycerides to lower levels. These patients should not be assumed to have representative LDL-C levels until triglyceride levels are reduced.

**CHOLESTEROL, SERUM [561290524]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 11/28/14 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM  
OBESITY, BMI 38-38.9, ADULT

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**CHOLESTEROL, SERUM [561290524] (continued)**

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

CHOLESTEROL, SERUM [561290524] Resulted: 11/28/14 2058, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:  
RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
CHOLESTEROL	192	<=199 mg/dL	—
Comment: See LabNet for more information.			

**HIGH DENSITY LIPOPROTEIN [561290525]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard  
Frequency: Routine 11/28/14 -  
Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM  
OBESITY, BMI 38-38.9, ADULT

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 11/28/14 1055

HIGH DENSITY LIPOPROTEIN [561290525] Resulted: 11/28/14 2058, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:  
RMS ACCN: 550865719

Specimen Information

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

Components

Component	Value	Reference Range	Flag
HDL	42	>=40 mg/dL	—
Comment: HDL > or = 60 is considered a negative risk factor for coronary artery disease.			

**VITAMIN D, 25-HYDROXY [561290526]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0910** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0910 Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard  
Frequency: Routine 11/28/14 -  
Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 11/28/2014  
 PANORAMA CITY CA 91402-3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**VITAMIN D, 25-HYDROXY [561290526] (continued)**

— BLOOD Perez, Andrew A 11/28/14 1055  
 VITAMIN D, 25-HYDROXY [561290526] (Abnormal) Resulted: 12/01/14 1707, Result status: Final result  
 Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 550865720

**Specimen Information**

ID	Type	Source	Collected On
C00002201433201 7477	—	BLOOD	11/28/14 1055

**Components**

Component	Value	Reference Range	Flag
VITAMIN D, 25-HYDROXY, D3	27	ng/mL	—
VITAMIN D, 25-HYDROXY, D2	<4	ng/mL	—
25-HYDROXYVITAMIN D	27	30 - 100 ng/mL	⬇

**Comment:**

There is general consensus (Endocrine Society, Natl Osteoporosis FDN, K\_DOQI) that 25-OH Vitamin D measurements > 30 ng/mL are desirable. However, most Americans are deficient by this standard (NHanes III). Levels <10 ng/mL are consistent with a diagnosis of Rickets/Osteomalacia. Infants normally produce Vitamin D metabolites that falsely elevate 25-OH Vitamin D measurements. Please order D,25-Hydroxy, Neonatal [82306D] for these patients. This test was developed and its performance characteristics determined by the SCPMG Regional Reference Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. This test is used for clinical purposes. It should not be regarded as investigational or for research. The SCPMG Regional Reference Laboratories are certified under CLIA '88 as qualified to perform high complexity clinical laboratory testing.

**ANGIOTENSIN CONVERTING ENZYME [561290529]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 11/28/14 0916** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Schneider, Lawrence (M.D.) 11/28/14 0916 Authorized by: Schneider, Lawrence (M.D.)  
 Ordering mode: Standard  
 Frequency: Routine 11/28/14 -  
 Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 OBESITY, BMI 38-38.9, ADULT  
 Specimen Information

Type	Source	Collected By
—	BLOOD	Perez, Andrew A 11/28/14 1055

ANGIOTENSIN CONVERTING ENZYME [561290529] Resulted: 11/29/14 0349, Result status: Final result  
 Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 550865719

**Specimen Information**

ID	Type	Source	Collected On
C00002201433201 7478	—	BLOOD	11/28/14 1055

**Components**

Component	Value	Reference Range	Flag
ANGIOTENSIN CONVERTING ENZYME, SER/PLAS	41	9 - 67 U/L	—

**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
<b>121 - Unknown</b>	SCAL EKG INTERFACE	Unknown	Unknown	02/13/04 0000 - Present
<b>240 - 956</b>	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

# KAISER PERMANENTE

PANORAMA CITY MEDICAL Office 3 U  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-3904  
SCAL HIM ROI AMB LMR

## Lab - All Orders and Results (continued)

### Testing Performed By (continued)

Lab - Abbreviation	Name	Director	Address	Valid Date Range
627 - Unknown	PANORAMA CITY MEDICAL CENTER LABORATORY	Andrea Chang M.D.	13652 Cantara Street Panorama City CA 91402	04/04/08 1545 - Present

## Final Spectacle Rx

Click to see and print Final Spectacle Rx

## Final CL Rx

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

## Medications Discontinued During This Encounter

	Reason for Discontinue
Garlic (GARLIQUE) 400 mg Oral TBEC DR Tab	Med List Cleanup (MD Only)
Methocarbamol (ROBAXIN) 750 mg Oral Tab	Med List Cleanup (MD Only)
predniSONE (DELTASONE) 20 mg Oral Tab	Med List Cleanup (MD Only)
Naproxen (NAPROSYN) 500 mg Oral Tab	Med List Cleanup (MD Only)

## Social Documentation as of 11/28/2014

No social documentation on file.

## Patient Instructions

**Cardiology**  
Building 4 (Old Hospital), Third Floor, Area 308  
(818) 375 - 2900

**Gastroenterology**  
Building 5, Level 1, Area 120  
(818) 375 - 2994

## KP.ORG

By registering on our Web site, kp.org, you get better access to your personal health information so you can actively participate in your own care, 24/7.

Registering is easy.

- simply go to kp.org; complete and submit the requested information.
- you will get a you a temporary password immediately.
- when you receive your temporary password, go to kp.org and sign on. Enter your temporary password with the user ID you chose when you registered. You can then choose a new password that's easier for you to remember.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

- 
- you are now signed on and ready to get connected to a healthier way of life.

Once you sign on you can:

- request, view, and cancel appointments
- order and check the status of prescription refills - and get free delivery.
  
- access selected lab test results
- e-mail your doctor's office with routine health questions
- view recent immunization records and past office visit information

You can also look up facility locations, research health and drug information, and get on a path to a healthier you with our healthy lifestyle programs.

Register today!

**All Flowsheet Data (all recorded)**

**Encounter Vitals**

---

Row Name 11/28/14 0844

Enc Vitals

---

BP 128/65 -LD  
Pulse 101 -LD  
Temp 97.9 °F (36.6 °C) -LD  
Temp src Oral -LD  
Wt (gms) 232 lb (105.2 kg) -LD  
Height 5' 5" (1.651 m) -LD

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

---

Initials	Name	Effective Dates	Provider Type	Discipline
LD	Denson, Lavada I (L.V.N.)	08/21/14 - 12/20/14	LICENSED VOCATIONAL NURSE	—

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

---

---

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Allied Health/Nurse Visit**  
11/28/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
11/28/2014 11:10 AM	Bermudez, Sara (Tech), TECH	CARDIOLOGY/ EKG	833-574-2273	368996231

**Reason for Call/Visit**

EKG

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

**Bermudez, Sara (Tech) at 11/28/2014 2:25 PM**

Author Type: TECH, EKG Status: Signed

EKG STAT 264  
was performed by SARA BERMUDEZ TECH  
on 11/28/2014 9:43 PM  
See MUSE for results.

**Encounter Messages**

No messages in this encounter

**Questionnaires**

**EBOLA SCREENING ID AMB SCAL**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)?
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)?
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding?

**INTERPRETATION SERVICES QUESTIONNAIRE**

- |  |              |
|--|--------------|
| 1. Primary Spoken Language?  | English [22] |
| 2. Primary Written Language?   | English [20] |
| 3. Interpreter Needed?   | No [2]       |
| 4. Does the patient need/want interpretation services for today's visit? |              |
| 4a. If Yes, what type of interpretation service was/will be provided?    |              |

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Questionnaires (continued)**

---

4b. If No, interpretation service was refused or not provided, indicate the reason.

**Diagnoses**

---

None.

**All Orders and Results**

---

No orders and results found

**Final Spectacle Rx**

---

Click to see and print Final Spectacle Rx

**Final CL Rx**

---

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 11/28/2014**

---

No social documentation on file.

**Patient Instructions**

Proactive Care. No Care Gaps addressed at this time.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.



**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 11/28/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/1/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Message**  
12/1/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
12/1/2014 4:37 PM	Schneider, Lawrence (M.D.), M.D.	HOV BREAST DIAGNOSTIC CENTER	833-574-2273	369366700

**Call Documentation**

**Schneider, Lawrence (M.D.) at 12/1/2014 4:43 PM**

Status: Signed

**Orders Placed This Encounter**

- US BREAST DIAGNOSTIC LEFT, SEQUENTIAL
- XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL

LAWRENCE SCHNEIDER MD

**Progress Notes**

**Schneider, Lawrence (M.D.) at 12/1/2014 4:43 PM**

Author Type: Physician Status: Signed

**Orders Placed This Encounter**

- US BREAST DIAGNOSTIC LEFT, SEQUENTIAL
- XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL

LAWRENCE SCHNEIDER MD

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
ABNL BREAST IMAGING - Primary	793.89	

**Imaging - All Orders and Results**

**US BREAST DIAGNOSTIC LEFT, SEQUENTIAL [561875692]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 12/01/14 1643** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Schneider, Lawrence (M.D.) 12/01/14 1643 Authorized by: Schneider, Lawrence (M.D.)  
 Ordering mode: Standard Released by: Schneider, Lawrence (M.D.) 12/01/14 1643  
 Frequency: Routine 12/01/14 -  
 Diagnoses  
 ABNL BREAST IMAGING  
 Order comments: Reason: [call back on breast, mammo and ultrasound] Radiologist: Follow Sequential Breast Imaging Orders Policy and Procedures.

**Imaging - All Orders and Results (continued)**

**US BREAST DIAGNOSTIC LEFT, SEQUENTIAL [561875692] (continued)**

US BREAST DIAGNOSTIC LEFT, SEQUENTIAL [561875692] Resulted: 12/08/14 1120, Result status: Final result

Order status: Completed Resulted by: Kim, Jennifer (M.D.)  
Accession number: 60557913 Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:  
[NO COPAY, bldg5, pt req 12-8-14. 12/2/14 1437 CChoi][orders moved to cbv 12/2/14 10:26 sadams]

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	60557913	12/8/2014 1:31 PM	Kim, Jennifer (M.D.)
Signed by Kim, Jennifer (M.D.), MEDICAL DOCTOR on 12/08/14 at 1332			

ULTRASOUND OF THE LEFT BREAST - SEQUENTIAL: 12/8/2014  
CLINICAL: Reason: Radiologist: Follow Sequential Breast Imaging  
Orders  
Policy And Procedures.

Comparison is made to exams dated: 12/8/2014 and 11/28/2014 Panorama  
City Medical Center\*.  
Real-time ultrasound was performed on the left breast.  
There is a benign appearing 4 mm oval cyst with a smooth internal  
wall  
in the left breast at 9 o'clock middle depth. This oval cyst is  
anechoic  
with posterior acoustic enhancement. This correlates as an incidental  
finding.

**IMPRESSION: BENIGN**

There is no sonographic evidence of malignancy.  
The 4 mm oval cyst in the left breast is consistent with a simple  
cyst  
and appears benign.  
A routine screening mammogram is recommended within 2 years.

Kaiser Permanente regional guidelines recommend annual screening  
mammography for high risk patients and screening mammography within 2  
years for normal low risk patients. Determination of risk assessment  
by  
radiology is limited and ultimately should be determined by the  
patient's primary care provider in collaboration with the patient.

Mammograms do not detect all breast cancer. Up to 15 percent of  
breast  
cancer can't be detected by mammography. Patients with palpable

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/1/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Imaging - All Orders and Results (continued)**

**US BREAST DIAGNOSTIC LEFT, SEQUENTIAL [561875692] (continued)**

abnormalities may require further investigation.

**SUMMARY:**

A benign ultrasound should not preclude the further workup of a clinically suspicious finding. Correlation with physical examination is recommended.

Jennifer J. Kim M.D.  
jjk/penrad:12/8/2014 11:20:55

Imaging Technologist: Carrie A. Rich RDMS, Panorama City Medical Center\*

letter sent: Low Risk Follow Up Letter  
Ultrasound BI-RADS: 2 Benign

**XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL [561875693]**

Electronically signed by: **Schneider, Lawrence (M.D.) on 12/01/14 1643** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.) 12/01/14 1643

Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard

Frequency: Routine 12/01/14 -

Released by: Schneider, Lawrence (M.D.) 12/01/14 1643

Diagnoses

ABNL BREAST IMAGING

Order comments: Reason: [call back on breast, mammo and ultrasound] Radiologist: Follow Sequential Breast Imaging Orders Policy and Procedures.

XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL [561875693]

Resulted: 12/08/14 1052, Result status: Final result

Order status: Completed

Resulted by: Kim, Jennifer (M.D.)

Accession number: 60557915

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

[NO COPAY, bldg5, pt req 12-8-14. 12/2/14 1437 CChoi][orders moved to cbv 12/2/14 10:26 sadams]

**Transcription**

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	60557915	12/8/2014 1:31 PM	Kim, Jennifer (M.D.)
Signed by Kim, Jennifer (M.D.), MEDICAL DOCTOR on 12/08/14 at 1332			

UNILATERAL LEFT DIGITAL DIAGNOSTIC MAMMOGRAM WITH ADDITIONAL VIEWS  
SEQUENTIAL ORDER: 12/8/2014

CLINICAL: Reason: Radiologist: Follow Sequential Breast Imaging Orders  
Policy And Procedures.

**Imaging - All Orders and Results (continued)****XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL [561875693] (continued)**

Comparison is made to exam dated: 11/28/2014 Panorama City Medical Center\*.

The tissue of the left breast is heterogeneously dense. This may lower

the sensitivity of mammography.

The density visible in the left breast on the previous exam is no longer

present.

Additional imaging was obtained. Focal area in question in the left breast in prior mammography is not reproduced and presumably represents

superimposed breast tissue. No significant masses, calcifications, or other findings are seen in the breast.

**IMPRESSION: BENIGN**

There is no mammographic evidence of malignancy. A routine screening mammogram is recommended within 2 years.

Kaiser Permanente regional guidelines recommend annual screening mammography for high risk patients and screening mammography within 2 years for normal low risk patients. Determination of risk assessment by

radiology is limited and ultimately should be determined by the patient's primary care provider in collaboration with the patient.

Mammograms do not detect all breast cancer. Up to 15 percent of breast

cancer can't be detected by mammography. Patients with palpable abnormalities may require further investigation.

**SUMMARY:**

Perform left breast ultrasound per sequential order.

**Disposition and Responsibility**

A letter with these results will be sent to the patient by the Mammography Department.

Jennifer J. Kim M.D.

jjk/penrad:12/8/2014 11:21:26

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
 L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13652 CANTARA ST Visit date: 12/1/2014  
 PANORAMA CITY CA 91402-  
 5423  
 SCAL HIM ROI AMB LMR

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**Imaging - All Orders and Results (continued)****XR MAMMOGRAM DIAGNOSTIC LEFT, SEQUENTIAL [561875693] (continued)**

Imaging Technologist: Syuzanna Shakhmelikyan, Panorama City Medical Center\*  
 letter sent: Low Risk Follow Up Letter  
 Mammogram BI-RADS: 2 Benign

**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - Unknown	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 12/1/2014**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/1/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents:**

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There are no encounter-level documents.

**Order-Level Documents:**

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There are no order-level documents.

{^EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

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No documentation.

**KAISER PERMANENTE**

PANORAMA CITY HOSPITAL Garner, Annette L  
L MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/1/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13652 CANTARA ST Visit date: 12/26/2014  
 PANORAMA CITY CA 91402-  
 5423  
 SCAL HIM ROI AMB LMR

**Allied Health/Nurse Visit**  
 12/26/2014

**Annette L Garner**  
 MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
12/26/2014 9:30 AM	Kaelin, Rosita (R.N.), R.N.	CARDIOLOGY	833-574-2273	368996233

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

BP	Pulse	Resp	Wt	Most recent update: 12/26/2014 11:57 AM
134/75	83	18	234 lb (106.1 kg)	

**Progress Notes**

**Filed by KPHC SCAN INTERFACE DEFAULT at 1/2/2015 8:19 AM**

Author Type: Physician Status: Signed

Scan on 1/2/2015 4:52 AM: CONSENT 1

**Transcription**

Type	ID	Date and Time
Consent	F1CDA9A4898E6FE88E86E2CBCFC3E108	1/2/2015 4:52 AM

**Encounter Messages**

No messages in this encounter

**Questionnaires****INTERPRETATION SERVICES QUESTIONNAIRE**

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**
3. Interpreter Needed? **No [2]**
4. Does the patient need/want interpretation services for today's visit? **No**
- 4a. If Yes, what type of interpretation service was/will be provided?
- 4b. If No, interpretation service was refused or not provided, indicate the reason. **pt speaks English**

**EBOLA SCREENING ID AMB SCAL**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms:

**Questionnaires (continued)**

fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding?

**Diagnoses**

	Codes	Comments
<b>ROUTINE ADULT HEALTH CHECK UP EXAM</b> - Primary	V70.0	

**Procedures - All Orders and Results**

**TREADMILL STRESS TEST, W MD SUPERVISION AND REPORT [568246248]**

Electronically signed by: **Kaelin, Rosita (R.N.) on 12/26/14 1157** Status: **Completed**

Ordering user: Kaelin, Rosita (R.N.) 12/26/14 1157 Authorized by: Schneider, Lawrence (M.D.)

Ordering mode: Standard  
Frequency: Routine 12/26/14 -  
Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Order comments: E-referral # 2222989389 Ordered by Dr. Schneider, L Overseeing Provider: Vardhan

**TREADMILL STRESS TEST, W MD SUPERVISION AND REPORT [568246248]** Resulted: 12/26/14 0000, Result status: Final result

Order status: Completed

Narrative:

Treadmill Exercise Stress Test (Bruce Protocol)

Clinical assessment performed prior to Treadmill test.

Test stopped due to: fatigue after 6:10 min. exercise.  
Attained 96% MPHR, achieving a workload of 7.20 METS  
Peak HR achieved 160 bpm  
Resting BP = 134/75 mm Hg, attained maximum BP of 205/68 mm Hg

Resting ECG: Sinus rhythm @ 83 bpm  
Ectopy/ Arrhythmias: none  
ST changes: No significant ST changes  
Symptoms: fatigue

**IMPRESSION:**

Fair exercise capacity. METS 7.20  
Adequate level of stress, attained HR 160 @ 96% mphr  
No chest pain. Hypertensive response to exercise .  
No significant ST changes  
ECG Negative for ischemia.

Detailed report to be uploaded in MUSE.  
electronically signed by: Rosita Kaelin RN

Agree with above  
Electronically signed by  
Indubala Vardhan M.D  
Cardiology  
Pager #818 373 2091

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13652 CANTARA ST Visit date: 12/26/2014  
 PANORAMA CITY CA 91402-  
 5423  
 SCAL HIM ROI AMB LMR

Audit Trail for Eye Care Forms

**Social Documentation as of 12/26/2014**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)****Encounter Vitals**

Row Name 12/26/14 1157

## Enc Vitals

BP 134/75 -RK  
 Pulse 83 -RK  
 Resp 18 -RK  
 Wt (gms) 234 lb (106.1 kg) -RK

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

Initials	Name	Effective Dates	Provider Type	Discipline
RK	Kaelin, Rosita (R.N.)	12/21/14 - 10/05/15	REGISTERED NURSE	Nursing

**Encounter-Level Documents - 12/26/2014:**

**Description: CONSENT Scan Date: 1/2/2015 Index Date: 1/2/2015**



PATIENT'S NAME: *Garner, Annette*  
MED. REC. #: *724 63 13*  
*11-15-59* (F)  
IMPRINT KAISER PERMANENTE ID CARD HERE

*wt. 230*

*DR. Schneider*

**CONSENT FOR EXERCISE TREADMILL**

I voluntarily consent to an exercise evaluation as ordered by my physician. I understand this test consists of walking and possibly jogging on a moving treadmill belt. Continuous EKG heart monitoring and frequent blood pressure measurements will be taken prior to exercise, during exercise, and after exercise.

I understand this test is designed to measure my exercise tolerance as well as give information on the response of my heart to exercise. Trained personnel as directed by my physician will perform the test. The test will be stopped if I am unable to continue or until other signs make it advisable to stop exercise.

I understand that the risks of this test include disorders of the heart rate and rhythm, abnormal blood pressure response, chest pain, congestive heart failure, and very rarely, heart attack, unconsciousness, or death. I understand that emergency equipment and trained personnel are available to deal with any unusual circumstances should they occur.

I understand the results of this test and its interpretation will assist my referring physician in planning the medical care given to me.

Patient's Name (Print): *X Annette Garner*

Patient's Signature: *X A. Garner*

Witness' Signature: *K. [Signature]*

Date: *12-26-14* Time: *9:30 Am*

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**Encounter-Level Documents - 12/26/2014: (continued)**

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**Order-Level Documents:**

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There are no order-level documents.

{\"EpicData xml <epicdata format=\"IDMPainter\"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Office Visit**  
12/26/2014

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
12/26/2014 10:50 AM	Alskaf, Sami Abdallah (M.D.), M.D.	METABOLIC CENTER	833-574-2273	369385865

**Reason for Call/Visit**

**CONSULTATION** from referral con/moc

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 12/26/2014 10:43 AM

BP	Pulse	Ht	Wt
116/74	100	5' 4.65" (1.642 m)	234 lb 2.1 oz (106.2 kg)

**Nursing Notes**

Status: Signed

>> CARMEN URQUIA MA Fri Dec 26, 2014 2:54 PM  
After Visit Summary printed and provided to patient.

If Immunizations administered, did you enter them in Immunizations: N/A  
Has the patient attended orientation? No  
Was the patient sent to Health Education? Yes

Approved for Options pre-bariatric surgery program -Yes  
Approved for Weight Managment program-Yes  
PHQ-9: 11 Psychological evaluation recommended - No  
Diabetes Care Manager recommended - No

Member will be scheduled for follow up during program enrollment. Has direct clinic number for scheduling and questions 818-375-2927.

>> CARMEN URQUIA MA Fri Dec 26, 2014 11:30 AM  
After Visit Summary printed and provided to patient.

If Immunizations administered, did you enter them in Immunization: N/A

>> CARMEN URQUIA MA Fri Dec 26, 2014 10:44 AM  
Confirmed patient identity w/ 2 forms of identification Yes

Annette L Garner is a 55 year old female

Patient presents with:  
CONSULTATION - from referral con/moc

**Filed Vitals:**

```

|-----|
|           | 12/26/14 |

```

**Nursing Notes (continued)**

	1040
BP:	116/74
Pulse:	100
Height:	5' 4.65" (1.642 m)
Weight:	234 lb 2.1 oz (106.2 kg)

The patient exercises 0 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

Allergies Verified? Yes

Current Medications reviewed? Yes

No outpatient prescriptions have been marked as taking for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).  
No Facility-Administered Medications for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).

GYN Cancer Brochure given if PAP performed? N/A

If patient Diabetic or performing glucose monitoring at home, was meter brought in today? N/A

Did you remind patient to bring meter to each MD visit? N/A .

Preferred pharmacy selected? Yes

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Colorectal screening due, member states received kit in mail, reminded to complete screening and Patient Instructions for AVS staged  
Flu immunization declined  
Tdap immunization declined

**Progress Notes**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM**

Author Type: Physician Status: Signed

---

History:

**METABOLIC OBESITY & NUTRTION CENTER  
( INPATIENT /OUTPATIENT) CONSULT**



**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

PT was referred to MONC for weight management consultation

12/26/2014

Schneider, Lawrence (M.D.)

Annette L Garner

@BI@

55 year old

female

@ETHNICITY@

A CONSULT WAS REQUESTED BY :

Schneider, Lawrence (M.D.)

REASON :

OBESITY CONSULT

PRE SURGICAL PROGRAMS

MEDICAL WEIGHT LOSS PROGRAMS

CHIEF COMPLIANT'S :

OBESITY

MALNUTRITION

POST BARIATRIC SURGERY ISSUES

PRESENTED / ASSOCIATED PERSON :

NO

LANGUAGE :

ENGLISH

HPI

chronic medical conditions are stable

socialHx

JOB : BUS DRIVER

MARITAL STATUS : M X 26 YEARS

children 3 Abortion 1 Miscarriage

Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

ADDICTIVE HABITS : NO

Smoking: ETOH : Srteet & Narcotic Drugs : Gambling :  
Others( spending /sexual)

are you addicted /family 'smember alcoholic or drug addict?

NO

Childhood -family issues ?

NORMAL

Abuse History: YES PHYSICALLY BY HER BROTHER 11-16

Childhood: Physical Yes /

,verbal Yes/

Weight History:

childhood , Preteen: ,Teen ,Early Adult:

Age weight began to rise:

ATA GE 18 WT 220 P

ATA BEG 27 HAD AGSTRUC BYPASS 230 P

WENT DOWN TO 169

Lowest weight 169 P

Maximum weight 240 P

Patient'starget weight 170 P

Does your weight make you feel ?

healthy ,LOW / DUE TO WEIGHT LOWsecured, UNComfortable

why are you overweight in your opinion ?

OVER EAT

JUNG FOOD

CONFORT EATER

STRESS

LATE ETA

why would you like to lose weight now ?

HEALTH REASONS YYYY

LIFE STYLE REASONS YYY

Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

**SELF STEEM ISSUES YYY**

are you emotional /stressed/ anxious / boredom/ social eater ?  
YES

Does eating help you to reduce stress/anxiety?

YES

Hx bingeing ,eating disorder ( AN ,BN, others)

How often do you binge ?

? JUNG FOOD

What is you preference :

(carb Yes / SWEETS , )(fat yes / CHEESE , MEAT (salt yes /?

Fast ( READY ) Food : YYYYYYYY

Restaurant Food :YY

Home cooked food :YYY

SODA : REG I L /D ???

CAFFEIN NO

TEA : OCC

WATER : YYY

SOUP OCC

JUICE : NO

VEG/FRUITS : 3 SERVS

ETOH :

OCC

Depression assessment: PHQ-9 = 10

appetite disturbance, decreased energy and loss of interest in regular activities

WEIGHT

Significant Stressors:

WEIGHT

suicide /Homicide issue make you to gain weight : NO

Yes /No Death : yes / No

Exercise habit :

WALKING

HOW MUCH YOU SPENT WATCHING

TV 2-4 H / D

Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

COMPUTER: ?

Diet: / calories/day :  
NO

Adherence to low calorie/low fat diet?  
No

when is the most calories consumed /day ?  
AM , Noon , PM ,  
Eat more on weekends =weekdays  
work schedule : 40 =50 H /W  
Sleep time : 11 PM  
awake time : 3-4 AM  
sleep /hours : < 5 H /D

have you been enrolled in any wt loss program ?  
GASTRIC BYPASS  
WW  
Assessment: Obesity Related to-:  
Metabolic Causes- YYYY  
Abuse Issues-  
Behavioral Issues-YYY  
Depression-  
Anxiety-  
Lifestyle Issues- YYYY

Past Medical History:  
OBESITY, BMI 38-38.9, ADULT 11/28/2014  
Any Hx of psychiatric illnesses /Admissions  
Past Surgical History:  
PAST SURGICAL HISTORY, OTHER 1984  
Comment:gastric bypass; occasional discomfort  
PAST SURGICAL HISTORY, OTHER 191  
Comment: bunions

No Known Allergies

No outpatient prescriptions have been marked as taking for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).

No Facility-Administered Medications for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).

Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)****Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

Are you taking any herbal / OTC Meds ? yes /

ROS

No chest pain or SOB, cough, sputum, nasal discharge, vomiting, frequency, urgency, fever, chills ...

Physical Exam

A x O x3

BP 116/74 | Pulse 100 | Ht 1.642 m (5' 4.65") | Wt 106.2 kg (234 lb 2.1 oz) | BMI 39.39 kg/m<sup>2</sup>

Estimated body mass index is 39.39 kg/(m<sup>2</sup>) as calculated from the following:

Height as of this encounter: 1.642 m (5' 4.65").

Weight as of this encounter: 106.2 kg (234 lb 2.1 oz).

BP Readings from Last 3 Encounters:

12/26/14 : 116/74

11/28/14 : 128/65

05/27/13 : 121/71

Wt Readings from Last 3 Encounters:

12/26/14 : 106.2 kg (234 lb 2.1 oz)

11/28/14 : 105.235 kg (232 lb)

01/28/13 : 108.41 kg (239 lb)

@LASTBMI(3)@

General appearance is good

HEENT: Peria normal, No JVD, no murmur, no masses,

Chest: clear, no wheezing or rales or crackles

CVS: RRR, S1 S2, No gallop, no murmur

ABD: Obese, Soft, not tender, + BS, No organomegaly or mass

ABD SKIN SOFT, NO MASS S, LARGE MID LINE SCAR, ABD fold + 3-4

EXT: edema Y/;

CNS:

AXO X 3

Follow orders

All ext / power 5/5

No sensory deficits

Normal cranial nerves

No focal neurological deficit

gait & musculoskeletal exam is wnl

Neck 16, 5 INCHES

WAIST 49 INCHES

Neck skin tags YA, NA,

Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 12/26/2014  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Progress Notes (continued)****Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)****ACANTHOSIS NIGRICAN**

Structure Size : LARGE

Obesity shape : PEAR, ABD / ARM , BUST 38 -40 DD

## Labs / Imaging /cardiac studies

Component	Latest Ref Rng	11/28/2014
WBC'S AUTO	4.0 - 11.0 x1000/mcL	4.4
RBC AUTO	4.20 - 5.40 Mill/mcL	4.60
HGB	12.0 - 16.0 g/dL	12.3
HCT AUTO	37.0 - 47.0 %	38.6
MCV	81.0 - 99.0 fL	84.0
MCH	27.0 - 35.0 pg/cell	26.9 (L)
MCHC	32.0 - 37.0 g/dL	32.0
RDW, BLOOD	11.5 - 14.5 %	15.4 (H)
PLT'S AUTO	130 - 400 x1000/mcL	215
FE	37 - 145 mcg/dL	50
TIBC	250 - 450 mcg/dL	281
FE SAT	20 - 50 %	18 (L)
CREAT	<=1.10 mg/dL	0.80
GFR		>89
RACE		Black
VITAMIN D, 25-HYDROXY, D3		27
VITAMIN D, 25-HYDROXY, D2		<4
VIT D, 25-OH	30 - 100 ng/mL	27 (L)
AST	<=30 U/L	16
CA	8.5 - 10.7 mg/dL	9.7
GLUC	70 - 140 mg/dL	62 (L)
TSH	0.35 - 4.00 mIU/mL	1.90
TP	6.1 - 8.0 g/dL	6.9
LDL	<=99 mg/dL	141 (H)
CHOL	<=199 mg/dL	192
HDL	>=40 mg/dL	42
ACE, SR/PL	9 - 67 U/L	41

**ASSESSMENT :**

(278.00) OBESITY, BMI 35-39.9, ADULT (primary encounter diagnosis)

(V45.86) HX OF GASTRIC BYPASS

PT HAD GASTRIC BYPASS 1985 , LOS ANGELES 1985

DR PAPUKA ( HAWTHORNE HOSPITAL ) , PRE OP WT 230 P WEN TO DOWN TO 169 P

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)****Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

**PLAN**

VIT D 3 3000 IUPO /D

1-2 MV I /D WITH CALCIUM 12001-500 MG PO /D

NO CAPSULES / HARD GELL FORM

NO SODA

NO SWEETS , CANDIDE S

SLEEP 7 H /D

Pt is qualified for MEDICAL PROGRAMS YESSSS

AND / NOT SURGICAL PROGRAMS ( SURGICAL RISKS HAS BEEN EXPLAINED)

Target weight : 170 :

:

A- EXPLAINED ALL MEDICAL WEIGHT LOSS PROGRAMS

1-HEATH education program / classes

2-Medical weight programs

Weigh To Go

Optifast :

MEDICAL RISK :

OPTIFAST 800 CAL / HP /REGULAR

CHICKEN SOUP , TOMATO SOUP

B- EXPLAINED THE PRE &amp; POST SURGICAL PROGRAMS

PRE-surgical medical program ( options program ) NO

Gastric bypass / Sleeve / Lab band )

PRE OP WEIGHT LOSS 5-10 %

C- Mental Health Referral ( SELF )

Patient is willing to discuss lifestyle modifications: yes

Patient self management goals: lose weight, increase physical activity, limit alcohol consumption, follow low fat diet, follow low salt diet, continue present plan, routine labs ordered, have labs drawn prior to return visit

Readiness to Change: contemplation - ambivalent about change

Stage of Change: 4 UNSURE: Ambivalent about change:

1-Exercise approved (y/n): 30 MINUTES 6-7 /week ( &gt; 150 minutes /week)

For patients on wheelchair ( chair exercise daily from 10-30 mints / day )

2-Suggested personilized Diet cal /day per our program deitician :

Low Fat &amp; low salt diet ( 2-3 g /d )

1600-1800 CAL /D

Hamwi Formula for IBW

Men: 106 lbs for first 5 feet + 6 lbs for each inch over 5 feet

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

Women: 100 lbs for first 5 feet + 5 lbs for each inch over 5 feet  
Small frame (-10%), Large frame (+10%)  
protein :1 - 2 g per kilogram (kg) of adjusted body weight (AdjBW)  
AdjBW: Current body weight (CBW) minus IBW multiplied by 25 percent plus IBW  
Daily Protein Intake for renal / hepatic patients based on our renal -hepatic dietitian recommendation(  
>or < 0.5-0.8 mg / kg of IBW) .

- 3-Fiber > 20 gram /day
  - 4-Stop ETOH , Soda , Juices , smoking , street drugs , fast-jung food
  - 5-One MVI with mineral / day if no contraindication
  - Omega III 1-2 gram / day if no contraindication
  - CALCIUM 1200-1700 MG PO/ DAY
  - VIT D 1000 INTERNATIONAL UNIT PO/ DAY
  - 6-Fluid 3-4 L/day
  - 7-
- No orders of the defined types were placed in this encounter.

The patient is advised to reduce or avoid alcohol, caffeine, fatty or fried foods, spicy foods, excessive physical activity, heavy lifting, smoking and stressful situations as much as practical.  
RT see me / porogram protocol

Patient instructed of action and side effect of medicine/s.  
Diagnosed illnesses short and long term complications are discussed  
chosen medical & surgical weight loss programs were explained  
short and long term effects for all programs were discussed.  
advised pt to look out side KP for other programs if needed .  
procedures( revisable &not revisable procedures) were explained .  
ALL over weight patients are responsible to lose & maintain weight loss as well as change their behavior permanently / taking meds / MVI / Mineral and do blood tests as advised /directed .  
follow up with PMD to do periodic blood tests and Meds changes if needed / directed  
SAMI Alskaf.MD  
Dept of Internal Medicine  
Division of Bariatric & Nutrition Medicine

Chronic Diseases:

OBESITY, BMI 35-39.9, ADULT

Status: Mild/Mod Exacerbation Control: Rx Side-Effects:

HX OF GASTRIC BYPASS

Status: Stable/Unchanged Control: Rx Side-Effects:



**Progress Notes (continued)**

**Alskaf, Sami Abdallah (M.D.) at 12/26/2014 11:02 AM (continued)**

---

**Nursing Notes**

Status: Signed

>> CARMEN URQUIA MA Fri Dec 26, 2014 2:54 PM  
After Visit Summary printed and provided to patient.

If Immunizations administered, did you enter them in Immunizations: N/A  
Has the patient attended orientation? No  
Was the patient sent to Health Education? Yes

Approved for Options pre-bariatric surgery program -Yes  
Approved for Weight Managment program-Yes  
PHQ-9: 11 Psychological evaluation recommended - No  
Diabetes Care Manager recommended - No

Member will be scheduled for follow up during program enrollment. Has direct clinic number for scheduling and questions 818-375-2927.

>> CARMEN URQUIA MA Fri Dec 26, 2014 11:30 AM  
After Visit Summary printed and provided to patient.

If Immunizations administered, did you enter them in Immunization: N/A

>> CARMEN URQUIA MA Fri Dec 26, 2014 10:44 AM  
Confirmed patient identity w/ 2 forms of identification Yes

Annette L Garner is a 55 year old female

Patient presents with:  
CONSULTATION - from referral con/moc

Filed Vitals:

-----	
	12/26/14
	1040
-----	
BP:	116/74
Pulse:	100

**Nursing Notes (continued)**

| Height: | 5' 4.65" (1.642 m) |  
| Weight: | 234 lb 2.1 oz (106.2 kg) |  
|-----|

The patient exercises 0 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

Allergies Verified? Yes

Current Medications reviewed? Yes

No outpatient prescriptions have been marked as taking for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).  
No Facility-Administered Medications for the 12/26/14 encounter (Office Visit) with Alskaf, Sami Abdallah (M.D.).

GYN Cancer Brochure given if PAP performed? N/A

If patient Diabetic or performing glucose monitoring at home, was meter brought in today? N/A

Did you remind patient to bring meter to each MD visit? N/A .

Preferred pharmacy selected? Yes

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Colorectal screening due, member states received kit in mail, reminded to complete screening and Patient Instructions for AVS staged  
Flu immunization declined  
Tdap immunization declined

**Encounter Messages**

---

No messages in this encounter

**Questionnaires**

---

**EBOLA SCREENING ID AMB SCAL**

---

- 1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
- 2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
- 3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

**INTERPRETATION SERVICES QUESTIONNAIRE**

---

- 1. Primary Spoken Language? **English [22]**

**Questionnaires (continued)**

- 2. Primary Written Language? **English [20]**
- 3. Interpreter Needed? **No [2]**
- 4. Does the patient need/want interpretation services for today's visit? **No**
- 4a. If Yes, what type of interpretation service was/will be provided?
- 4b. If No, interpretation service was refused or not provided, indicate the reason. **PATIENT PREFERRED TO USE OWN ENGLISH SKILLS**

**TEEN AGES 11-18 PHQ-9 DEPRESSION NATL**

- 1. Feeling down, depressed, irritable, or hopeless? **0 - Not At All**
- 2. Little interest or pleasure in doing things? **3 - Nearly Every Day**
- 3. Trouble falling or staying asleep, or sleeping too much? **0 - Not At All**
- 4. Poor appetite, weight loss, or overeating? **3 - Nearly Every Day**
- 5. Feeling tired, or having little energy? **3 - Nearly Every Day**
- 6. Feeling bad about yourself - or feeling that you are a failure, or that you have let yourself or your family down? **0 - Not At All**
- 7. Trouble concentrating on things, such as school work, reading, or watching TV? **2 - More Than Half the Days**
- 8. Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you were moving around a lot more than usual? **0 - Not At All**
- 9. Thoughts that you would be better off dead, or of hurting yourself some way? **0 - Not At All**
- TOTAL SCORE - Numeric entry **11**
- Depression Severity? **C) 10-14 MODERATE (>11=pos score)**
- In the past year have you felt depressed or sad most days, even if you felt okay sometimes?  
 If you are experiencing any of the problems on this form, how difficult have these problems made it for you to do work, take care of things, or get along with other people? **0 - Not Difficult At All**
- Has there been a time in the past month when you had serious thoughts about ending your life?
- Have you ever, in your whole life, tried to kill yourself or made a serious suicide attempt?

**Diagnoses**

	Codes	Comments
<b>OBESITY, BMI 35-39.9, ADULT - Primary</b>	278.00	
<b>HX OF GASTRIC BYPASS</b>	V45.86	

**Imaging - All Orders and Results**

**XR FLUOROSCOPY UGI, W BARIUM SWALLOW [568228139]**

Electronically signed by: **Alskaf, Sami Abdallah (M.D.) on 12/26/14 1117** Status: **Discontinued**  
 Ordering user: Alskaf, Sami Abdallah (M.D.) 12/26/14 1117 Authorized by: Alskaf, Sami Abdallah (M.D.)  
 Ordering mode: Standard  
 Frequency: Routine 12/26/14 -  
 Diagnoses  
 HX OF GASTRIC BYPASS  
 Questionnaire

Question	Answer
----------	--------

## KAISER PERMANENTE

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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### Imaging - All Orders and Results (continued)

#### XR FLUOROSCOPY UGI, W BARIUM SWALLOW [568228139] (continued)

---

Is the Patient Pregnant?

No

Order comments: Reason: PT HAD GASTRIC BYPASS 28 YEARS AGO PLEASE MEASURE THE GASTRIC POUCH

#### Final Spectacle Rx

---

Click to see and print Final Spectacle Rx

#### Final CL Rx

---

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

#### Social Documentation as of 12/26/2014

---

No social documentation on file.

### Patient Instructions

Please contact us if you have any questions at: (818) 375-2927

CARMEN URQUIA MA

Thank You!

### Health Education

N2: Building Area:153 Room: L

David(*Options*): (818) 375-4245  
Marina(*WTG/OPTI*): (818) 375-3096

### Additional Information regarding your care:

#### Adult Immunizations (Flu/TDAP)

Our records indicate that you are currently due / overdue for immunizations. Please call (888) 778-5000 to schedule an appointment with the Nurse Shot Clinic or your primary care provider to bring these immunizations up-to-date.

If you feel that this information is incorrect, please bring your immunization records to your next visit with your Primary Care Provider.

#### Colorectal Cancer Screening

Our records indicate you are due for a Colorectal Cancer Screening.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 12/26/2014  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

Your Primary Care Physician Dr. Schneider would like for you to return your Colorectal Cancer Screening KIT (IFOBT) within a week.

Regular Colorectal Cancer Screening is recommended for all adults; Age 50 - 80 every year.

Everyone should be screened for colon cancer beginning at age 50.

A fecal occult blood test (IFOBT) is one way to screen for colon cancer. If you were given a kit today, or have a kit at home, we encourage you to complete this important test **this week** and mail it back to us or drop it off at one of our labs. Kits are also available at any Kaiser lab.

A tip to make the collection process easier: An alternative way to the process indicated in the kit would be to collect the specimen by obtaining the stool from the toilet tissue after wiping.

**All Flowsheet Data (all recorded)****Encounter Vitals**

Row Name	12/26/14 1040
Enc Vitals	
BP	116/74 -CU
Pulse	100 -CU
Wt (gms)	234 lb 2.1 oz (106.2 kg) -CU
Height	5' 4.65" (1.642 m) -CU

**Exercise Vitals**

Row Name	12/26/14 1041
Exercise Level of Effort	
Days per week of moderate to strenuous exercise (like a brisk walk)	0 -CU
On average, minutes per day of exercise at this level	0 -CU

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

Initials	Name	Effective Dates	Provider Type	Discipline
CU	Urquia, Carmen (M.A.)	12/21/14 - 06/10/15	MEDICAL ASSISTANT	—

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 12/26/2014  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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---

**END OF ENCOUNTER**

---

---

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
12/9/2016

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
12/9/2016 5:56 PM	Schneider, Lawrence (M.D.), M.D.	RADIOLOGY IN PAIN MANAGEMENT		505166748

**Reason for Call/Visit**

ROUTINE MAMMOGRAPHY OUTREACH

**Call Documentation**

**Corona, Adriana at 12/9/2016 5:44 PM**

Status: Signed

Left message to patient to schedule mammogram. Sent letter.

**Progress Notes**

**Corona, Adriana at 12/9/2016 5:44 PM**

Author Type: — Status: Signed

Left message to patient to schedule mammogram. Sent letter.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 12/9/2016**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.



**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

---

**END OF ENCOUNTER**

---

---

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

**Telephone**  
12/9/2016

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
12/9/2016 5:56 PM	Schneider, Lawrence (M.D.), M.D.	RADIOLOGY IN PAIN MANAGEMENT		505166749

**Reason for Call/Visit**

**MAMMOGRAM** BOOKED 12/19/16

**Call Documentation**

No notes of this type exist for this encounter.

**Progress Notes**

No notes of this type exist for this encounter.

**Encounter Messages**

No messages in this encounter

**Diagnoses**

None.

**All Orders and Results**

No orders and results found

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

**Social Documentation as of 12/9/2016**

No social documentation on file.

**Patient Instructions**

No instructions given.

**All Flowsheet Data (all recorded)**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

**Encounter-Level Documents:**

---

There are no encounter-level documents.

**Order-Level Documents:**

---

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

---

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 4 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13652 CANTARA ST Visit date: 12/9/2016  
PANORAMA CITY CA 91402-  
5423  
SCAL HIM ROI AMB LMR

---

---

**END OF ENCOUNTER**

---

---

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/5/2018  
PANORAMA CITY CA 91402-3904  
SCAL HIM ROI AMB LMR

**Office Visit**  
1/5/2018

**Annette L Garner**  
MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
1/5/2018 10:20 AM	Schneider, Lawrence (M.D.), M.D.	INTERNAL MEDICINE	833-574-2273	585039515

**Reason for Call/Visit**

**PHYSICAL EXAM, ANNUAL**  
**ARM PAIN** right arm

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 1/5/2018 10:58 AM

BP	Pulse	Temp	Ht	Wt
129/65	75	97.9 °F (36.6 °C) (Oral)	5' 4" (1.626 m)	216 lb 0.8 oz (98 kg)

Breastfeeding  
No

**Nursing Notes**

**Alcala, Maria I (M.A.), M.A. at 1/5/2018 11:18 AM**

Status: Addendum

Patient verified with two forms of identification

**Filed Vitals:**

01/05/18 1036  
BP: 129/65  
Pulse: 75  
Temp: 97.9 °F (36.6 °C)  
TempSrc: Oral  
Weight: 216 lb 0.8 oz (98 kg)  
Height: 5' 4" (1.626 m)

The patient exercises 300 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

GYN Cancer Brochure given if PAP performed? No

If performing glucose monitoring at home, was meter brought in today? No Pt reminded to bring meter to all doctor visits.

Interpreter questionnaire completed? No

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/5/2018  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

---

**Nursing Notes (continued)****Alcala, Maria I (M.A.), M.A. at 1/5/2018 11:18 AM (continued)**

Intimate Partner Violence Screening: Negative.

If BP out of range was an appointment booked (Thrive/PCP/Nurse)? No

I made a personal connection / reassured patient if needed. Yes

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Mammogram ordered today (staged)

Patient requests Pap Test today, set up for Pap and staged order

Colorectal screening due, iFOBT order staged and kit provided, Patient Instructions for AVS staged

Flu immunization declined

Tdap immunization order staged

Member given Patient Instructions on BMI/Weight Management

Member instructed on KP.ORG registration process

After visit summary given and reviewed with patient

Gave patient tdap on left deltoid, VIS given

**Revision History**

Date/Time	User	Action
> 1/5/2018 11:40 AM	Alcala, Maria I (M.A.), M.A.	Addend
1/5/2018 11:19 AM	Alcala, Maria I (M.A.), M.A.	Sign

**Progress Notes****Schneider, Lawrence (M.D.), M.D. at 1/5/2018 1:25 PM**

Author Type: Physician

Status: Signed

**History:**

Annette L Garner is a 58 year old female

Patient presents with:

PHYSICAL EXAM, ANNUAL

ARM PAIN: right arm

Complains of right shoulder mild lpain

Exam no tenderness , good range of motion

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/5/2018  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)****Schneider, Lawrence (M.D.), M.D. at 1/5/2018 1:25 PM (continued)**

---

Complains of overweight -she wants diet pills -- explained that diet pills are hamfull

Neck supple lungs clear heart regular no murmur

BP 129/65 | Pulse 75 | Temp 97.9 °F (36.6 °C) (Oral) | Ht 1.626 m (5' 4") | Wt 98 kg (216 lb 0.8 oz)  
| Breastfeeding? No | BMI 37.09 kg/m<sup>2</sup>

Z00.00 ROUTINE ADULT HEALTH CHECK UP EXAM

Z12.31 SCREENING MAMMOGRAM FOR BREAST CANCER

Z53.20 DECLINES CERVICAL CANCER SCREENING (PAP SMEAR)

Z12.11 SCREENING FOR COLON CANCER

Z28.20 DECLINES INFLUENZA VACCINATION

Z23 VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS

Z98.84 HX OF GASTRIC BYPASS

Orders Placed This Encounter

XR MAMMOGRAM SCREENING BILATERAL, SEQUENTIAL

(Adacel) VACC Tdap (90715C)

GLOBIN, FECAL(aka IFOBT)

ALT

CALCIUM

CBC NO DIFFERENTIAL

IRON AND TIBC

CREATININE

ELECTROLYTE PANEL (NA, K, CL, CO2)

GLUCOSE

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING

CHOLESTEROL

HDL CHOLESTEROL

LDL CHOLESTEROL, DIRECT

TSH

VITAMIN D, 25-HYDROXY

REFERRAL GI--colonoscopy

LAWRENCE SCHNEIDER MD



**Progress Notes (continued)****Schneider, Lawrence (M.D.), M.D. at 1/5/2018 10:20 AM**

Author Type: Physician

Status: Signed

Vit d letter sent

**Nursing Notes****Alcala, Maria I (M.A.), M.A. at 1/5/2018 11:18 AM**

Status: Addendum

Patient verified with two forms of identification

**Filed Vitals:**

01/05/18 1036  
BP: 129/65  
Pulse: 75  
Temp: 97.9 °F (36.6 °C)  
TempSrc: Oral  
Weight: 216 lb 0.8 oz (98 kg)  
Height: 5' 4" (1.626 m)

The patient exercises 300 minutes per week at a moderate to strenuous level.

Smoking status verified? Yes

GYN Cancer Brochure given if PAP performed? No

If performing glucose monitoring at home, was meter brought in today? No Pt reminded to bring meter to all doctor visits.

Interpreter questionnaire completed? No

Intimate Partner Violence Screening: Negative.

If BP out of range was an appointment booked (Thrive/PCP/Nurse)? No

I made a personal connection / reassured patient if needed. Yes

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions: Mammogram ordered today (staged)

**Nursing Notes (continued)**

**Alcala, Maria I (M.A.), M.A. at 1/5/2018 11:18 AM (continued)**

Patient requests Pap Test today, set up for Pap and staged order  
 Colorectal screening due, iFOBT order staged and kit provided, Patient Instructions for AVS staged  
 Flu immunization declined  
 Tdap immunization order staged  
 Member given Patient Instructions on BMI/Weight Management

Member instructed on KP.ORG registration process

After visit summary given and reviewed with patient

Gave patient tdap on left deltoid, VIS given

Revision History

Date/Time	User	Action
> 1/5/2018 11:40 AM	Alcala, Maria I (M.A.), M.A.	Addend
1/5/2018 11:19 AM	Alcala, Maria I (M.A.), M.A.	Sign

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
ROUTINE ADULT HEALTH CHECK UP EXAM	V70.0	
SCREENING MAMMOGRAM FOR BREAST CANCER	V76.12	
DECLINES CERVICAL CANCER SCREENING (PAP SMEAR)	V64.2	
SCREENING FOR COLON CANCER	V76.51	
DECLINES INFLUENZA VACCINATION	V64.06	
VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS	V06.1	
HX OF GASTRIC BYPASS	V45.86	

**Imaging - All Orders and Results**

**MAMMO BILAT SCREENING SEQUENTIAL W OR WO COMPUTER AIDED DETECTION ANALYSIS [881626442]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Discontinued**  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard Released by: Alcala, Maria I (M.A.), M.A. 01/05/18 1130  
 Frequency: Routine 01/05/18 -  
 Diagnoses  
 SCREENING MAMMOGRAM FOR BREAST CANCER  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Order comments: Reason: Screening Radiologist: Follow Sequential Breast Imaging Orders Policy and Procedures.

**Immunization/Injection - All Orders and Results**

**VACC TDAP (ADACEL) [881626441]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard Released by: Alcala, Maria I (M.A.), M.A. 01/05/18 1130  
 Frequency: Routine 01/05/18 -

**Immunization/Injection - All Orders and Results (continued)**

**VACC TDAP (ADACEL) [881626441] (continued)**

Diagnoses  
 VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Order comments: Adacel 0.5mL, intramuscular (IM)

**Lab - All Orders and Results**

**GLOBIN, FECAL [881626440]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Discontinued**  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard Released by: Alcala, Maria I (M.A.), M.A. 01/05/18 1130  
 Frequency: Routine 01/05/18 -  
 Diagnoses  
 SCREENING FOR COLON CANCER  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Specimen Information

Type	Source	Collected By
—	STOOL	—

**ALT [881626444]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard  
 Frequency: Routine 01/05/18 -  
 Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

ALT [881626444] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
ALT	14	<=54 U/L	—

**CALCIUM [881626445]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard  
 Frequency: Routine 01/05/18 -  
 Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM  
 Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

CALCIUM [881626445] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/5/2018  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)**

**CALCIUM [881626445] (continued)**

Narrative:  
RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
CALCIUM	9.2	8.5 - 10.7 mg/dL	—

**CBC NO DIFFERENTIAL [881626446]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**  
This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
Ordering mode: Standard

Frequency: Routine 01/05/18 -  
Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM  
DECLINES CERVICAL CANCER SCREENING (PAP SMEAR)  
DECLINES INFLUENZA VACCINATION

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

CBC NO DIFFERENTIAL [881626446] (Abnormal) Resulted: 01/05/18 1413, Result status: Final result

Order status: Completed Resulting lab: PANORAMA CITY MEDICAL CENTER LABORATORY

Narrative:  
RMS ACCN: 624494656

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
WBC'S AUTO	4.0	4.0 - 11.0 x1000/mcL	—
RBC, AUTO	4.99	4.20 - 5.40 Mill/mcL	—
HGB	13.6	12.0 - 16.0 g/dL	—
HCT, AUTO	41.8	37.0 - 47.0 %	—
MCV	83.7	81.0 - 99.0 fL	—
MCH	27.3	27.0 - 35.0 pg/cell	—
MCHC	32.6	32.0 - 37.0 g/dL	—
RDW, BLOOD	14.6	11.5 - 14.5 %	<b>H</b>
PLATELETS, AUTOMATED COUNT	204	130 - 400 x1000/mcL	—

**IRON AND TIBC [881626447]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**  
This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
Ordering mode: Standard

Frequency: Routine 01/05/18 -  
Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

**Lab - All Orders and Results (continued)**

**IRON AND TIBC [881626447] (continued)**

IRON AND TIBC [881626447] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
IRON	56	37 - 145 mcg/dL	—
TOTAL IRON BINDING CAPACITY	271	250 - 450 mcg/dL	—
IRON SAT	21	20 - 50 %	—

**CREATININE [881626448]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.  
 Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.  
 Ordering mode: Standard  
 Frequency: Routine 01/05/18 -

Diagnoses  
 ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

CREATININE [881626448] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
CREATININE	0.82	<=1.10 mg/dL	—
GLOMERULAR FILTRATION RATE	91	mL/min/BSA	—

Comment:  
 Estimated GFR (eGFR) is calculated by the CKD-Epi formula using serum creatinine, sex, age and race. Result is normalized to a standard body surface area (BSA, 1.73m<sup>2</sup>). This result is invalid if serum creatinine is not in steady state, if patient is receiving dialysis, or if muscle mass is significantly above or below population norm for age and gender.

-GFR Ranges-  
 GFR >89 Normal (or CKD1\*)  
 60-89 Mildly reduced (CKD2\*)  
 30-59 Moderately reduced (CKD3 if >3mos)  
 15-29 Severely reduced (CKD4 if >3mos)  
 GFR <15 Kidney failure (CKD5 if >3mos)  
 \* GFR >60 is not diagnostic of CKD1 or 2 unless another marker of kidney damage is present (e.g. excessive urine albumin or urine protein on 2 occasions, or renal biopsy or imaging abnormality).

RACE Black — —  
 Kaiser Permanente

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/5/2018  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CREATININE [881626448] (continued)****ELECTROLYTE PANEL (NA, K, CL, CO2) [881626449]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez, Andrew A 01/05/18 1241

ELECTROLYTE PANEL (NA, K, CL, CO2) [881626449] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
SODIUM	143	135 - 145 mEq/L	—
POTASSIUM	4.3	3.5 - 5.0 mEq/L	—
CHLORIDE	106	101 - 111 mEq/L	—
CO2	30	21 - 31 mEq/L	—
ANION GAP (NA - (CL + CO2))	7	3 - 11 mEq/L	—

**GLUCOSE [881626450]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez, Andrew A 01/05/18 1241

GLUCOSE [881626450] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
GLUCOSE, RANDOM	85	70 - 140 mg/dL	—

**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [881626451]**

**Lab - All Orders and Results (continued)**

**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [881626451] (continued)**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [881626451]  
 (Abnormal)

Resulted: 01/05/18 2015, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0958	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
HGBA1C%	5.8	<=5.6 %	<b>H</b>
Comment:			

A repeatable HbA1c > or = 6.5% is diagnostic of diabetes. A single HbA1c > or = 6.5% can also be confirmed by a fasting plasma glucose measurement > 125 mg/dL, a random plasma glucose > or = 200 mg/dL, or a 2 hour oral glucose tolerance test result > or = 200 mg/dL. Patients with HbA1c of 5.7-6.4% are at increased risk for future diabetes.

**CHOLESTEROL [881626452]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

CHOLESTEROL [881626452] (Abnormal)

Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
CHOLESTEROL	214	<=199 mg/dL	<b>H</b>
Comment:	See LabNet for more information.		

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/5/2018  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CHOLESTEROL [881626452] (continued)****HDL CHOLESTEROL [881626453]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

HDL CHOLESTEROL [881626453] Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
HDL	52	>=40 mg/dL	—
Comment: HDL > or = 60 is considered a negative risk factor for coronary artery disease.			

**LDL CHOLESTEROL, DIRECT [881626454]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130 Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

LDL CHOLESTEROL, DIRECT [881626454] (Abnormal) Resulted: 01/05/18 2004, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
LDL	134	<=99 mg/dL	<b>H</b>
Comment:			

DIRECT LDL: For patients having elevated triglyceride levels, i.e. >400 mg/dL, the direct LDL-C result may not represent the patient's LDL-C status upon restoration of triglycerides to lower levels. These patients should not



**Lab - All Orders and Results (continued)**

**LDL CHOLESTEROL, DIRECT [881626454] (continued)**

be assumed to have representative LDL-C levels until triglyceride levels are reduced.

**TSH [881626456]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

TSH [881626456] Resulted: 01/05/18 2011, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494657

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0959	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
TSH	2.48	0.35 - 4.00 mIU/mL	—

**VITAMIN D, 25-HYDROXY [881626457]**

Electronically signed by: **Schneider, Lawrence (M.D.), M.D. on 01/05/18 1130** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Schneider, Lawrence (M.D.), M.D. 01/05/18 1130

Authorized by: Schneider, Lawrence (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 01/05/18 -

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM

Specimen Information

Type	Source	Collected By
—	BLOOD	Perez,Andrew A 01/05/18 1241

VITAMIN D, 25-HYDROXY [881626457] (Abnormal) Resulted: 01/08/18 0946, Result status: Final result

Order status: Completed

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 624494658

Specimen Information

ID	Type	Source	Collected On
C00002201800504 0957	—	BLOOD	01/05/18 1241

Components

Component	Value	Reference Range	Flag
VITAMIN D, 25-HYDROXY, D3	19	ng/mL	—
VITAMIN D, 25-HYDROXY, D2	<4	ng/mL	—
25-HYDROXYVITAMIN D	19	30 - 100 ng/mL	L
Comment:			

There is general consensus (Endocrine Society, Natl Osteoporosis FDN, K\_DOQI)

# KAISER PERMANENTE

PANORAMA CITY MEDICAL Office 3 U  
13640 ROSCOE BLVD  
PANORAMA CITY CA 91402-3904  
SCAL HIM ROI AMB LMR

Garner, Annette L  
MRN: 000007246313, DOB: 11/15/1959, Sex: F  
Visit date: 1/5/2018

## Lab - All Orders and Results (continued)

### VITAMIN D, 25-HYDROXY [881626457] (continued)

that 25-OH Vitamin D measurements > 30 ng/mL are desirable. However, most Americans are deficient by this standard (NHanes III).

Levels <10 ng/mL are consistent with a diagnosis of Rickets/Osteomalacia.

Infants normally produce Vitamin D metabolites that falsely elevate 25-OH Vitamin D measurements. Please order D,25-Hydroxy, Neonatal [82306D] for these patients.

This test was developed and its performance characteristics determined by each applicable laboratory in the Southern California Permanente Medical Group Laboratory System where the test is performed. It has not been cleared or approved by the FDA. Each applicable laboratory is regulated under CLIA as qualified to perform high-complexity testing. This test is used for clinical purposes. It should not be regarded as investigational or for research.

### Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	David Quam, MD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	06/21/17 2320 - 03/28/19 2317
627 - Unknown	PANORAMA CITY MEDICAL CENTER LABORATORY	Andrea Chang M.D.	13652 Cantara Street Panorama City CA 91402	04/04/08 1545 - Present

### Final Spectacle Rx

[Click to see and print Final Spectacle Rx](#)

### Final CL Rx

[Click to see and print Final Contact Lens Rx](#)

[Audit Trail for Eye Care Forms](#)

### Social Documentation as of 1/5/2018

No social documentation on file.

### Patient Instructions

OB GYN  
Building 3, Third Floor, Area 300  
(888) 778 - 5000  
Select option 2 for speak to a Representative and then  
select option 2 again for Specialty Services.

## Your Kaiser Permanente Care Instructions

### Body Mass Index: Care Instructions

### Your Care Instructions

Body mass index (BMI) can help you see if your weight is raising your risk for health problems. It uses a formula to compare how much you weigh with how tall you are.

- A BMI lower than 18.5 is considered underweight.
- A BMI between 18.5 and 24.9 is considered healthy.
- A BMI between 25 and 29.9 is considered overweight. A BMI of 30 or higher is considered obese.

If your BMI is in the normal range, it means that you have a lower risk for weight-related health problems. If your BMI is in the overweight or obese range, you may be at increased risk for weight-related health problems, such as high blood pressure, heart disease, stroke, arthritis or joint pain, and diabetes. If your BMI is in the underweight range, you may be at increased risk for health problems such as fatigue, lower protection (immunity) against illness, muscle loss, bone loss, hair loss, and hormone problems.

BMI is just one measure of your risk for weight-related health problems. You may be at higher risk for health problems if you are not active, you eat an unhealthy diet, or you drink too much alcohol or use tobacco products.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

### **How can you care for yourself at home?**

- Practice healthy eating habits. This includes eating plenty of fruits, vegetables, whole grains, lean protein, and low-fat dairy.
- If your doctor recommends it, get more exercise. Walking is a good choice. Bit by bit, increase the amount you walk every day. Try for at least 30 minutes on most days of the week.
- Do not smoke. Smoking can increase your risk for health problems. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Limit alcohol to 2 drinks a day for men and 1 drink a day for women. Too much alcohol can cause health problems.

### **If you have a BMI higher than 25**

- Your doctor may do other tests to check your risk for weight-related health problems. This may include measuring the distance around your waist. A waist measurement of more than 40 inches in men or 35 inches in women can increase the risk of weight-related health problems.
- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to lose weight and stay healthy, such as changing your diet and getting regular exercise.

### **If you have a BMI lower than 18.5**

- Your doctor may do other tests to check your risk for health problems.

- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to gain or maintain weight and stay healthy, such as getting more healthy foods in your diet and doing exercises to build muscle.

**Where can you learn more?**

Go to <http://www.kp.org>

Enter **S176** in the search box to learn more about "**Body Mass Index: Care Instructions.**"

Current as of: October 13, 2016

Content Version: 11.4

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Gastroenterology  
Building 5, Level 1, Area 120  
(888) 778 - 5000  
Select option 2 for speak to a Representative and then  
select option 2 again for Specialty Services.

**All Flowsheet Data (all recorded)**

**Encounter Vitals**

---

Row Name	01/05/18 1036
Enc Vitals	
BP	129/65 -MA
Pulse	75 -MA
Temp	97.9 °F (36.6 °C) -MA
Temp src	Oral -MA
Wt (gms)	216 lb 0.8 oz (98 kg) [1] -MA
Height	5' 4" (1.626 m) -MA
Pain Score	0 (0-10) -MA

**Custom Formula Data**

---

Row Name	01/05/18 1036
Vitals	
Pct Wt Change	0 % -MA
OTHER	
BSA (System Calculated)	2.1 [2] -MA
Body Mass Index	27.01 [3] -MA

**All Flowsheet Data (all recorded) (continued)**

**Custom Formula Data (continued)**

Row Name 01/05/18 1036  
 Body Mass Index 37 [4] -MA  
 Birth Weight 0 -MA  
 % Change from Birth Weight 980022919.05 [5] -MA  
 Weight change from previous (gm) 0 -MA  
 BSA (Dubois) 2.02 [6] -MA  
 Ideal Body Weight (calculated) 55.27 -MA  
 BSA (Last Ht) 2.1 [7] -MA  
 BMI (Last Ht) 37 [8] -MA  
 Mean Arterial Pressure (MAP) 86 -MA

**Lactation**

Row Name 01/05/18 1055  
 OTHER  
 Breastfeeding Status No -MA

**Exercise Vitals**

Row Name 01/05/18 1053  
 Exercise Level of Effort  
 Days per week of moderate to strenuous exercise (like a brisk walk) 5 -MA  
 On average, minutes per day of exercise at this level 60 -MA

**Audit Information**

Ref #	Row Name	Time Taken	Time Recorded	Value	User
1	Weight	01/05/18 1036	01/05/18 1053	216 lb 0.8 oz (98 kg)	MA
1	Weight	01/05/18 1036	01/05/18 1036	234 lb (106.1 kg)	MA
2	BSA (System Calculated)	01/05/18 1036	01/05/18 1053	2.1	MA
2	BSA (System Calculated)	01/05/18 1036	01/05/18 1036	2.19	MA
3	Body Mass Index	01/05/18 1036	01/05/18 1053	27.01	MA
3	Body Mass Index	01/05/18 1036	01/05/18 1036	29.25	MA
4	Body Mass Index	01/05/18 1036	01/05/18 1053	37	MA
4	Body Mass Index	01/05/18 1036	01/05/18 1036	40	MA
5	% Change from	01/05/18 1036	01/05/18 1053	980022919.05	MA

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
 OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 13640 ROSCOE BLVD Visit date: 1/5/2018  
 PANORAMA CITY CA 91402-  
 3904  
 SCAL HIM ROI AMB LMR

**All Flowsheet Data (all recorded) (continued)****Audit Information (continued)**

Ref #	Row Name	Time Taken	Time Recorded	Value	User
	Birth Weight				
5	% Change from Birth Weight	01/05/18 1036	01/05/18 1036	1061442720	MA
6	BSA (Dubois)	01/05/18 1036	01/05/18 1053	2.02	MA
6	BSA (Dubois)	01/05/18 1036	01/05/18 1036	2.089	MA
7	BSA (Last Ht)	01/05/18 1036	01/05/18 1053	2.1	MA
7	BSA (Last Ht)	01/05/18 1036	01/05/18 1036	2.19	MA
8	BMI (Last Ht)	01/05/18 1036	01/05/18 1053	37	MA
8	BMI (Last Ht)	01/05/18 1036	01/05/18 1036	40	MA

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

Initials	Name	Effective Dates	Provider Type	Discipline
MA	Alcala, Maria I (M.A.), M.A.	12/03/17 - 11/26/18	MEDICAL ASSISTANT	—

**Encounter-Level Documents - 01/05/2018:**

Garner, Annette L (MR # 000007246313)

Page 1 of 4

**After Visit Summary**  
1/5/2018

Annette L Garner  
MRN: 000007246313

**Visit and Patient Information**

**Visit Information**

Date & Time	Provider	Department
1/5/2018 10:20 AM	LAWRENCE SCHNEIDER MD, M.D.	Intpcpc3 M264 264

**Visit Summary**

**Vitals**

BP	Pulse	Temp	Ht	Wt
129/65	75	97.9 °F (36.6 °C) (Oral)	5' 4" (1.626 m)	216 lb 0.8 oz (98 kg)

Breastfeeding?	BMI
No	37.09 kg/m <sup>2</sup>

**BMI and BSA Data**

Body Mass Index: 37.09 kg/m<sup>2</sup>      Body Surface Area: 2.1 m<sup>2</sup>

**Health Problems Reviewed**

PATIENT DECLINES INFLUENZA VACCINATION  
VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS (DTAP)  
HISTORY OF GASTRIC BYPASS

**Patient Instructions**

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Page 1 of 4

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**Encounter-Level Documents - 01/05/2018: (continued)**

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Garner, Annette L (MR # 000007246313)

Page 2 of 4

**Patient Instructions (continued)**

such as fatigue, lower protection (immunity) against illness, muscle loss, bone loss, hair loss, and hormone problems.

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Current as of: October 13, 2016

Content Version: 11.4

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**Encounter-Level Documents - 01/05/2018: (continued)**

Garner, Annette L (MR # 000007246313)

Page 3 of 4

**Patient Instructions (continued)**

Gastroenterology  
Building 5, Level 1, Area 120  
(888) 778 - 5000  
Select option 2 for speak to a Representative and then  
select option 2 again for Specialty Services.

**Allergies**

Reviewed On: 1/5/2018 By: Alcalá, Maria I  
(M.A.), M.A.

**Allergies as of 1/5/2018**

No Known Allergies

**Medications**

**Upcoming Administrations**

None

**Upcoming Administrations**

None

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed  
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

**Orders**

**New Orders**

- Normal Orders This Visit
- ALT [84460 CPT(R)]
- CALCIUM [82310 CPT(R)]
- CBC NO DIFFERENTIAL [85027 CPT(R)]
- CHOLESTEROL [82465 CPT(R)]
- CREATININE [82565 CPT(R)]
- ELECTROLYTE PANEL (NA, K, CL, CO2) [80051 CPT(R)]
- GLOBIN, FECAL [82274 CPT(R)]
- GLUCOSE [82947 CPT(R)]
- HDL CHOLESTEROL [83718 CPT(R)]
- HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [83036 CPT(R)]
- IRON AND TIBC [206483 Custom]
- LDL CHOLESTEROL, DIRECT [83721 CPT(R)]
- MAMMO BILAT SCREENING SEQUENTIAL W OR WO COMPUTER AIDED DETECTION ANALYSIS [77067 CPT(R)]
- REFERRAL GI [200291 Custom]
- TSH [84443 CPT(R)]
- VACC TDAP (ADACEL) [90715 CPT(R)]
- VITAMIN D, 25-HYDROXY [82306 CPT(R)]

**Future Appointments**

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Page 3 of 4

**Encounter-Level Documents - 01/05/2018: (continued)**

Garner, Annette L (MR # 000007246313)

Page 4 of 4

**Future Appointments (continued)**

Date & Time	Provider	Department	Center	Type of Visit
1/5/2018 12:00 PM	RAD PCM BRST KPHC	HOV BREAST DIAGNOSTIC CENTER	PCML	Diagnostic Imaging

**General Information**

**Protect yourself from the flu. Get vaccinated.**

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit [kp.org/flu](http://kp.org/flu) or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at [www.kp.org](http://www.kp.org) to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at [www.kp.org/refill](http://www.kp.org/refill)

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**Order-Level Documents:**

There are no order-level documents.

{\*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }

**Encounter-Level E-Signatures:**

No documentation.

**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/5/2018  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

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**Encounter-Level E-Signatures: (continued)**

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**KAISER PERMANENTE**

PANORAMA CITY MEDICAL Garner, Annette L  
OFFICE 3 U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
13640 ROSCOE BLVD Visit date: 1/5/2018  
PANORAMA CITY CA 91402-  
3904  
SCAL HIM ROI AMB LMR

---

---

**END OF ENCOUNTER**

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**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL OFFICE U  
 25965 S NORMANDIE AVE HARBOR CITY CA 90710-3416  
 SCAL HIM ROI AMB LMR

Garner, Annette L  
 MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 Visit date: 2/10/2019

**Office Visit**  
 2/10/2019

Annette L Garner  
 MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
2/10/2019 12:20 PM	Takata, Jay H (P.A.), P.A.	URGENT CARE CLINIC	800-780-1230	683752554

**Reason for Call/Visit**

**RAPID HEART RATE** x 3 days  
**MOUTH PROBLEM**

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 2/10/2019 1:15 PM

BP <b>141/70 ↑</b> (BP Location: LA-LEFT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult)	Pulse 94	Temp 98.4 °F (36.9 °C) (Oral)	Resp 20	Ht 5' 4" (1.626 m)
Wt 221 lb 9 oz (100.5 kg)	SpO2 96%			

**Progress Notes**

**Takata, Jay H (P.A.), P.A. at 2/10/2019 1:58 PM**

Author Type: PHYSICIAN ASSISTANT (P.A.) Status: Signed

**Past Medical History:**

Diagnosis	Date
• OBESITY, BMI 38-38.9, ADULT	11/28/2014

Chief Complaint:

**Chief Complaint**

Patient presents with

- RAPID HEART RATE  
x 3 days
- MOUTH PROBLEM

HPI: Annette L Garner is a 59 year old female with no cardiac risk factors who feels some palpitations since Friday No thunderclap type headaches, visual complaints, chest pain, shortness of breath, numbness and tingling ,or unusual leg pains or history of blood clots. No one sided weakness or slurred speech Also believes she has a tooth infection on her left upper side

**Progress Notes (continued)**

**Takata, Jay H (P.A.), P.A. at 2/10/2019 1:58 PM (continued)**

No Known Allergies

BP (!) 141/70 (BP Location: LA-LEFT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult) | Pulse 94 | Temp 98.4 °F (36.9 °C) (Oral) | Resp 20 | Ht 5' 4" (1.626 m) | Wt 221 lb 9 oz (100.5 kg) | SpO2 96% | BMI 38.03 kg/m<sup>2</sup> Estimated body mass index is 38.03 kg/m<sup>2</sup> as calculated from the following:  
Height as of this encounter: 5' 4" (1.626 m).  
Weight as of this encounter: 221 lb 9 oz (100.5 kg).

Review of Systems

Constitutional: Negative for fever.  
HENT: Negative.  
Cardiovascular: Positive for palpitations. Negative for chest pain and leg swelling.  
Respiratory: Negative for shortness of breath.  
Gastrointestinal: Negative for heartburn.  
Genitourinary: Negative.  
Endo/Heme/Allergies: Does not bruise/bleed easily.  
Neurological: Negative. Negative for dizziness.

Physical Exam

Constitutional: She is well-developed, well-nourished, and in no distress.  
HENT:  
Head: Normocephalic and atraumatic.  
Eyes: Pupils are equal, round, and reactive to light. Conjunctivae and EOM are normal.  
Neck: Normal range of motion. Neck supple.  
Cardiovascular: Normal rate, regular rhythm and normal heart sounds.  
Pulmonary/Chest: Effort normal and breath sounds normal. No respiratory distress. She has no wheezes. She has no rales.  
Musculoskeletal: Normal range of motion.  
**Negative cyanosis, clubbing or edema**  
**Negative Homan's No palpable cords.**

Neurological: She is alert. Gait normal.  
Skin: Skin is warm and dry.  
Psychiatric: Affect and judgment normal.  
Nursing note and vitals reviewed.

**Lab Results**

Basename	Value	Date/Time
HGA1C	5.8 (H)	01/05/2018 12:41 PM
HGA1C	6.1	01/28/2013 10:55 AM
CR	0.80	02/10/2019 01:36 PM

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-  
3416  
SCAL HIM ROI AMB LMR

---

**Progress Notes (continued)****Takata, Jay H (P.A.), P.A. at 2/10/2019 1:58 PM (continued)**

---

GFR

94

02/10/2019 01:36 PM

**BP Readings from Last 3 Encounters:**

02/10/19 (!) 141/70

01/05/18 129/65

05/26/15 128/73

## Assessment and Plan:

## TOOTHACHE

Note:

Plan: Amoxicillin-Pot Clavulanate (AUGMENTIN) 500-125 mg Oral Tab

## PALPITATIONS

Note: Etiology to be determined ekg showed no acute elevation Labs and chest xray essentially within normal limits other than low potassium Recheck in 2-3 days; Follow up with Cardiology/PCP; Return to ER for worsening symptoms

Plan: CBC W AUTOMATED DIFFERENTIAL

BUN

ELECTROLYTE PANEL (NA, K, CL, CO2)

TROPONIN I

XR CHEST 2 VIEWS

CREATININE

GLUCOSE

## HYPOKALEMIA

Note: Recheck labs in 2 days

Plan: POTASSIUM CHLORIDE 20 MEQ ORAL PACK

ELECTROLYTE PANEL (NA, K, CL, CO2)

**Orders Placed This Encounter**

- XR CHEST 2 VIEWS
- CBC W AUTOMATED DIFFERENTIAL
- BUN
- ELECTROLYTE PANEL (NA, K, CL, CO2)
- TROPONIN I
- CREATININE
- GLUCOSE
- WBC AUTOMATED DIFFERENTIAL
- ELECTROLYTE PANEL (NA, K, CL, CO2)
- ECG, 12 Lead, Back Office, Now

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-3416  
SCAL HIM ROI AMB LMR

**Progress Notes (continued)**

**Takata, Jay H (P.A.), P.A. at 2/10/2019 1:58 PM (continued)**

- Amoxicillin-Pot Clavulanate (AUGMENTIN) 500-125 mg Oral Tab
- Potassium Chloride (K-LOR/KLOR-CON) 20 mEq Oral Pack

All medications discussed in detail and side effect profiles discussed with patient. Patient reports understanding.

Strict ER precautions given to patient.

Call or return to clinic prn if these symptoms worsen or fail to improve as anticipated.

The patient indicates understanding of these issues and agrees with the plan.

F/U with PMD as directed/PRN.

Explained to patient to call and check the results of any lab or imaging ordered in UCC and discuss any abnormal results with PMD ASAP.

Continue follow up for any chronic conditions with PMD as directed.

JAY H TAKATA PA

2/10/2019

6:47 PM

Urgent Care/ Emergency Medicine

Normandie North

South Bay

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
TOOTHACHE	525.9	
PALPITATIONS	785.1	
HYPOKALEMIA	276.8	

**EKG - All Orders and Results**

**EKG 12 OR MORE LEADS W INT & RPT [1026297726]**

Electronically signed by: **Deep, Sharn (L.V.N.), L.V.N. on 02/10/19 1313** Status: **Completed**

Ordering user: Deep, Sharn (L.V.N.), L.V.N. 02/10/19 1313

Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Cosigning events

Electronically cosigned by Takata, Jay H (P.A.), P.A. 02/10/19 1854 for Ordering

Frequency: Routine 02/10/19 -

Diagnoses

PALPITATIONS

Specimen Information

Type	Source	Collected By
—	—	02/10/19 1328



**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-3416  
SCAL HIM ROI AMB LMR

**EKG - All Orders and Results (continued)**

**EKG 12 OR MORE LEADS W INT & RPT [1026297726] (continued)**

EKG 12 OR MORE LEADS W INT & RPT [1026297726] Resulted: 02/26/19 1835, Result status: Final result  
Order status: Completed Resulting lab: SCAL EKG INTERFACE

Specimen Information

ID	Type	Source	Collected On
SD5661590	—	—	02/10/19 1328

Components

Component	Value	Reference Range	Flag
VENTRICULAR RATE	95	BPM	—
ATRIAL RATE	95	BPM	—
PR INTERVAL	188	ms	—
QRS INTERVAL	86	ms	—
QT INTERVAL	360	ms	—
QT CORRECTED	452	ms	—
FRONTAL AXIS: P	58	degrees	—
RIGHT AXIS	3	degrees	—
FRONTAL AXIS:T	23	degrees	—
DIAGNOSIS LINES	--	—	—

Result:

Sinus rhythm with occasional Premature ventricular complexes  
Possible Left atrial enlargement  
Borderline

**Imaging - All Orders and Results**

**XR CHEST 2 VIEWS [1026298084]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1319** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319

Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Frequency: STAT 02/10/19 -

Diagnoses

PALPITATIONS

Questionnaire

Question	Answer
Is the Patient Pregnant?	No

Order comments: Reason: Palpitations

XR CHEST 2 VIEWS [1026298084] Resulted: 02/10/19 1349, Result status: Final result

Order status: Completed Accession number: 85752176

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Is the Patient Pregnant?->No

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	85752176	2/11/2019 3:46 PM	Kim, Alison J (M.D.), M.D.
Signed by Kim, Alison J (M.D.), MEDICAL DOCTOR on 02/11/19 at 1546			

CLINICAL HISTORY: Reason: Palpitations

COMPARISON: Chest radiograph 5/26/2015.

FINDINGS:

Cardiac silhouette and mediastinal contours are within normal

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-  
3416  
SCAL HIM ROI AMB LMR

**Imaging - All Orders and Results (continued)**

**XR CHEST 2 VIEWS [1026298084] (continued)**

limits. No focal airspace opacities are noted. No findings for pleural effusions.

IMPRESSION: No findings for acute airspace disease

This report electronically signed by Alison J Kim, MD on 2/11/2019 3:31 PM

**Lab - All Orders and Results**

**CBC W AUTOMATED DIFFERENTIAL [1026298080]**

Electronically signed by: Takata, Jay H (P.A.), P.A. on 02/10/19 1319 Status: **Completed**

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Frequency: STAT 02/10/19 -

Diagnoses

PALPITATIONS

Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

CBC W AUTOMATED DIFFERENTIAL [1026298080] (Abnormal) Resulted: 02/10/19 1404, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY

Narrative:

RMS ACCN: 652289557

Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

Components

Component	Value	Reference Range	Flag
WBC'S AUTO	5.0	4.0 - 11.0 x1000/mcL	—
RBC, AUTO	4.89	4.20 - 5.40 Mill/mcL	—
HGB	13.2	12.0 - 16.0 g/dL	—
HCT, AUTO	41.5	37.0 - 47.0 %	—
MCV	84.9	81.0 - 99.0 fL	—
MCH	27.0	27.0 - 35.0 pg/cell	—
MCHC	31.8	32.0 - 37.0 g/dL	⚠
RDW, BLOOD	13.8	11.5 - 14.5 %	—
PLATELETS, AUTOMATED COUNT	255	130 - 400 x1000/mcL	—

**BUN [1026298081]**

Electronically signed by: Takata, Jay H (P.A.), P.A. on 02/10/19 1319 Status: **Completed**

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Frequency: STAT 02/10/19 -

Diagnoses

PALPITATIONS

Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
 OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 25965 S NORMANDIE AVE Visit date: 2/10/2019  
 HARBOR CITY CA 90710-3416  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****BUN [1026298081] (continued)**

BUN [1026298081] Resulted: 02/10/19 1422, Result status: Final result  
 Order status: Completed Resulting lab: SOUTH BAY LABORATORY  
 Narrative:  
 RMS ACCN: 652289557

## Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

## Components

Component	Value	Reference Range	Flag
BUN	9	<=18 mg/dL	—

**ELECTROLYTE PANEL (NA, K, CL, CO2) [1026298082]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1319** Status: **Completed**  
 Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.  
 Ordering mode: Standard  
 Frequency: STAT 02/10/19 -  
 Diagnoses  
 PALPITATIONS

## Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

ELECTROLYTE PANEL (NA, K, CL, CO2) [1026298082] (Abnormal) Resulted: 02/10/19 1422, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY  
 Narrative:  
 RMS ACCN: 652289557

## Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

## Components

Component	Value	Reference Range	Flag
SODIUM	137	135 - 145 mEq/L	—
POTASSIUM	3.1	3.5 - 5.0 mEq/L	⚡
CHLORIDE	101	101 - 111 mEq/L	—
CO2	26	21 - 31 mEq/L	—
ANION GAP (NA - (CL + CO2))	10	3 - 11 mEq/L	—

**TROPONIN I [1026298083]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1319** Status: **Completed**  
 Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.  
 Ordering mode: Standard  
 Frequency: STAT 02/10/19 -  
 Diagnoses  
 PALPITATIONS

## Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

TROPONIN I [1026298083] Resulted: 02/10/19 1428, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY  
 Narrative:  
 RMS ACCN: 652289558

## Specimen Information

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Office U  
 25965 S NORMANDIE AVE HARBOR CITY CA 90710-3416  
 SCAL HIM ROI AMB LMR  
 Garner, Annette L  
 MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 Visit date: 2/10/2019

**Lab - All Orders and Results (continued)**

**TROPONIN I [1026298083] (continued)**

ID	Type	Source	Collected On
C00002201904101 6439	—	BLOOD	02/10/19 1336

Components

Component	Value	Reference Range	Flag
TROPONIN I	<0.03	<=0.03 ng/mL	—

Comment:

Normal: <0.04 ng/mL  
 Indeterminate: 0.04-0.50 ng/mL  
 Myocardial injury: >0.50 ng/mL

Troponin values may be elevated in clinical conditions other than acute coronary syndrome.

**CREATININE [1026298085]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1319** Status: **Completed**

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Frequency: STAT 02/10/19 -

Diagnoses

PALPITATIONS

Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

CREATININE [1026298085] Resulted: 02/10/19 1422, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY

Narrative:

RMS ACCN: 652289557

Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

Components

Component	Value	Reference Range	Flag
CREATININE	0.80	<=1.10 mg/dL	—
GLOMERULAR FILTRATION RATE	94	mL/min/BSA	—

Comment:

Estimated GFR (eGFR) is calculated by the CKD-Epi formula using serum creatinine, sex, age and race. Result is normalized to a standard body surface area (BSA, 1.73m<sup>2</sup>). This result is invalid if serum creatinine is not in steady state, if patient is receiving dialysis, or if muscle mass is significantly above or below population norm for age and gender.

-GFR Ranges-

GFR >89 Normal (or CKD1\*)  
 60-89 Mildly reduced (CKD2\*)  
 30-59 Moderately reduced (CKD3 if >3mos)  
 15-29 Severely reduced (CKD4 if >3mos)  
 GFR <15 Kidney failure (CKD5 if >3mos)

\* GFR >60 is not diagnostic of CKD1 or 2 unless another marker of kidney damage is present (e.g. excessive urine albumin or urine protein on 2 occasions, or renal biopsy or imaging abnormality).

RACE Black — —

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
 OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 25965 S NORMANDIE AVE Visit date: 2/10/2019  
 HARBOR CITY CA 90710-3416  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****CREATININE [1026298085] (continued)****GLUCOSE [1026298086]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1319** Status: **Completed**

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1319 Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard  
 Frequency: STAT 02/10/19 -

Diagnoses  
 PALPITATIONS

## Specimen Information

Type	Source	Collected By
—	BLOOD	F278132 02/10/19 1336

GLUCOSE [1026298086] Resulted: 02/10/19 1422, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY

Narrative:  
 RMS ACCN: 652289557

## Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

## Components

Component	Value	Reference Range	Flag
GLUCOSE, RANDOM	100	70 - 140 mg/dL	—

**WBC AUTOMATED DIFFERENTIAL [1026300765]**

Status: **Completed**

Order placed as a reflex to CBC W AUTOMATED DIFFERENTIAL [1026298080] ordered on 02/10/19 at 1319

Ordering user: Interface, Scal\_Lab\_Cerner 02/10/19 1334 Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard  
 Frequency: STAT 02/10/19 1334 -

Diagnoses  
 PALPITATIONS

## Specimen Information

Type	Source	Collected By
—	BLOOD	IBE,ADAORA L 02/10/19 1336

WBC AUTOMATED DIFFERENTIAL [1026300765] Resulted: 02/10/19 1404, Result status: Final result

Order status: Completed Resulting lab: SOUTH BAY LABORATORY

Narrative:  
 RMS ACCN: 652289557

## Specimen Information

ID	Type	Source	Collected On
C00002201904101 6438	—	BLOOD	02/10/19 1336

## Components

Component	Value	Reference Range	Flag
NEUTROPHILS %, AUTOMATED COUNT	60.1	—	—
LYMPHOCYTES %, AUTOMATED COUNT	30.5	—	—
MONOS %, AUTO	8.6	—	—
EOSINOPHILS %, AUTOMATED COUNT	0.2	—	—
BASOPHILS %, AUTOMATED COUNT	0.2	—	—
IMMATURE GRANULOCYTES %, AUTOMATED COUNT	0	—	—
RBC NUCLEATED AUTO COUNT, BLD	0	<=0 %	—
NEUTROPHILS, ABSOLUTE, AUTOMATED COUNT	3.02	1.80 - 7.70 x1000/mcL	—
LYMPHOCYTES, AUTOMATED COUNT	1.53	1.00 - 3.60 x1000/mcL	—
MONOCYTES, AUTOMATED COUNT	0.43	0.10 - 1.00 x1000/mcL	—

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Garner, Annette L  
 OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 25965 S NORMANDIE AVE Visit date: 2/10/2019  
 HARBOR CITY CA 90710-3416  
 SCAL HIM ROI AMB LMR

**Lab - All Orders and Results (continued)****WBC AUTOMATED DIFFERENTIAL [1026300765] (continued)**

EOSINOPHILS, AUTOMATED COUNT	0.01	0.00 - 0.70 x1000/mcL	—
BASOPHILS, AUTOMATED COUNT	0.01	0.00 - 0.20 x1000/mcL	—
IMMATURE GRANULOCYTES, AUTOMATED COUNT	0.02	0.00 - 0.03 x1000/mcL	—

**ELECTROLYTE PANEL (NA, K, CL, CO2) [1026328016]**

Electronically signed by: **Takata, Jay H (P.A.), P.A. on 02/10/19 1759** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Takata, Jay H (P.A.), P.A. 02/10/19 1759

Authorized by: Takata, Jay H (P.A.), P.A.

Ordering mode: Standard

Frequency: STAT 02/10/19 -

Diagnoses

HYPOKALEMIA

**Specimen Information**

Type	Source	Collected By
—	BLOOD	Acosta,Susana 02/18/19 0949

ELECTROLYTE PANEL (NA, K, CL, CO2) [1026328016] Resulted: 02/18/19 1128, Result status: Final result

Order status: Completed

Resulting lab: KFH WEST LA LABORATORY

Narrative:

RMS ACCN: 652823989

**Specimen Information**

ID	Type	Source	Collected On
C00002201904902 1982	—	BLOOD	02/18/19 0949

**Components**

Component	Value	Reference Range	Flag
SODIUM	143	135 - 145 mEq/L	—
POTASSIUM	3.8	3.5 - 5.0 mEq/L	—
CHLORIDE	106	101 - 111 mEq/L	—
CO2	27	21 - 31 mEq/L	—
ANION GAP (NA - (CL + CO2))	10	3 - 11 mEq/L	—

**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
<b>120 - Unknown</b>	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present
<b>121 - Unknown</b>	SCAL EKG INTERFACE	Unknown	Unknown	02/13/04 0000 - Present
<b>321 - 305</b>	KFH WEST LA LABORATORY	Neena Singh, MD	6041 Cadillac Ave. LOS ANGELES CA 90034	05/23/17 0009 - Present
<b>421 - 101</b>	SOUTH BAY LABORATORY	Sony Wirio, M.D.	25825 S. Vermont Ave. HARBOR CITY CA 90710	06/01/12 1306 - Present

**Final Spectacle Rx**

[Click to see and print Final Spectacle Rx](#)

**Final CL Rx**

[Click to see and print Final Contact Lens Rx](#)

[Audit Trail for Eye Care Forms](#)

**Medications the Patient Reported Taking**

**Amoxicillin-Pot Clavulanate (AUGMENTIN) 500-125 mg Oral Tab (Taking/Discontinued)**  
**Potassium Chloride (K-LOR/KLOR-CON) 20 mEq Oral Pack (Taking/Discontinued)**  
**Famotidine (PEPCID) 20 mg Oral Tab (Taking/Expired)**

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**Prescriptions Ordered This Encounter**


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	Disp	Refills	Start	End
<b>Amoxicillin-Pot Clavulanate (AUGMENTIN) 500-125 mg Oral Tab (Discontinued)</b> Sig: Take 1 tablet by mouth 3 times a day for 10 days Class: Fill Now Route: Oral	30	0/0	2/10/2019	10/16/2019
<b>Potassium Chloride (K-LOR/KLOR-CON) 20 mEq Oral Pack (Discontinued)</b> Sig: Mix contents of 1 packet in juice or water and take by mouth 2 times a day. If additional Diuretic is being taken for weight gain greater than 2 pounds in 24 hours, also take 1 additional potassium chloride packet for 2 days. then return to 1 packet by mouth 2 times a day Class: Fill Now Route: Oral	14	0/0	2/10/2019	10/16/2019

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**Social Documentation as of 2/10/2019**


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No social documentation on file.

**Patient Instructions**

## Patient Education

**Your Kaiser Permanente Care Instructions**
**Palpitations: Care Instructions**
**Your Care Instructions**

Heart palpitations are the uncomfortable sensation that your heart is beating fast or irregularly. You might feel pounding or fluttering in your chest. It might feel like your heart is skipping a beat.

Although palpitations may be caused by a heart problem, they also occur because of stress, fatigue, or use of alcohol, caffeine, or nicotine. Many medicines, including diet pills, antihistamines, decongestants, and some herbal products, can cause heart palpitations. Nearly everyone has palpitations from time to time.

Depending on your symptoms, your doctor may need to do more tests to try to find the cause of your palpitations.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

**How can you care for yourself at home?**

- Avoid caffeine, nicotine, and excess alcohol.
- Do not take illegal drugs, such as methamphetamines and cocaine.
- Do not take weight loss or diet medicines unless you talk with your doctor first.
- Get plenty of sleep.
- Do not overeat.
- If you have palpitations again, take deep breaths and try to relax. This may slow a racing heart.
- If you start to feel lightheaded, lie down to avoid injuries that might result if you pass out and fall down.
- Keep a record of your palpitations and bring it to your next doctor's appointment. Write down:
  - ◆ The date and time.
  - ◆ Your pulse. (If your heart is beating fast, it may be hard to count your pulse.)
  - ◆ What you were doing when the palpitations started.
  - ◆ How long the palpitations lasted.
  - ◆ Any other symptoms.
- If an activity causes palpitations, slow down or stop. Talk to your doctor before you do that activity again.
- Take your medicines exactly as prescribed. Call your doctor if you think you are having a problem with your medicine.

**When should you call for help?**

**Call 911** anytime you think you may need emergency care. For example, call if:

- You passed out (lost consciousness).
- You have symptoms of a heart attack. These may include:
  - ◆ Chest pain or pressure, or a strange feeling in the chest.

- ◆ Sweating.
- ◆ Shortness of breath.
- ◆ Pain, pressure, or a strange feeling in the back, neck, jaw, or upper belly or in one or both shoulders or arms.
- ◆ Lightheadedness or sudden weakness.
- ◆ A fast or irregular heartbeat.

After you call 911, the operator may tell you to chew 1 adult-strength or 2 to 4 low-dose aspirin. Wait for an ambulance. Do not try to drive yourself.

- You have symptoms of a stroke. These may include:
  - ◆ Sudden numbness, tingling, weakness, or loss of movement in your face, arm, or leg, especially on only one side of your body.
  - ◆ Sudden vision changes.
  - ◆ Sudden trouble speaking.
  - ◆ Sudden confusion or trouble understanding simple statements.
  - ◆ Sudden problems with walking or balance.
  - ◆ A sudden, severe headache that is different from past headaches.

**Call your doctor now** or seek immediate medical care if:

- You have heart palpitations and:
  - ◆ Are dizzy or lightheaded, or you feel like you may faint.
  - ◆ Have new or increased shortness of breath.

Watch closely for changes in your health, and be sure to contact your doctor if:

- You continue to have heart palpitations.

**Where can you learn more?**

Go to <http://www.kp.org>

Enter **R508** in the search box to learn more about "**Palpitations: Care Instructions.**"

Current as of: December 6, 2017

Content Version: 11.7

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**Follow-up and Disposition**

**All Flowsheet Data (all recorded)**

**Encounter Vitals**

Row Name	02/10/19 1313	02/10/19 1315
Enc Vitals		
BP	(I) 148/87 -SD	(I) 141/70 -SD
Pulse	95 -SD	94 -SD
Resp	20 -SD	—
Temp	98.4 °F (36.9 °C) -SD	—
Temp src	Oral -SD	—
SpO2	96 % -SD	—
Wt (gms)	221 lb 9 oz (100.5 kg) -SD	—
Height	5' 4" (1.626 m) -SD	—
OTHER		
Cuff Size	Large Adult -SD	Large Adult -SD
BP Patient Position	SITTING -SD	SITTING -SD
BP Location	LA-LEFT ARM -SD	LA-LEFT ARM -SD



**All Flowsheet Data (all recorded) (continued)**

**Encounter Vitals (continued)**

**Custom Formula Data**

Row Name 02/10/19 1313 02/10/19 1315

Vitals

Pct Wt Change 0 % -SD —

OTHER

BSA (System Calculated) 2.13 -SD —

Body Mass Index 27.7 -SD —

Body Mass Index 38 -SD —

Birth Weight 0 -SD —

% Change from Birth Weight 1005025225 -SD —

Weight change from previous (gm) 0 -SD —

BSA (Dubois) 2.041 -SD —

Ideal Body Weight (calculated) 55.27 -SD —

BSA (Last Ht) 2.13 -SD —

BMI (Last Ht) 38 -SD —

Mean Arterial Pressure (MAP) 107 -SD 94 -SD

**HEART Score for Major Cardiac Event**

Row Name 02/10/19 1800

HEART Score for Major Cardiac Events

Chest Pain Hx (HEART Score) Slightly Suspicious (0) -JT

ECG (HEART Score) Normal (0) -JT

Risk Factors (HEART Score – optional if Problem List up to date) 1-2 risk factors (+1) -JT

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

Initials	Name	Effective Dates	Provider Type	Discipline
JT	Takata, Jay H (P.A.), P.A.	12/02/18 - 03/07/19	PHYSICIAN ASSISTANT (P.A.)	—
SD	Deep, Sharn (L.V.N.), L.V.N.	12/02/18 - 09/22/19	LICENSED VOCATIONAL NURSE	—

**Encounter-Level Documents - 02/10/2019:**

ANNETTE L. GARNER, MD

Annette L. Garner MRN: 000007246313



2/10/2019 12:20 PM URGENT CARE CLINIC

Instructions from JAY H TAKATA PA, PA.

Read the attached information  
Additional instructions from JAY H TAKATA PA, PA.

Visit Report

You saw JAY H TAKATA PA, PA. on Sunday February 10, 2019. The following issues were addressed:

- TOOTHACHE
- PALPITATIONS

Upcoming Appointments

You currently have no upcoming appointments scheduled.

**Medications**

Prescriptions

Normal Orders This Visit  
BUN [84520 CPT(R)]  
CBC W AUTOMATED DIFFERENTIAL [85025 CPT(R)]  
CREATININE [82565 CPT(R)]  
EKG 12 OR MORE LEADS W INT & RPT [93000 CPT(R)]  
ELECTROLYTE PANEL (NA, K, CL, CO2) [80051 CPT(R)]  
GLUCOSE [82947 CPT(R)]  
TROPONIN I [84484 CPT(R)]  
XR CHEST 2 VIEWS [71046 CPT(R)]

Blood Pressure	BMI
141/70	38.03
Weight	Height
221 lb 9 oz	5' 4"
Temperature (Oral)	Pulse
98.4 °F	94
Respiration	Oxygen Saturation
20	96%

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed  
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 2/10/2019

Reviewed On: 2/10/2019 By: Deep, Sharn (L.V.N.), L.V.N.  
No Known Allergies

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**Encounter-Level Documents - 02/10/2019: (continued)**

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Encounter-Level Documents

Additional instructions from JAY H TAKATA PA, PA.

**Your Kaiser Permanente Care Instructions****Palpitations: Care Instructions****Your Care Instructions**

Heart palpitations are the uncomfortable sensation that your heart is beating fast or irregularly. You might feel pounding or fluttering in your chest. It might feel like your heart is skipping a beat.

Although palpitations may be caused by a heart problem, they also occur because of stress, fatigue, or use of alcohol, caffeine, or nicotine. Many medicines, including diet pills, antihistamines, decongestants, and some herbal products, can cause heart palpitations. Nearly everyone has palpitations from time to time.

Depending on your symptoms, your doctor may need to do more tests to try to find the cause of your palpitations.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

**How can you care for yourself at home?**

- Avoid caffeine, nicotine, and excess alcohol.
- Do not take illegal drugs, such as methamphetamines and cocaine.
- Do not take weight loss or diet medicines unless you talk with your doctor first.
- Get plenty of sleep.
- Do not overeat.
- If you have palpitations again, take deep breaths and try to relax. This may slow a racing heart.
- If you start to feel lightheaded, lie down to avoid injuries that might result if you pass out and fall down.
- Keep a record of your palpitations and bring it to your next doctor's appointment. Write down:
  - The date and time.
  - Your pulse. (If your heart is beating fast, it may be hard to count your pulse.)
  - What you were doing when the palpitations started.
  - How long the palpitations lasted.
  - Any other symptoms.
- If an activity causes palpitations, slow down or stop. Talk to your doctor before you do that activity again.
- Take your medicines exactly as prescribed. Call your doctor if you think you are having a problem with your medicine.

**When should you call for help?**

**Call 911** anytime you think you may need emergency care. For example, call if:

- You passed out (lost consciousness).
  - You have symptoms of a heart attack. These may include:
    - Chest pain or pressure, or a strange feeling in the chest.
    - Sweating.
    - Shortness of breath.
    - Pain, pressure, or a strange feeling in the back, neck, jaw, or upper belly or in one or both shoulders or arms.
    - Lightheadedness or sudden weakness.
    - A fast or irregular heartbeat.
- After you call 911, the operator may tell you to chew 1 adult-strength or 2 to 4 low-dose aspirin. Wait for an ambulance. Do not try to drive yourself.
- You have symptoms of a stroke. These may include:
    - Sudden numbness, tingling, weakness, or loss of movement in your face, arm, or leg, especially on only one side of your body.
    - Sudden vision changes.
    - Sudden trouble speaking.
    - Sudden confusion or trouble understanding simple statements.

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**Encounter-Level Documents - 02/10/2019: (continued)**


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- Sudden problems with walking or balance.
- A sudden, severe headache that is different from past headaches.

**Call your doctor now** or seek immediate medical care if:

- You have heart palpitations and:
  - Are dizzy or lightheaded, or you feel like you may faint.
  - Have new or increased shortness of breath.

Watch closely for changes in your health, and be sure to contact your doctor if:

- You continue to have heart palpitations.

**Where can you learn more?**

Go to <http://www.kp.org>

Enter **R508** in the search box to learn more about "**Palpitations: Care Instructions.**"

Current as of: December 6, 2017

Content Version: 11.7

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## General Information

**Protect yourself from the flu. Get vaccinated.**

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit [kp.org/flu](http://kp.org/flu) or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at [www.kp.org](http://www.kp.org) to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at [www.kp.org/refill](http://www.kp.org/refill)

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**Order-Level Documents:**

There are no order-level documents.

```
{*\EpicData xml <epicdata format="IDMPainter"><DocumentsDone>1</DocumentsDone></epicdata> }
```

---

**Encounter-Level E-Signatures:**

No documentation.

**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Office Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-  
3416  
SCAL HIM ROI AMB LMR

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**Encounter-Level E-Signatures: (continued)**

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**KAISER PERMANENTE**

NORMANDIE NO. MEDICAL Office Garner, Annette L  
OFFICE U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
25965 S NORMANDIE AVE Visit date: 2/10/2019  
HARBOR CITY CA 90710-  
3416  
SCAL HIM ROI AMB LMR

---

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**END OF ENCOUNTER**

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**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
 OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 1550 W MANCHESTER AVE Visit date: 2/18/2019  
 LOS ANGELES CA 90047-  
 5424  
 SCAL HIM ROI AMB LMR

**Office Visit**  
 2/18/2019

**Annette L Garner**  
 MRN: 000007246313

**Visit Information**

Date & Time	Provider	Department	Dept. Phone	Encounter #
2/18/2019 8:30 AM	Pathikonda, Neelam Gopal (D.O.), D.O.	FAMILY PRACTICE ORANGE	833-574-2273	685967058

**Reason for Call/Visit**

**MD MEDICATION REVIEW**  
**HYPERTENSION**  
**PAP SMEAR**  
**VAGINAL ITCHING**

**Call Documentation**

No notes of this type exist for this encounter.

**Vitals**

Most recent update: 2/18/2019 8:34 AM

BP	Pulse	Ht	Wt	SpO2
132/77 (BP Location: LA- LEFT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult)	94	5' 4" (1.626 m)	220 lb 7.4 oz (100 kg)	97%

**Nursing Notes**

**Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 8:35 AM**

Status: Signed

Annette L Garner is a 59 year old female

**PROACTIVE CARE ACTIONS**

Proactive Office Encounter Actions:

- Alcohol Screening Due
- AVS Printing Required
- Colorectal Cancer Screening Due 11/15/2009
- Flu Immunization Due
- KP.org Registration Needed
- Missing Current Exercise Vitals
- Pap Due 05/09/2015
- Update BMI - Take Height AND Weight 02/10/2019
- Update Tobacco use

No outpatient prescriptions have been marked as taking for the 2/18/19 encounter (Office Visit) with Pathikonda, Neelam Gopal (D.O.), D.O..

**BP Readings from Last 3 Encounters:**

02/18/19 132/77

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
 OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 1550 W MANCHESTER AVE Visit date: 2/18/2019  
 LOS ANGELES CA 90047-  
 5424  
 SCAL HIM ROI AMB LMR

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**Nursing Notes (continued)****Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 8:35 AM (continued)**

02/10/19 (!) 141/70  
 01/05/18 129/65

**Pulse Readings from Last 3 Encounters:**

02/18/19 94  
 02/10/19 94  
 01/05/18 75

Last Pap Smear : 4/19/10 (PAP)

Last Mammogram Test: 1/5/18 (MAMMO BILAT SCREENING SEQUENTIAL W OR WO COMPUTER AIDED DETECTION ANALYSIS)

Last Mammogram Test: 12/1/14 (MAMMO LEFT DX SEQUENTIAL W OR WO COMPUTER AIDED DETECTION)

Last Mammogram Test: 12/1/14 (US BREAST DIAGNOSTIC LEFT, SEQUENTIAL.)

Last Mammogram Test: 11/28/14 (MAMMO BILAT SCREENING 2 VIEWS EA BREAST W OR WO COMPUTER AIDED DETECTION ANALYSIS)

**Wt Readings from Last 3 Encounters:**

02/18/19 220 lb 7.4 oz (100 kg)  
 02/10/19 221 lb 9 oz (100.5 kg)  
 01/05/18 216 lb 0.8 oz (98 kg)

CHOL 214 01/05/2018

HDL 52 01/05/2018

LDL 134 01/05/2018

HGBA1C 5.8 01/05/2018

No flowsheet data found.

**Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 9:32 AM**

Status: Signed

Stool kit for cvolorectal screening handed to patient .

After visit summary sheet given to pt, with lab review and instructions. Patient instructed to check in with the receptionist on the first floor prior to going to the lab.

After visit summary sheet given to pt, with pharmacy review and instructions. Patient instructed to



**Nursing Notes (continued)****Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 9:32 AM (continued)**

check in at window 1 in the pharmacy to have the prescription(s) processed and picked up.  
NATIVIDAD S MORA LVN

**Progress Notes****Pathikonda, Neelam Gopal (D.O.), D.O. at 2/26/2019 5:29 PM**

Author Type: PHYSICIAN (D.O.)

Status: Signed

Forwarding to PCP for further management. Patient with history of possible sarcoidosis. Labs normal except elevated CRP.

**Pathikonda, Neelam Gopal (D.O.), D.O. at 2/18/2019 9:07 AM**

Author Type: PHYSICIAN (D.O.)

Status: Signed

PCP: Schneider, Lawrence (M.D.)

Annette L Garner is a 59 year old female

**Chief Complaint**

Patient presents with

- MD MEDICATION REVIEW
- HYPERTENSION
- PAP SMEAR
- VAGINAL ITCHING

**BP Readings from Last 3 Encounters:**

02/18/19 132/77

02/10/19 (!) 141/70

01/05/18 129/65

**Wt Readings from Last 3 Encounters:**

02/18/19 220 lb 7.4 oz (100 kg)

02/10/19 221 lb 9 oz (100.5 kg)

01/05/18 216 lb 0.8 oz (98 kg)

**Outpatient Prescriptions Marked as Taking for the 2/18/19 encounter (Office Visit) with Pathikonda, Neelam Gopal (D.O.), D.O.**

Medication

- Fluconazole (DIFLUCAN) 150 mg Oral Tab
- Hydrocortisone 2.5 % Top Crea

PMH reviewed

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**Progress Notes (continued)****Pathikonda, Neelam Gopal (D.O.), D.O. at 2/18/2019 9:07 AM (continued)**

Additional supporting data:

HGBA1C 5.8 01/05/2018

CREAT 0.80 02/10/2019

GFR 94 02/10/2019

Patient here for UCC recheck. Had low potassium. Went to UCC for palpitations which has since resolved. Still feels "something" in her chest - slight tightness, constant. Resolved currently. Denies shortness of breath, wheezing, dyspnea on exertion. History of interstitial lung disease, ACE levels elevated, declined bronchoscopy.

Also with vaginal itching. Recent antibiotics use. Denies vaginal discharge.

BP 132/77 (BP Location: LA-LEFT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult) | Pulse 94 | Ht 5' 4" (1.626 m) | Wt 220 lb 7.4 oz (100 kg) | SpO2 97% | BMI 37.84 kg/m<sup>2</sup>  
Estimated body mass index is 37.84 kg/m<sup>2</sup> as calculated from the following:

Height as of this encounter: 5' 4" (1.626 m).

Weight as of this encounter: 220 lb 7.4 oz (100 kg).

**Physical Exam**

Constitutional: She is oriented to person, place, and time and well-developed, well-nourished, and in no distress.

HENT:

Head: Normocephalic and atraumatic.

Eyes: EOM are normal.

Neck: Neck supple.

Cardiovascular: Normal rate and regular rhythm.

Pulmonary/Chest: Effort normal and breath sounds normal.

Genitourinary:

Genitourinary Comments: **Annular patches with central clearing and enhanced borders over vulva**

Musculoskeletal: Normal range of motion.

Neurological: She is alert and oriented to person, place, and time.

Skin: Skin is warm and dry.

Nursing note and vitals reviewed.

**Progress Notes (continued)****Pathikonda, Neelam Gopal (D.O.), D.O. at 2/18/2019 9:07 AM (continued)**

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**ASSESSMENT/PLAN:**

VAGINAL PRURITUS (primary encounter diagnosis)  
SCREENING FOR COLON CANCER  
DECLINES INFLUENZA VACCINATION  
SCREENING FOR CERVICAL CANCER  
SCREENING FOR HPV  
INTERSTITIAL LUNG DISEASE  
PREDIABETES  
SCREENING FOR HEPATITIS

**Orders Placed This Encounter**

- HCV ANTIBODY W REFLEX TO VIRAL LOAD AND GENOTYPE
- HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE
- TRICHOMONAS, YEAST, AND CLUE CELLS, WET MOUNT
- GLOBIN, FECAL(aka IFOBT)
- ANGIOTENSIN CONVERTING ENZYME
- CALCIUM
- ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED
- CRP (C-REACTIVE PROTEIN)
- ANA
- REFERRAL HEALTH EDUCATION
- Fluconazole (DIFLUCAN) 150 mg Oral Tab
- Hydrocortisone 2.5 % Top Crea
- GYN CYTOLOGY (PAP)

With previous history of interstitial lung disease, elevated ACE and possible sarcoidosis - no definitive diagnosis because patient declined lung biopsy

Will recheck labs and re-refer to pulmonary if necessary

We had a thorough discussion about important lifestyle modifications that will benefit the patient, the importance of compliance with the treatment plan outlined and the importance of getting all studies completed in a timely manner. The relative risks and benefits of all therapeutic measures were explained and all questions were addressed. The after visit summary was printed and discussed with patient.

No Follow-up on file.

No future appointments.

Electronically signed by:

Kaiser Permanente

**Progress Notes (continued)****Pathikonda, Neelam Gopal (D.O.), D.O. at 2/18/2019 9:07 AM (continued)**NEELAM GOPAL PATHIKONDA DO  
2/18/2019  
9:07 AM**Nursing Notes****Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 8:35 AM**

Status: Signed

Annette L Garner is a 59 year old female

**PROACTIVE CARE ACTIONS****Proactive Office Encounter Actions:**

- Alcohol Screening Due
- AVS Printing Required
- Colorectal Cancer Screening Due 11/15/2009
- Flu Immunization Due
- KP.org Registration Needed
- Missing Current Exercise Vitals
- Pap Due 05/09/2015
- Update BMI - Take Height AND Weight 02/10/2019
- Update Tobacco use

No outpatient prescriptions have been marked as taking for the 2/18/19 encounter (Office Visit) with Pathikonda, Neelam Gopal (D.O.), D.O..

**BP Readings from Last 3 Encounters:**02/18/19 132/77  
02/10/19 (!) 141/70  
01/05/18 129/65**Pulse Readings from Last 3 Encounters:**02/18/19 94  
02/10/19 94  
01/05/18 75

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
 OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 1550 W MANCHESTER AVE Visit date: 2/18/2019  
 LOS ANGELES CA 90047-  
 5424  
 SCAL HIM ROI AMB LMR

**Nursing Notes (continued)****Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 8:35 AM (continued)**

Last Pap Smear : 4/19/10 (PAP)

Last Mammogram Test: 1/5/18 (MAMMO BILAT SCREENING SEQUENTIAL W OR WO COMPUTER AIDED DETECTION ANALYSIS)

Last Mammogram Test: 12/1/14 (MAMMO LEFT DX SEQUENTIAL W OR WO COMPUTER AIDED DETECTION)

Last Mammogram Test: 12/1/14 (US BREAST DIAGNOSTIC LEFT, SEQUENTIAL.)

Last Mammogram Test: 11/28/14 (MAMMO BILAT SCREENING 2 VIEWS EA BREAST W OR WO COMPUTER AIDED DETECTION ANALYSIS)

**Wt Readings from Last 3 Encounters:**

02/18/19 220 lb 7.4 oz (100 kg)

02/10/19 221 lb 9 oz (100.5 kg)

01/05/18 216 lb 0.8 oz (98 kg)

CHOL 214 01/05/2018

HDL 52 01/05/2018

LDL 134 01/05/2018

HGBA1C 5.8 01/05/2018

No flowsheet data found.

**Mora, Natividad S (L.V.N.), L.V.N. at 2/18/2019 9:32 AM**

Status: Signed

Stool kit for cvolorectal screening handed to patient .

After visit summary sheet given to pt, with lab review and instructions. Patient instructed to check in with the receptionist on the first floor prior to going to the lab.

After visit summary sheet given to pt, with pharmacy review and instructions. Patient instructed to check in at window 1 in the pharmacy to have the prescription(s) processed and picked up.

NATIVIDAD S MORA LVN

**Encounter Messages**

No messages in this encounter

**Diagnoses**

	Codes	Comments
VAGINAL PRURITUS - Primary	698.1	
SCREENING FOR COLON CANCER	V76.51	

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**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
 OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
 1550 W MANCHESTER AVE Visit date: 2/18/2019  
 LOS ANGELES CA 90047-5424  
 SCAL HIM ROI AMB LMR

**Diagnoses (continued)**

	Codes	Comments
DECLINES INFLUENZA VACCINATION	V64.06	
SCREENING FOR CERVICAL CANCER	V76.2	
SCREENING FOR HPV	V73.81	
INTERSTITIAL LUNG DISEASE	515	
PREDIABETES	790.29	
SCREENING FOR HEPATITIS	V73.89	

**Cytology - All Orders and Results**

**GYN CYTOLOGY [1029584779]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0918** Status: **Completed**  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard Released by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918  
 Frequency: Routine 02/18/19 -  
 Diagnoses  
 SCREENING FOR CERVICAL CANCER  
 Questionnaire

Question	Answer
Source of Specimen?	CERVICAL LBP CO-TEST AGE >29
Last Menstrual Period (LMP)?	13 yrs ago
Birth Control	NONE/OTHER
Previous History	NORMAL

Order comments: For age <21, routine screening is not recommended.

**Specimen Information**

Type	Source	Collected By
—	—	02/18/19 0918

**GYN CYTOLOGY [1029584779]**

Resulted: 02/25/19 1100, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

**Specimen Information**

ID	Type	Source	Collected On
WLAG19002895	—	—	02/18/19 0918

**Components**

Component	Value	Reference Range	Flag
REPORT	--	—	—

Result:

Facility: MANCHESTER MEDICAL OFFICES  
 Provider: NEELAM GOPAL PATHIKONDA D.O.  
 Case #: WLAG19-2895

**FINAL CYTOLOGIC INTERPRETATION**

CERVIX, LIQUID BASED PAP TEST:  
 - NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY (Normal Pap Result)

**ADEQUACY:**

Satisfactory for evaluation.  
 Endocervical/transformation zone component present.

Case signed out by: Cathy Kirkwood, CT (ASCP)  
 Date of diagnosis: 02/25/19  
 Interpretation Performed at:  
 SCPMG Regional Reference Laboratories, Anatomic Pathology - Sherman Way

COLLECTED: 2/18/2019  
 RECEIVED: 2/19/2019

FEE CODE(S):  
 A. 88175 PAP, LBP GS and Rescreen-88175 x 1

**Cytology - All Orders and Results (continued)**

**GYN CYTOLOGY [1029584779] (continued)**

**EDUCATIONAL NOTE:**

Cervical cytology is a screening test primarily for squamous cancers and precursors and has associated false-negative and false-positive results. Adherence to screening guidelines and follow-up of unexplained clinical signs and symptoms are recommended to minimize false negative results.

**GYN METHODOLOGY:**

GYN review used the SurePath Guided Screening process plus cytotechnologist review.

SCPMG Regional Reference Laboratories, Anatomic Pathology - Sherman Way, 11668 Sherman Way, North Hollywood, CA 91605  
 CLIA Director: Gary A. Gochman, M.D.

**Lab - All Orders and Results**

**CHLAMYDIA + GC, SWAB, AMPLIFIED PROBE [1029584781]**

Electronically signed by: **Mora, Natividad S (L.V.N.), L.V.N. on 02/18/19 0835** Status: **Cancel Pend**  
 Ordering user: Mora, Natividad S (L.V.N.), L.V.N. 02/18/19 0835 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Frequency: Routine 02/18/19 - Pended by: Mora, Natividad S (L.V.N.), L.V.N. 02/18/19 0835  
 Canceled by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918

**HCV ANTIBODY W REFLEX TO VIRAL LOAD AND GENOTYPE [1029584778]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0918** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard Released by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918  
 Frequency: Routine 02/18/19 -  
 Diagnoses

**SCREENING FOR HEPATITIS**

**Specimen Information**

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

HCV ANTIBODY W REFLEX TO VIRAL LOAD AND GENOTYPE [1029584778] Resulted: 02/18/19 2158, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 652823991

**Specimen Information**

ID	Type	Source	Collected On
C00002201904902 1994	—	BLOOD	02/18/19 0949

**Components**

Component	Value	Reference Range	Flag
HEPATITIS C VIRUS AB,SER,QL Comment:	Nonreactive	Nonreactive	—

Please see below for interpretive criteria:  
 NON-REACTIVE: Antibodies to HCV not detected; if recent exposure to Hepatitis C suspected within the last month consider ordering HCV Viral Load with Reflex to Genotype [87522N]  
 EQUIVOCAL: Antibodies to HCV may or may not be present; another specimen should be obtained from the patient for further testing  
 REACTIVE: Presumptive evidence of antibodies to HCV; order HCV Viral Load Screen with Reflex to Genotype [87522N]

**Lab - All Orders and Results (continued)**

**HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1029584780]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0918** Status: **Completed**  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard  
 Frequency: Routine 02/18/19 - Released by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918  
 Diagnoses  
 SCREENING FOR HPV

Specimen Information

Type	Source	Collected By
—	CERVIX	Medical Doctor,Collect 02/18/19 1730

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1029584780]

Resulted: 02/20/19 0651, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 652878067

Specimen Information

ID	Type	Source	Collected On
C00002201904907 1431	—	CERVIX	02/18/19 1730

Components

Component	Value	Reference Range	Flag
HPV 16 DNA, CERVIX, PCR	Negative	Negative	—
HPV 18 DNA, CERVIX, PCR	Negative	Negative	—
HPV, OTHER HIGH RISK, CERVIX, PCR	Negative	Negative	—

Other High Risk HPV DNA genotypes include the following: 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68.

A negative result does not preclude the presence of HPV infection because results depend on adequate specimen collection, absence of inhibitors and sufficient DNA to be detected.

**TRICHOMONAS, YEAST, AND CLUE CELLS, WET MOUNT [1029584782]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0918** Status: **Completed**  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard  
 Frequency: Routine 02/18/19 - Released by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918  
 Diagnoses  
 VAGINAL PRURITUS

Specimen Information

Type	Source	Collected By
—	VAGINA	Medical Doctor,Collect 02/18/19 0840

TRICHOMONAS, YEAST, AND CLUE CELLS, WET MOUNT [1029584782] (Abnormal)

Resulted: 02/18/19 1815, Result status: Final result

Order status: Completed Resulting lab: KFH WEST LA LABORATORY  
 Narrative:  
 RMS ACCN: 652878066

Specimen Information

ID	Type	Source	Collected On
C00002201904907 1430	—	VAGINA	02/18/19 0840

Components

Component	Value	Reference Range	Flag
WBC,GENITAL, WET PREPARATION	Rare	None Seen	A
YEAST, GENITAL, WET PREPARATION	None Seen	None Seen	—
TRICHOMONAS VAGINALIS, GENITAL, WET PREPARATION	None Seen	None Seen	—



**Lab - All Orders and Results (continued)**

**TRICHOMONAS, YEAST, AND CLUE CELLS, WET MOUNT [1029584782] (continued)**

CLUE CELLS, WET PREPARATION	None Seen	None Seen	—
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**GLOBIN, FECAL [1029588746]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0918** Status: **Discontinued**  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard  
 Frequency: Routine 02/18/19 - Released by: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0918  
 Discontinued by: Interface, Scal\_Lab 08/23/19 1847 [Other (Pt. did not present for lab)]  
 Diagnoses  
 SCREENING FOR COLON CANCER  
 Specimen Information

Type	Source	Collected By
—	STOOL	—

**ANGIOTENSIN CONVERTING ENZYME [1029631874]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0927** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0927 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard  
 Frequency: Routine 02/18/19 -  
 Diagnoses  
 INTERSTITIAL LUNG DISEASE  
 Specimen Information

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

ANGIOTENSIN CONVERTING ENZYME [1029631874] Resulted: 02/18/19 2145, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 652823991

Specimen Information

ID	Type	Source	Collected On
C00002201904902 1993	—	BLOOD	02/18/19 0949

Components

Component	Value	Reference Range	Flag
ANGIOTENSIN CONVERTING ENZYME, SER/PLAS	38	8 - 52 U/L	—

**CALCIUM [1029631875]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0927** Status: **Completed**  
 This order may be acted on in another encounter.  
 Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0927 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.  
 Ordering mode: Standard  
 Frequency: Routine 02/18/19 -  
 Diagnoses  
 INTERSTITIAL LUNG DISEASE  
 Specimen Information

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

CALCIUM [1029631875] Resulted: 02/18/19 2145, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY  
 Narrative:  
 RMS ACCN: 652823991

Specimen Information

ID	Type	Source	Collected On
----	------	--------	--------------

**Lab - All Orders and Results (continued)**

**CALCIUM [1029631875] (continued)**

C00002201904902 — BLOOD 02/18/19 0949  
 1993

Components

Component	Value	Reference Range	Flag
CALCIUM	10.0	8.5 - 10.7 mg/dL	—

**ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [1029631876]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0927** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0927 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 02/18/19 -

Diagnoses

INTERSTITIAL LUNG DISEASE

Specimen Information

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [1029631876] Resulted: 02/18/19 1143, Result status: Final result

Order status: Completed Resulting lab: KFH WEST LA LABORATORY

Narrative:

RMS ACCN: 652823990

Specimen Information

ID	Type	Source	Collected On
C00002201904902 1993	—	BLOOD	02/18/19 0949

Components

Component	Value	Reference Range	Flag
ESR	26	0 - 30 mm/Hr	—

**CRP (C-REACTIVE PROTEIN) [1029631877]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0927** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0927 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 02/18/19 -

Diagnoses

INTERSTITIAL LUNG DISEASE

Specimen Information

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

CRP (C-REACTIVE PROTEIN) [1029631877] (Abnormal) Resulted: 02/18/19 2145, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 652823991

Specimen Information

ID	Type	Source	Collected On
C00002201904902 1993	—	BLOOD	02/18/19 0949

Components

Component	Value	Reference Range	Flag
C-REACTIVE PROTEIN	9.5	<=7.4 mg/L	H

Comment: Newborns with no evidence of infection have CRP concentrations <1 mg/L.

**Lab - All Orders and Results (continued)**

**CRP (C-REACTIVE PROTEIN) [1029631877] (continued)**

**ANA [1029631878]**

Electronically signed by: **Pathikonda, Neelam Gopal (D.O.), D.O. on 02/18/19 0927** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Pathikonda, Neelam Gopal (D.O.), D.O. 02/18/19 0927 Authorized by: Pathikonda, Neelam Gopal (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 02/18/19 -

Diagnoses

INTERSTITIAL LUNG DISEASE

Specimen Information

Type	Source	Collected By
—	BLOOD	D682512 02/18/19 0949

ANA [1029631878] Resulted: 02/19/19 1446, Result status: Final result

Order status: Completed Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 652823991

Specimen Information

ID	Type	Source	Collected On
C00002201904902 1995	—	BLOOD	02/18/19 0949

Components

Component	Value	Reference Range	Flag
ANA, TITER, IF Comment:	< 1:80	—	—

In the majority of patients a positive result does not indicate disease. However, ANA is usually positive in patients with SLE and may be positive in a number of conditions some of which include: rheumatoid arthritis (seropositive or seronegative), thyroid disease, autoimmune or viral hepatitis, drug-induced lupus (procainamide, hydralazine, other drugs) and other rheumatological disease, e.g. scleroderma, polymyositis, etc. Once positive, repeating this test is not helpful, and it cannot be used to monitor SLE activity. Generally not useful for patients with a single painful joint or a pattern suggesting osteoarthritis, or nonspecific arthralgias or myalgias. Studies of normal populations indicate that false positive tests may occur as follows:

- 1:80 = 13%
- 1:160 = 5%
- 1:320 = 3%

**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
<b>240 - 956</b>	SHERMAN WAY REGIONAL LABORATORY	David Quam, MD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	06/21/17 2320 - 03/28/19 2317
<b>321 - 305</b>	KFH WEST LA LABORATORY	Neena Singh, MD	6041 Cadillac Ave. LOS ANGELES CA 90034	05/23/17 0009 - Present

**Final Spectacle Rx**

Click to see and print Final Spectacle Rx

**Final CL Rx**

Click to see and print Final Contact Lens Rx

Audit Trail for Eye Care Forms

### Medications the Patient Reported Taking

Fluconazole (DIFLUCAN) 150 mg Oral Tab (Taking/Expired)  
 Hydrocortisone 2.5 % Top Crea (Taking/Discontinued)  
 Amoxicillin-Pot Clavulanate (AUGMENTIN) 500-125 mg Oral Tab (Taking/Discontinued)  
 Potassium Chloride (K-LOR/KLOR-CON) 20 mEq Oral Pack (Taking/Discontinued)  
 Famotidine (PEPCID) 20 mg Oral Tab (Taking/Expired)

### Prescriptions Ordered This Encounter

	Disp	Refills	Start	End
Fluconazole (DIFLUCAN) 150 mg Oral Tab Sig: 1 TAB PO IN A SINGLE DOSE NOW Class: Fill Now Route: Oral	1	0/0	2/18/2019	3/20/2019
Hydrocortisone 2.5 % Top Crea (Discontinued) Sig: MIX TOGETHER with equal amount of Over-The-Counter Clotrimazole 1 % cream AND APPLY TO AFFECTED AREA(S) TWICE DAILY Class: Fill Now Route: Topical	56.7	0/0	2/18/2019	10/16/2019

### Social Documentation as of 2/18/2019

No social documentation on file.

### Patient Instructions

Patient Education

## Your Kaiser Permanente Care Instructions

### Pap Test: Care Instructions

#### Your Care Instructions

The Pap test (also called a Pap smear) is a screening test for cancer of the cervix, which is the lower part of the uterus that opens into the vagina. The test can help your doctor find early changes in the cells that could lead to cancer.

The sample of cells taken during your test has been sent to a lab so that an expert can look at the cells. It usually takes a week or two to get the results back.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

#### What do the results mean?

- A normal result means that the test did not find any abnormal cells in the sample.
- An abnormal result can mean many things. Most of these are not cancer. The results of your test may be abnormal because:
  - ◆ You have an infection of the vagina or cervix, such as a yeast infection.
  - ◆ You have an IUD (intrauterine device for birth control).
  - ◆ You have low estrogen levels after menopause that are causing the cells to change.
  - ◆ You have cell changes that may be a sign of precancer or cancer. The results are ranked based on how serious the changes might be.

There are many other reasons why you might not get a normal result. If the results were abnormal, you may need to get another test within a few weeks or months. If the results show changes that could be a sign of cancer, you may need a test called a colposcopy, which provides a more complete view of the cervix.

Sometimes the lab cannot use the sample because it does not contain enough cells or was not preserved well. If so, you may need to have the test again. This is not common, but it does happen from time to time.

### **When should you call for help?**

Watch closely for changes in your health, and be sure to contact your doctor if:

- You have vaginal bleeding or pain for more than 2 days after the test. It is normal to have a small amount of bleeding for a day or two after the test.

### **Where can you learn more?**

Go to <http://www.kp.org>

Enter **U972** in the search box to learn more about "**Pap Test: Care Instructions.**"

Current as of: May 12, 2017

Content Version: 11.7

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Patient Education

## **Your Kaiser Permanente Care Instructions**

### **Influenza (Flu) Vaccine: Care Instructions**

#### **Your Care Instructions**

Influenza (flu) is an infection in the lungs and breathing passages. It is caused by the influenza virus. There are different strains, or types, of the flu virus every year. The flu comes on quickly. It can cause a cough, stuffy nose, fever, chills, tiredness, and aches and pains. These symptoms may last up to 10 days. The flu can make you feel very sick, but most of the time it doesn't lead to other problems. But it can cause serious problems in people who are older or who have a long-term illness, such as heart disease or diabetes.

You can help prevent the flu by getting a flu vaccine every year, as soon as it is available. You cannot get the flu from the vaccine. The vaccine prevents most cases of the flu. But even when the vaccine doesn't prevent the flu, it can make symptoms less severe and reduce the chance of problems from the flu.

Sometimes, young children and people who have an immune system problem may have a slight fever or muscle aches or pains 6 to 12 hours after getting the shot. These symptoms usually last 1 or 2 days.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

### **Who should get the flu vaccine?**

Everyone age 6 months or older should get a flu vaccine each year. It lowers the chance of getting and spreading the flu. The vaccine is very important for people who are at high risk for getting other health problems from the flu. This includes:

- Anyone 50 years of age or older.
- People who live in a long-term care center, such as a nursing home.
- All children 6 months through 18 years of age.
- Adults and children 6 months and older who have long-term heart or lung problems, such as asthma.
- Adults and children 6 months and older who needed medical care or were in a hospital during the past year because of diabetes, chronic kidney disease, or a weak immune system (including HIV or AIDS).
- Women who will be pregnant during the flu season.
- People who have any condition that can make it hard to breathe or swallow (such as a brain injury or muscle disorders).
- People who can give the flu to others who are at high risk for problems from the flu. This includes all health care workers and close contacts of people age 65 or older.

### **Who should not get the flu vaccine?**

The person who gives the vaccine may tell you not to get it if you:

- Have a severe allergy to eggs or any part of the vaccine.
- Have had a severe reaction to a flu vaccine in the past.
- Have had Guillain-Barré syndrome (GBS).
- Are sick with a fever. (Get the vaccine when symptoms are gone.)

### **How can you care for yourself at home?**

- If you or your child has a sore arm or a slight fever after the shot, take an over-the-counter pain medicine, such as acetaminophen (Tylenol) or ibuprofen (Advil, Motrin). Read and follow all instructions on the label. Do not give aspirin to anyone younger than 20. It has been linked to Reye syndrome, a serious illness.
- Do not take two or more pain medicines at the same time unless the doctor told you to. Many pain medicines have acetaminophen, which is Tylenol. Too much acetaminophen (Tylenol) can be harmful.

### **When should you call for help?**

**Call 911** anytime you think you may need emergency care. For example, call if after getting the flu vaccine:

- You have symptoms of a severe reaction to the flu vaccine. Symptoms of a severe reaction may include:
  - ◆ Severe difficulty breathing.
  - ◆ Sudden raised, red areas (hives) all over your body.
  - ◆ Severe lightheadedness.

**Call your doctor now** or seek immediate medical care if after getting the flu vaccine:

- You think you are having a reaction to the flu vaccine, such as a new fever.

Watch closely for changes in your health, and be sure to contact your doctor if you have any problems.

## Where can you learn more?

Go to <http://www.kp.org>

Enter **N880** in the search box to learn more about "**Influenza (Flu) Vaccine: Care Instructions.**"

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Patient Education

## Your Kaiser Permanente Care Instructions

### Body Mass Index: Care Instructions

#### Your Care Instructions

Body mass index (BMI) can help you see if your weight is raising your risk for health problems. It uses a formula to compare how much you weigh with how tall you are.

- A BMI lower than 18.5 is considered underweight.
- A BMI between 18.5 and 24.9 is considered healthy.
- A BMI between 25 and 29.9 is considered overweight. A BMI of 30 or higher is considered obese.

If your BMI is in the normal range, it means that you have a lower risk for weight-related health problems. If your BMI is in the overweight or obese range, you may be at increased risk for weight-related health problems, such as high blood pressure, heart disease, stroke, arthritis or joint pain, and

diabetes. If your BMI is in the underweight range, you may be at increased risk for health problems such as fatigue, lower protection (immunity) against illness, muscle loss, bone loss, hair loss, and hormone problems.

BMI is just one measure of your risk for weight-related health problems. You may be at higher risk for health problems if you are not active, you eat an unhealthy diet, or you drink too much alcohol or use tobacco products.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

### **How can you care for yourself at home?**

- Practice healthy eating habits. This includes eating plenty of fruits, vegetables, whole grains, lean protein, and low-fat dairy.
- If your doctor recommends it, get more exercise. Walking is a good choice. Bit by bit, increase the amount you walk every day. Try for at least 30 minutes on most days of the week.
- Do not smoke. Smoking can increase your risk for health problems. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Limit alcohol to 2 drinks a day for men and 1 drink a day for women. Too much alcohol can cause health problems.

### **If you have a BMI higher than 25**

- Your doctor may do other tests to check your risk for weight-related health problems. This may include measuring the distance around your waist. A waist measurement of more than 40 inches in men or 35 inches in women can increase the risk of weight-related health problems.
- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to lose weight and stay healthy, such as changing your diet and getting regular exercise.

### **If you have a BMI lower than 18.5**

- Your doctor may do other tests to check your risk for health problems.
- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to gain or maintain weight and stay healthy, such as getting more healthy foods in your diet and doing exercises to build muscle.

### **Where can you learn more?**

Go to <http://www.kp.org>

Enter **S176** in the search box to learn more about "**Body Mass Index: Care Instructions.**"

Current as of: October 9, 2017

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Patient Education

## Your Kaiser Permanente Care Instructions

### Sarcoidosis: Care Instructions

#### Your Care Instructions

Sarcoidosis (say "sar-koy-DOH-sus") is a rare disease that causes tiny lumps of cells throughout the body called granulomas. These lumps are too small to see or feel. They can form anywhere on the inside or outside of the body and can cause permanent scar tissue. They often form in the lungs, lymph nodes, liver, skin, or eyes. Sarcoidosis may affect how an organ works. For instance, if it is in the lungs, you may be short of breath.

For most people, sarcoidosis is a long-term disease that lasts several years or a lifetime. But some cases go away in a few months. Experts have no way of knowing how it will affect you. For some people, the disease may cause no symptoms at all. For others, symptoms may include fever, body aches, swollen lymph glands, shortness of breath, painful joints, and numbness. It may lead to lung or heart problems. Sometimes sarcoidosis can cause high calcium levels in the blood.

Sarcoidosis occurs most often in young and middle-aged adults. Although the cause is not known, the disease does not spread from person to person.

Different types of sarcoidosis have different treatments. Sarcoidosis may require long-term treatment (lasting months to years) with corticosteroids and other medicines, especially if it causes symptoms. You may also need regular tests.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

#### How can you care for yourself at home?

- Take your medicines exactly as prescribed. Call your doctor if you think you are having a problem with your medicine.
- Do not smoke. Smoking can make sarcoidosis worse. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Avoid dust, smoke, and fumes. They can harm your lungs.
- Drink plenty of fluids, enough so that your urine is light yellow or clear like water. If you have kidney, heart, or liver disease and have to limit fluids, talk with your doctor before you increase the amount of fluids you drink.

- 
- If your doctor recommends it, get more exercise. Walking is a good choice. Bit by bit, increase the amount you walk every day. Try for at least 30 minutes on most days of the week. You also may want to swim, bike, or do other activities.

### **When should you call for help?**

**Call 911** anytime you think you may need emergency care. For example, call if:

- You have severe trouble breathing.
- You passed out (lost consciousness).

**Call your doctor now** or seek immediate medical care if:

- You have changes in your vision.
- You are very tired, get confused, or urinate a lot.
- Your symptoms do not get better, or they get worse.

Watch closely for changes in your health, and be sure to contact your doctor if you have any problems.

### **Where can you learn more?**

Go to <http://www.kp.org>

Enter **H756** in the search box to learn more about "**Sarcoidosis: Care Instructions.**"

Current as of: December 6, 2017

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### **AFTER VISIT SUMMARY**

#### **THANK YOU FOR VISITING SOUTH LOS ANGELES MEDICAL OFFICES!**

FAMILY PRACTICE Department. We hope that you had a pleasant visit.

Excellent Service is our commitment. Our staff is dedicated to being **helpful**, **courteous**, and showing **concern** for you.

NATIVIDAD S MORA LVN

**(nurse)**

**All Flowsheet Data (all recorded)**

**Encounter Vitals**

Row Name 02/18/19 0821

Enc Vitals

BP 132/77 -NM  
 Pulse 94 -NM  
 SpO2 97 % -NM  
 Wt (gms) 220 lb 7.4 oz (100 kg)  
 -NM  
 Height 5' 4" (1.626 m) -NM

**OTHER**

Cuff Size Large Adult -NM  
 BP Patient SITTING -NM  
 Position  
 BP Location LA-LEFT ARM -NM

**Custom Formula Data**

Row Name 02/18/19 0821

**OTHER**

Ideal Body Weight (calculated) 55.27 -NM  
 BSA (System Calculated) 2.12 -NM  
 Body Mass Index 27.56 -NM  
 Body Mass Index 38 -NM  
 Birth Weight 0 -NM  
 % Change from Birth Weight 1000024196.8 -NM  
 Weight change from previous (gm) 0 -NM  
 BSA (Dubois) 2.037 -NM  
 BSA (Last Ht) 2.12 -NM  
 BMI (Last Ht) 38 -NM  
 Mean Arterial Pressure (MAP) 95 -NM

**Vitals**

Pct Wt Change 0 % -NM

**Exercise Vitals**

Row Name 02/18/19 0835

**Exercise Level of Effort**

Days per week of moderate to strenuous exercise (like a brisk walk) 0 -NM

**KAISER PERMANENTE**

SOUTH LOS ANGELES MED Garner, Annette L  
OFFICES U MRN: 000007246313, DOB: 11/15/1959, Sex: F  
1550 W MANCHESTER AVE Visit date: 2/18/2019  
LOS ANGELES CA 90047-  
5424  
SCAL HIM ROI AMB LMR

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**All Flowsheet Data (all recorded) (continued)**

**Exercise Vitals (continued)**

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Row Name 02/18/19 0835  
On average, 0 -NM  
minutes per  
day of  
exercise at  
this level

**User Key**

(r) = Recorded By, (t) = Taken By, (c) = Cosigned By

---

Initials	Name	Effective Dates	Provider Type	Discipline
NM	Mora, Natividad S (L.V.N.), L.V.N.	12/02/18 - 12/07/19	LICENSED VOCATIONAL NURSE	—

Encounter-Level Documents - 02/18/2019:

NEELAM GOPAL PATHIKONDA

Annette L. Garner MRN: 000007246313



2/18/2019 8:30 AM FAMILY PRACTICE ORANGE

Instructions from NEELAM GOPAL PATHIKONDA DO, D.O.

Your personalized instructions can be found at the end of this document.



Read the attached information  
Additional instructions from NEELAM GOPAL PATHIKONDA DO, D.O.

Upcoming Appointments

You currently have no upcoming appointments scheduled.

Medications

Fluconazole (DIFLUCAN)

150 mg Oral Tab  
Hydrocortisone 2.5 % Top Crea

Visit Medication List

Patient

reported, restarted, and new medications relevant to this visit. This may not reflect all medications the patient is taking.

Fluconazole (DIFLUCAN) 150 mg Oral Tab (Taking)	Dosage 1 TAB PO IN A SINGLE DOSE NOW
Hydrocortisone 2.5 % Top Crea (Taking)	MIX TOGETHER with equal amount of Over-The-Counter Clotrimazole 1 % cream AND APPLY TO AFFECTED AREA(S) TWICE DAILY

Lab Orders

- Normal Orders This Visit
- ANA [86038 CPT(R)]
- ANGIOTENSIN CONVERTING ENZYME [82164 CPT(R)]
- CALCIUM [82310 CPT(R)]
- CRP (C-REACTIVE PROTEIN) [86140 CPT(R)]
- ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [85652 CPT(R)]

Visit Report

You saw NEELAM GOPAL PATHIKONDA DO, D.O. on Monday February 18, 2019.

- The following issues were addressed:
- PATIENT DECLINES INFLUENZA VACCINATION
  - PRURITUS OF VAGINA
  - INTERSTITIAL LUNG DISEASE
  - PREDIABETES
  - SCREENING FOR HEPATITIS

Blood Pressure	BMI
132/77	37.84
Weight	Height
220 lb 7.4 oz	5' 4"
Pulse	Oxygen Saturation
94	97%

---

**Encounter-Level Documents - 02/18/2019: (continued)**

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Itw...  
Normal Orders This Visit

- GLOBIN, FECAL [82274 CPT(R)]
- GYN CYTOLOGY [211389 Custom]
- HCV ANTIBODY W REFLEX TO VIRAL LOAD AND GENOTYPE [86803 CPT(R)]
- HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [87624 CPT(R)]
- REFERRAL HEALTH EDUCATION [215191 Custom]
- TRICHOMONAS, YEAST, AND CLUE CELLS, WET MOUNT [87210 CPT(R)]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed  
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 2/18/2019

Reviewed On: 2/18/2019 By: Mora, Natividad S (L.V.N.), L.V.N.

No Known Allergies

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**Encounter-Level Documents - 02/18/2019: (continued)**

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11/18/2019 from NEELAM GOPAL PATHIKONDA DO, D.O.

**AFTER VISIT SUMMARY**

**THANK YOU FOR VISITING SOUTH LOS ANGELES MEDICAL OFFICES!**

FAMILY PRACTICE Department. We hope that you had a pleasant visit.

Excellent Service is our commitment. Our staff is dedicated to being **helpful**,

**courteous**, and showing **concern** for you.

NATIVIDAD S MORA LVN

**(nurse)**

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**Encounter-Level Documents - 02/18/2019: (continued)**

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Additional instructions from NEELAM GOPAL PATHIKONDA DO, D.O.

Additional instructions from NEELAM GOPAL PATHIKONDA DO, D.O.

**Your Kaiser Permanente Care Instructions****Pap Test: Care Instructions****Your Care Instructions**

The Pap test (also called a Pap smear) is a screening test for cancer of the cervix, which is the lower part of the uterus that opens into the vagina. The test can help your doctor find early changes in the cells that could lead to cancer.

The sample of cells taken during your test has been sent to a lab so that an expert can look at the cells. It usually takes a week or two to get the results back.

**Follow-up care is a key part of your treatment and safety.** Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

**What do the results mean?**

- A normal result means that the test did not find any abnormal cells in the sample.
- An abnormal result can mean many things. Most of these are not cancer. The results of your test may be abnormal because:
  - You have an infection of the vagina or cervix, such as a yeast infection.
  - You have an IUD (intrauterine device for birth control).
  - You have low estrogen levels after menopause that are causing the cells to change.
  - You have cell changes that may be a sign of precancer or cancer. The results are ranked based on how serious the changes might be.

There are many other reasons why you might not get a normal result. If the results were abnormal, you may need to get another test within a few weeks or months. If the results show changes that could be a sign of cancer, you may need a test called a colposcopy, which provides a more complete view of the cervix.

Sometimes the lab cannot use the sample because it does not contain enough cells or was not preserved well. If so, you may need to have the test again. This is not common, but it does happen from time to time.

**When should you call for help?**

Watch closely for changes in your health, and be sure to contact your doctor if:

- You have vaginal bleeding or pain for more than 2 days after the test. It is normal to have a small amount of bleeding for a day or two after the test.

**Where can you learn more?**

Go to <http://www.kp.org>

Enter **U972** in the search box to learn more about "**Pap Test: Care Instructions.**"

Current as of: May 12, 2017

Content Version: 11.7

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